

MSHSAA Track and Field Double Sectional Meet Schedule

Field Events _____ A = Class 3 Section 3 B = Class 5 Section 1

Pole Vault: *This schedule will ROLL with 30 minute warm-up between events.*

<u>8:30 – 10:20 a.m.</u> Girls Pole Vault (A)	<u>11:00 a.m. – 1:00 p.m.</u> Girls Pole Vault (B)	<u>1:30 – 3:30 p.m.</u> Boys Pole Vault (A)	<u>4:00 -6:00 p.m.</u> Boys Pole Vault (B)
--	---	--	---

Javelin: *This schedule will ROLL with 15 minute warm-up between events.*

<u>8:30 – 9:30 a.m.</u> Girls Javelin (B)	<u>11:00 a.m. – 12:00 p.m.</u> Girls Javelin (A)	<u>1:30 – 2:30 p.m.</u> Boys Javelin (B)	<u>4:00 -5:00 p.m.</u> Boys Javelin (A)
--	---	---	--

<u>9:00 – 10:30 a.m.</u> Boys High Jump (B) Girls Long Jump (B) Boys Triple Jump (A) Girls Shot Put (A)	<u>11:00 a.m. – 12:30 p.m.</u> Boys High Jump (A) Girls Long Jump (A) Boys Triple Jump (B) Girls Shot Put (B)	<u>1:00 – 2:30 p.m.</u> Girls High Jump (B) Boys Long Jump (B) Girls Triple Jump (A) Boys Shot Put (A)	<u>3:00 – 4:30 p.m.</u> Girls High Jump (A) Boys Long Jump (A) Girls Triple Jump (B) Boys Shot Put (B)
---	---	--	--

Discus: *This schedule will ROLL with 15 minute warm-up between events.*

<u>9:45 – 10:45 a.m.</u> Boys Discus (B)	<u>12:00 p.m. – 1:15 p.m.</u> Girls Discus (A)	<u>2:45 – 3:45 p.m.</u> Girls Discus (B)	<u>5:15 -6:15 p.m</u> Boys Discus (A)
---	---	---	--

Running Events

Note: Class 3 will go first in each event.

11:00	Girls	4x800 meter Relay
11:30	Boys	4x800 meter Relay
12:00	Girls	100 meter Hurdles
12:10	Boys	110 meter Hurdles
12:20	Girls	100 meter Dash
12:30	Boys	100 meter Dash
12:40	Girls	4x200 meter Relay
12:50	Boys	4x200 meter Relay
1:00	Girls	1600 meter Run
1:20	Boys	1600 meter Run
1:40	Girls	4x100 meter Relay
1:50	Boys	4x100 meter Relay
2:00	Girls	400 meter Dash
2:10	Boys	400 meter Dash
2:20	Girls	300 meter Hurdles
2:30	Boys	300 meter Hurdles
2:40	Girls	800 meter Run
2:50	Boys	800 meter Run
3:00	Girls	200 meter Dash
3:10	Boys	200 meter Dash
3:20	Girls	3200 meter Run
3:50	Boys	3200 meter Run
4:20	Girls	4x400 meter Relay
4:30	Boys	4x400 meter Relay