

2018

Girls Swim Summer Camp

Dates: July 23-26, 2018

**Mehlville
Pool**

**Location: Mehlville School District Pool
(behind Mehlville Senior High School)**

**Time: 4:30 pm – 6:00 pm
Fee: \$50.00**

Checks Payable to Oakville Athletics

Participant Information (please print)

Name: _____

Address: _____

Phone: _____

Email: _____

School Attends: _____ Grade: _____

T-shirt Size: S M L XL (adult sizes) (circle one)

Emergency Contact Information (please print)

Parent/Guardian Name: _____

Phone(s): _____

I will not hold Mehlville R-9 School District or the Mehlville-Oakville Swimming Camp Coaching Staff responsible for any injury sustained to my child while participating in camp.

Signature: _____

Date: _____

Campers will work on the following;

- ⇒ Reviewing/Learning swimming fundamentals
- ⇒ Learning/Improving Strokes
 - Butterfly ~ Backstroke ~ Breaststroke ~ Freestyle
- ⇒ Technique for starts
- ⇒ Evaluate/Practice turns
- ⇒ Skill-level appropriate workout to apply what is being learned
- ⇒ FUN ~ FUN ~ FUN

Please send registrations to:

Oakville Athletics
5557 Milburn Rd.
St. Louis, MO 63129

Phone: 314-467-7201

Email: hromnakl@msdr9.org