

FAQ- Regarding Phase 1 of the Return of Team Sports

The following interpretations are listed after extensive communication with the SCHSL Task Force, the Governor's Office, DHEC and the Department of Education (DOE) Accelerate Education Task Force. We will continue to comply with the directives set by the Governor's Office and DHEC in addition to the guidelines set forth by DOE Accelerate Education Task Force

When can a SCHSL member school begin summer athletics activities?

SCHSL member schools may begin limited summer activities when their district/school permits academic group activities on campus. Please communicate with your local administration regarding when your school will resume activities.

Who is responsible for implementation of the guidelines?

It is the responsibility of the local school district administration to monitor implementation of the guidelines.

Are the guidelines different for each sport?

Yes. The sports are grouped into three categories: Low infection risk activities, Moderate infection risk activities, and High infection risk activities. Schools are to follow the guidelines that specifically apply to each category.

What sports are in the "Low infection risk activities" category?

Cross-country, Track, Swim, Golf, and Tennis.

What sports are in the "Moderate infection risk activities" category?

Volleyball, Soccer, Baseball, Softball, and Basketball.

What sports are in the “High infection risk activities” category?

Football, Wrestling, Cheer, and Lacrosse

Can you use a ball and/or other sports equipment?

Yes, with restrictions. No balls or sports equipment for first 10 days of workouts or 14 calendar days to minimize common contact points. Beginning with 11th day of workouts or 15th calendar day, properly cleaned and sanitized balls and sports equipment may be used. Must maintain 6ft. social distancing. All equipment must be sanitized between each use.

The guidelines state that participants should use their own equipment if possible. Can they use school equipment?

Yes, if shared equipment is used, disinfection is required frequently during each event or between each use.

Do we have to wear face covering?

Yes, the guidelines state that athletes must wear face coverings when not actively participating while coaches and staff must wear face covering during the entire workout/practice sessions.

Can we use handheld dummies during football practice?

No. It would be impossible to maintain social distancing (6ft.) with the use of handheld dummies.

Can participants use dummies, ropes, ladders, boxes, etc. on the ground for agility drills?

Yes. All equipment must be sanitized between practice/workout session.

Are you permitted to have to spotters in the weight room?

No. It would be impossible to maintain social distancing (6ft.- 12ft.) with the use of spotters.

Is there a limit on how many participants may attend each practice session?

No. The number of participants allowed to attend depends on the amount of space available. Maximum 1 group per facility. Maximum 10 participants in each group. Minimum 6ft. distancing when inactive or actively participating. 12ft. when strength training.

Can we wear football helmets during phase 1?

No.

How long is Phase 1 in place?

Phase 1 will remain in place until further notice. The League staff will continue to have extensive communication with SCHSL Task Force, the Governor's office and DHEC to establish triggers to move into Phase 2 and 3.

Can you have an open gym/field and allow students to shoot, serve, dribble, etc.?

Yes, as long as the guidelines regarding distancing, equipment use, acclimatization all other restrictions are followed.

Do coaches and staff really have to wear a face covering at all times?

Yes

We must be diligent in implementing these guidelines in order to return to play. Do your part so we can all return to play this fall.