

# Redondo Union High School

One Sea Hawk Way, Redondo Beach, CA 90277  
Mr. Jens Brandt, Principal



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Dear RUHS Athletics Families,

As the fall semester of the 2019-2020 school year begins, we are looking forward to a competitive and successful year for all of our teams and athletes. More importantly, though, we are excited to see each of our student-athletes excel in the classroom and as RUHS community members.

Every year there are a few questions and concerns that are raised by students and/or parents across the various sports, so we want to briefly address these prior to the year beginning.

**Communication Protocols:** We are grateful to have parents who are involved with teams and supporting the players and coaches; your support keeps our programs running. When there is a concern or question, please have your child first speak directly with the coach. This teaches valuable skills in communication, confidence, and self-advocacy. If there are still lingering questions or concerns, parent/guardians should reach out directly to the coach. After that, if further communication is required, please reach out to Andy Saltsman, our RUHS Athletic Director. Any additional concerns should be addressed to Meghan Schooler, Assistant Principal.

**Playing Time & Team Rosters:** The decisions regarding team rosters and playing time are determined exclusively by the coaches. Administration does not step in to challenge or change these decisions. If a player has a question about playing time decisions, that should be handled with a conversation between the player and the coach.

**Team Donations & Fundraising:** We appreciate the tireless efforts of our parents to contribute to the fiscal solvency of our programs. Through fundraisers and team donations we have been able to maintain excellent programs, travel schedules, and gear for our programs. If you ever have questions about the accounting, please reach out to the coach or to Andy Saltsman.

**Sportsmanship as a Sea Hawk:** Interactions from players and fans must always be respectful of the players, coaches, and officials. This is an expectation from CIF and it is an important value at RUHS. We prioritize winning AND losing with integrity and honor. Any student-athletes who show blatant disregard for their teammates, their coaches, their opponents, or their officials may be removed from the game or the team. Similarly, spectators may be asked to leave if their behavior does not adhere to the expectations of sportsmanship and respect.

**Leadership as a Sea Hawk:** We take pride in our Sea Hawk identity and believe it is a great honor to wear the RUHS red and white as a student athlete. We expect all teams and each individual athlete to comport themselves in a manner on the field and off that reflects positively on the team and the school. We expect our scholar athletes to pursue excellence in their academics, in their behavior, and in their communication. Particularly important in today's climate: students should be very conscientious about what they post on social media. We will not tolerate bullying or

bigotry, and we expect social media posts to reflect the same level of sportsmanship towards opponents and official as we demand in person.

Vaping & Substance Abuse: Unfortunately, there has been a significant increase in adolescent substance abuse these past few years. Vaping has made smoking appear harmless and popular, and while we hope that our student-athletes prioritize their health, fitness, and performance, every year some student-athletes make poor choices. Students found to be in possession/using any such substance may be cited by RBPB, may be placed on probation on their team, and/or may be removed from the team entirely.

Support Across Athletics: We encourage teams to come out and cheer for each other. One of our goals is to increase the spirit and support for all of our teams, and one of the best ways to make that happen is to be present for each other. When your child's sport is in off-season, please consider joining us for a game or meet that you may not otherwise think to attend. Whether it is an invitational swim or track meet, a lacrosse game or tennis match, or any number of other sports, we hope to see more student-athletes and families supporting each other.

The lessons that athletes learn through pushing themselves to be their best on the court, field, pool, or mat are lessons that we truly believe contribute to lifelong success and happiness. We celebrate wins and league titles (and state championships are fun, too!); however, we care most that our programs build humble, compassionate, intelligent individuals who are ready to find their own unique ways to contribute to their communities and the world. Thank you for your support of your son/daughter and your support of all of the teams and coaches at Redondo.

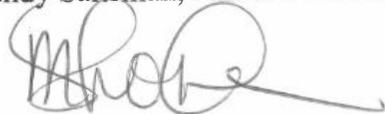
Go Sea Hawks!



Jens Brandt, Principal



Andy Saltsman, Athletic Director



Meghan Schooler, Assistant Principal