



Centerville High School
500 East Franklin Street
Centerville, OH 45459

Office – (937) 439-3516
CHS Fax – (937) 260-4416

www.CentervilleAthletics.com

Twitter - @CHSElksAD

Rob Dement – Director of Athletics
Chris Newman – MS Coordinator
Brent Ullery – MS Coordinator

Kara Dierker – Athletic Secretary
Mike Davis, Stadium and Groundskeeper

Centerville Athletic Department

All Sports Information Guide

Fall Sports

MS / HS Football
HS Boys & Girls Soccer
MS / HS Boys & Girls Golf
MS / HS Boys & Girls
Cross Country
MS / HS Girls
Volleyball
MS / HS Girls Tennis
MS / HS Cheerleading

Winter Sports

MS / HS Boys & Girls
Basketball
HS Boys & Girls
Swim & Diving
HS Boys & Girls
Bowling
HS Hockey
MS / HS Wrestling
MS / HS Co-Eds (Dance Team)
HS Gymnastics
MS / HS Comp Cheerleading

Spring Sports

MS / HS Boys & Girls
Track and Field
MS / HS Boys & Girls
Lacrosse
HS Boys Volleyball
MS / HS Boys Tennis
HS Baseball
MS / HS Softball

FALL SPORTS 2020 – 2021

Cross Country (Boys)

Summer Conditioning: Mon – Fri 8:00 AM – 10:00 AM @ CHS (location varies)
First Official Practice: August 3rd, 2020

For More Information Contact: Casey Clark, Head Coach

Cell (937) 602-2546

Email: Casey.Clark@centerville.k12.oh.us

Website: CentervilleBoysXC.com

Twitter: [@CentervilleBoysXC](https://twitter.com/CentervilleBoysXC)

Cross Country (Girls)

Tryouts: August 1st – 3rd

First year runners must run 4 mile under 44 minutes without walking

Returning runners must run 4 miles under 42 minutes without walking

Practices: Immediately following school days in Aug – Oct until 5:45 PM

Summer Camp: Team camp during official practice Aug. 6th – 9th. Cost: \$125

Conditioning: June and July in the AM

For More Information Contact: Dave Dobson, Head Coach

Cell (937) 902-9058

Email: Dobsonda@sbcglobal.net

Website: CentervilleGirlsXC.com

Twitter: [@CHSGirlsXC](https://twitter.com/CHSGirlsXC)

Football

Summer Camp Info: June 15th – 16th, 9:00 AM - 12:00 PM Grades K - 8

Midnight Hits: August 5th, 2020 at 7:00 PM (Technically 8/6/2020 @ 1:00 AM)

For More Information Contact: Brent Ullery, Head Coach

Cell (937) 369-7759

Email: Brent.Ullery@centerville.k12.oh.us

Website: www.centervilleelksfootball.com

Twitter: [@CHSElksFootball](https://twitter.com/CHSElksFootball)

Golf (Boys)

Tryouts: August 1st – 2nd, 2020

Players Meeting: Tuesday, July 28th @ 5:30 PM (CHS, E150)

For More Information Contact: Matt Yux, Head Coach

Email: Matt.Yux@centerville.k12.oh.us

Twitter: [@CentervilleGolf](https://twitter.com/CentervilleGolf)

Website: <https://sites.google.com/a/centerville.k12.oh.us/centerville-boys-golf/>

Golf (Girls)

Tryouts: August 1st – 4th, 2020

Players Meeting: Thursday, July 30th @ 6:00 PM (CHS, W228)

For More Information Contact: Mike Dalton, Head Coach

Cell (937) 266-1169

Email: Michael.Dalton@centerville.k12.oh.us

Website: <https://centervilleladyelksgolf.weebly.com/>

Twitter: [@LadyElksGolf](https://twitter.com/LadyElksGolf)

Soccer (Boys)

Tryouts: August 3rd - 5th
Summer schedule will be posted on the website. Starts in June

For More Information Contact: Jeff Monbeck, Head Coach
Cell (937) 689-3483 **Email: jmonbeck@gmail.com**
Website: www.elkssoccer.com **Twitter: [@ElksBoysSoccer](https://twitter.com/ElksBoysSoccer)**

Soccer (Girls)

Tryouts: Aug 3rd - 5th
Soccer Camp: June 24th - 27th (Grades 1 - 8)
Dutch Soccer Academy: July 9th - 12th (Grades 9 - 12)
Summer Conditioning: June & July Schedule posted online at soccer website

For More Information Contact: Jim Gobrail, Head Coach
Cell (937) 231-1670 **Email: Jim.Gobrail@Centerville.k12.oh.us**
Website: chsladyelkssoccer.com **Twitter: [@CHSElksSoccer](https://twitter.com/CHSElksSoccer)**

Tennis (Girls)

Tryouts: August 1st @ 9:00 AM at the CHS Tennis Courts
Practices: Every day August 1st through Oct. 30th
Open Court: June 3rd, 4th, 5th from 1:00 PM - 3:00 PM
July 30th & 31st, from 9:00 AM - 11:00 AM @ CHS Tennis Courts

For More Information Contact: Scott Long, Head Coach
Cell (937) 371-2235 **Email: Scott.Long@centerville.k12.oh.us**
Website: www.centervilletennis.com **Twitter: [@ElkTennis](https://twitter.com/ElkTennis)**

Volleyball (Girls)

HS Tryouts: August 1st @ 9:00 AM - 12:00 PM 2:00 PM t - 5:00 PM
HS Tryouts: August 2nd @ 5:00 PM - 8:00 PM
MS Tryouts: August 3rd & 4th @ 5:00 PM - 8:00 PM

Practices: Every day August 1st through Oct. 30th
HS Open Court: Monday through Thursday until July 29th
MS Open Court: Monday, Wednesday and Thursday until July 29th

To join the Teamsnap, please e-mail Coach Onweller

For More Information Contact: Matt Onweller, Head Coach
Cell (419) 388-5133 **Email: MLOnweller@gmail.com**
Website: www.CentervilleVolleyball.com **Twitter: [LadyElksVball](https://twitter.com/LadyElksVball)**

WINTER SPORTS 2020 - 2021

BASKETBALL (BOYS)

Little Dribblers: (Entering Grades K – 2) May 28th – 30th from 5:00 PM – 6:00 PM
Youth: (Incoming 3 – 6) June 3rd – 6th from 9:00 AM – 3:00 PM
Father & Son: (All Ages) May 28th – 30th from 6:00 PM – 7:30 PM
Competition: (Entering Grades 3 – 6) June 10th – 12th from 12:00 PM – 2:30 PM
Middle School: (Entering Grades 7 – 8) June 3rd – 5th from 3:00 PM – 5:00 PM
Offensive Skills Camp: (Entering Grades 3 – 6) June 10th – 12th from 9:00 AM – 11:30 AM
Freshmen Camp: (Entering 9th) June 3rd – 5th from 3:00 PM – 5:00 PM

For More Information Contact: Brook Cupps, Head Coach

Cell: (937) 244-2590

Email: Brook.Cupps@centerville.k12.oh.us
bluecollarhoops@gmail.com

Website: www.centervillebasketball.com

Twitter: [Elk Basketball](#)

Basketball (Girls)

Camp: June 3rd – 6th 9:00 AM – 3:00 PM (Grades K – 9) at Watts MS
Summer Leagues in June 2020 (Grades 7 - 12)

For More Information Contact: Adam Priefer, Head Coach

Cell: (937) 238-4657

Email: Adam.Priefer@centerville.k12.oh.us

Website: www.centervillegirlsbasketball.com

Bowling (Boys & Girls)

Open Tryouts: First Week in November 2020.
Dev League: Late Aug - Poelking Lanes South
Practice: Mon, Wed & Fri 3:45 PM – 5:15 PM
Recommended: Youth leagues or instructional league beginning May 16th.

For More Information Contact: Andy Parker, Coach/Program Director

Cell (937) 479-7811

Email: anpark03@aol.com

Website: www.elksbowling.com

Coeds (Dance Team)

Tryouts: Thursday, Apr 26th 6:00 PM
Clinics: Monday, Apr 23rd - Wednesday, Apr 25th, 5:00 – 8:00 PM
Practices: Monday, Tuesday, & Thursday 6 – 9PM, Wednesday 3:15 - 4:45 PM
Open Gym: Summer Technique Class in CHS dance studio
Summer Camp: Monday, July 29th - Friday, Aug 2nd

For More Information Contact: Tenille Redmond, Head Coach

Cell (301) 437-0613

Email: Tenille.Redmond@centerville.k12.oh.us

Website: www.centervilledance.org

Gymnastics

Tryouts: November 2020
Location: Kids are Tops Sport Center
7644 Paragon Road, Centerville 45459
Requirements: Listed on Website

For More Information Contact: Rachel Sarnovsky, Head Coach
Cell (937) 305-4952 **Email:** racsarnovsky@gmail.com
Website: <http://centervilleelksgymnastics.com>

Ice Hockey

For More Information Contact: Tim Evans, Head Coach
Email: Tevans@infrontapparel.com **Website:** www.elkshockey.com

Swimming and Diving

Practices: Are held at the Washington Township Rec Center
Mondays 7:00PM – 9:30 PM
Wednesdays 7:00 PM – 9:00 PM
Fridays 5:15 AM – 6:30 AM *
*Transportation offered to CHS after Friday morning practices.

For More Information Contact: Anne Frayne, Head Coach
Email: AnneFrayne@myersandfrayne.com
Website: <https://www.teamunify.com/Home.jsp?team=reczzchssd>

Wrestling

Conditioning: Weightlifting 3 times a week year round
Practices: Monday through Friday, Nov 10th through early March

For More Information Contact: Alan Bair, Head Coach
Cell (513) 265-4112 **Email:** Alan.Bair@centerville.k12.oh.us
coachbair@gmail.com
Website: www.elkswrestling.net **Twitter@** [Elks_Wrestling](#)
Instagram [Centerville_Wrestling](#)

SPRING SPORTS 2020-2021

Baseball

Tryouts:	Late February
Aug:	OHSAA mandated Dead Period
Sept:	Core Value Implementation Meetings
Oct-Feb:	AM Lift and Open Throwing Weightlifting (Monday, Wednesday, and Thursday AMs)
Dec-Feb:	Open Cages (Monday, Tuesday, Wednesday, and Thursday PMs)
Feb:	OHSAA mandated tryouts
Feb-May:	Season
Start of Season:	Late March
End of Season:	Late May, Early June
Fall & Winter Hitting Lessons:	(Grades K – 8) 5:00 PM to 6:00 PM or 6:00 PM to 7:00 PM Starting Mondays October – February (20 total lessons offered)
Winter Camp	Thursday, December 27 th & Friday, December 28 th 9:00 AM – 3:00 PM
Hitting League	(Grades 2 – 9) 12:00 PM to 1:00 PM or 1:00 PM to 2:00 PM Mondays, Wednesdays, Thursdays (Dates TBD/Visit elkbaseball.com) Mondays, Wednesdays, Thursdays (Jun 11 th – Jun 27 th)
MS Camp:	(Incoming 7 – 9) Dates TBD 9:00 AM – 12:00 PM) @ Booster Park
Summer Camp:	(Grades 5 – 9) Dates TBD/Visit elkbaseball.com 9:00 AM – 12:00 PM @ Booster Park

For More Information Contact: Jason Whited, Head Coach

Email: Jason.Whited@centerville.k12.oh.us

Website: www.elkbaseball.com

Twitter@ [CHSEIkBaseball](https://twitter.com/CHSEIkBaseball)

Lacrosse (Boys)

For More Information Contact: Troy Stehlin, Head Coach

Cell (513) 885-5851

Email: Troy.stehlin@centerville.k12.oh.us

Twitter: [@CHSEIksLacrosse](https://twitter.com/CHSEIksLacrosse)

Lacrosse (Girls)

Tryouts:	2/24 – 2/26 from 3:45 – 5:15 PM @ Kingdom Sports Center
Fall Conditioning:	See Coach DeSanctis for information and to be added to Team Snap
Practices:	Begin daily the following week at Alumni field from 3:30 until 5:30 PM.
Games:	Begin March 19 th , 2020 and will finish May 14 th , 2020. (Playoffs will follow)
Summer Camp:	10 practices during June and July.

For More Information Contact: Kayla DeSanctis, Head Coach

Cell (717) 385-8381

Email: coachdesanctis@gmail.com

Website: www.chsladieslacrosse.com

Softball

Tryouts:	Late February
Regular Season:	March to May

For More Information Contact: Wendell Hutchinson, Head Coach

Cell: (513) 464-6866

Email: whutch16@yahoo.com

Website: www.elksoftball.com

Twitter: [@CvilleVSoftball](https://twitter.com/CvilleVSoftball)

Tennis (Boys)

Tryouts: Mar 8th @ the CHS Tennis Courts
Practices: Every day 3:00 PM – 6:00 PM weekdays (Weekends TBA)
Open Court: During the month of February @ Five Seasons Sports Club before school

For More Information Contact: Scott Long, Head Coach

Cell (937) 371-2235

Email: Scott.Long@centerville.k12.oh.us

Website: www.centervilletennis.com

Twitter: [@ElkTennis](https://twitter.com/ElkTennis)

Track (Boys & Girls)

Weight training: First week of Oct; Tuesday and Thursday
Indoor Track meeting: First Wednesday in Dec
Outdoor Track meeting: Last Wednesday in Feb
Conditioning/Running: Begins Monday after break, Mon/Wed/Thur; 3:00-5:30pm
Upstairs - CHS Central Commons

For More Information Contact: Matt Somerlot, Head Coach

Cell (937) 902- 4889

Email: Matt.Somerlot@centerville.k12.oh.us

Website: www.elkstrack.com

Volleyball (Boys)

For More Information Contact: Corey Burge, Head Coach

Cell (937) 623-7408

Email: Corey.Burge4@gmail.com

Website: www.elksvolleyball.com

Twitter: [@CHSElksVBall](https://twitter.com/CHSElksVBall)

Cheerleading

Try-out Meeting: Mar, 2020
Cheerleading Try-outs: Apr 20th 2020
Competition Cheer Try-outs: May 7th – 9th 2020
Cheer Camp: July 20th – 21st, 2020

For More Information Contact: Rick Bottles, Coordinator

Email: RicBott10@gmail.com

Student Sports Medicine

For More Information Contact:

Office: (937) 439- 3512

Lynn Grunkemeyer, Trainer

Email: Lynn.Grunkemeyer@centerville.k12.oh.us

