

ATHLETIC  
HANDBOOK  
for  
STUDENT  
ATHLETES

19-  
20

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Spain Park High School, Hoover High School, Berry Middle School, Bumpus  
Middle School, Simmons Middle School

Hoover City  
Schools

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**HOOVER CITY SCHOOLS  
ATHLETIC HANDBOOK  
FOR STUDENT ATHLETES**

**MISSION STATEMENT**

Our mission is to provide learning opportunities through educational athletics that will empower our student athletes to grow as lifelong learners.

**The Athletic Handbook will in no way supersede or replace policies set forth in the Hoover High School Student Handbook.**

**SPORTSMANSHIP**

A policy statement from the **National Federation of State High School Associations** expresses the concept of sportsmanship as follows:

**“The ideals of good sportsmanship, ethical behavior, and integrity permeate our culture. The values of good citizenship and high behavioral standards apply equally to all activity disciplines. In perception and practice, good sportsmanship shall be defined as those qualities of behavior which are characterized by generosity and genuine concern for others. Further, awareness is expected of the impact of an individual’s influence on the behavior of others. Good sportsmanship is viewed as a concrete measure of the understanding and commitment to fair play, ethical behavior, and integrity.”**

One of the main goals of the athletic program is to teach the concept of sportsmanship. Good sportsmanship requires that everyone be treated with respect. This includes members of the opposing team, officials, coaches and spectators. Good sportsmanship includes showing courtesy and kindness toward your opponent as well as fellow team members. The contest is exciting, but winning at any cost is not the goal. Negative treatment of any participant is outside the spirit and interest of the contest.

All AHSAA sanctioned events are a reflection of our community and school. The conduct of the team is extended to parents and fans before, during, and after athletic events.

Assault of sports officials, coaches, or administrators (SB-16): This bill became law on March 31, 2002, and creates new crimes of harassing, menacing, and assaulting sports officials, coaches, and administrators. The punishments are harsher than normal for convictions of harassment, menacing, and assault. For example, a second-degree assault can carry a sentence of up to 10 years in prison, but under the new law, a second-degree assault of a sports official, coach, or administrator could result in a sentence of up to 20 years.

**Student athletes and parents are responsible for paying AHSAA fines. Fines must be paid by no more than seven days after the incident.**

**ALABAMA HIGH SCHOOL ATHLETIC ELIGIBILITY: Please reference [www.ahsaa.com](http://www.ahsaa.com)**

### **BEFORE THE FIRST PRACTICE**

The following things are required by the student athlete **before the first practice** with any team:  
(1) Set up a DragonFly account <https://www.dragonflymax.com/> (2) Upload a current physical on proper form dated & signed by an MD or DO only (3) Upload birth certificate, Sportsmanship certificate <https://nfhslearn.com/courses/37000/sportsmanship> and copy of current insurance card onto DragonFly (4) Complete all electronic forms on DragonFly including the AHSAA Release form, AHSAA Concussion form and HCS Athletic Warning Statement & Consent to Participate Form, HCS Athletic Handbook & Media Release and Athletic Field Trip & Excursion Permission Form annually.

The following things are required by the student athlete **before the first contest** with any team:  
1) All DragonFly requirements were completed. (2) Meet academic eligibility requirements; (3) Attend parent/athlete team meeting.

### **HOOVER CITY SCHOOLS ATHLETIC ELIGIBILITY**

Students must display qualities of good citizenship if they wish to participate in extracurricular activities. Failure to be a good citizen at all times may result in probation and/or suspension from all extracurricular activities. This includes appropriate internet usage, off campus activity, and activities that violate moral turpitude, etc. Playing athletics for Hoover City Schools is a privilege and should be treated as such.

The Alabama High School Athletic Association Constitution states:

Any pupil who is under temporary suspension or whose character or conduct is such as to reflect discredit upon the school is not eligible. A student's attendance, attitude, and classroom effort must be acceptable to the school in which the student is enrolled. Rule 1, Section 15, AHSAA By-Law

### **ATTENDANCE ELIGIBILITY**

Students must currently be enrolled in the school's feeder pattern (a Hoover City School) to tryout or participate in extracurricular activities.

Daily attendance at school and practice is expected. In order for an athlete to be eligible to participate in any after-school activity he/she must be present in school on the day of the

activity. If the activity is to be held on a Saturday, then the student must be in attendance in school on the preceding Friday.

To be considered in school a student may be in school at least one-half of the school day. Students are required to be in school a minimum of 3 hours and 30 minutes on said day. If he/she is not in school from that time until the end of the school day, then he/she is not to participate or be involved in any way with the activity. Practices are considered an activity. Any exceptions must have the approval of the principal. An athlete must be in school on a regular basis in order to be eligible to participate in athletics. An athlete who accumulates an excessive number of absences or tardies as designated in the student handbook will be placed on probation for a specified time period. If absences continue during this time, the athlete will then be suspended from athletic participation until it is clear that the attendance problem is resolved. An athlete who has excessive tardies to school and/or classes will be subject to restriction from athletic participation.

## **SCHOOL DISCIPLINE**

Attendance at athletic events, whether a participant or spectator, and at practice is prohibited during the suspension period. If school rules are broken, the student athlete will be subject to the normal punishment for such misbehavior as well as subject to penalties under the Athletic Handbook. In no case will athletic rules circumvent or take the place of school rules. The student athlete will not be eligible to participate in contests and practices during the suspension period.

## **AWARDS**

An athletic award is a symbol of athletic accomplishment, good sportsmanship, and observance of athletic policies. Student athletes, managers, trainers, and cheerleaders are eligible to earn awards. Candidates must complete the season's play; however, this requirement may be waived in cases of physical injury. **No awards will be issued to an athlete until all equipment for his/her sport is turned in to the coach.**

## **INFORMATION FOR ATHLETES**

### **Accidents/Injuries**

All accidents or injuries, at home or away, are to be reported to the trainer and/or coach immediately.

### **Changing a Sport/Quitting a Team**

If a student athlete is cut from a team, he/she may join another team or program in that sport season. A student athlete cannot quit one sport to join another sport until that sport season is concluded. For example, one cannot quit football to go out for basketball until football season is

completed. However, athletes will be allowed to transfer from one sport to another during a given season upon mutual agreement of both coaches. Appeal can be made to the athletic director if circumstances warrant consideration.

**A request for appeal and/or conference should be processed in the following order:**

- Player to Coach
- Player and parent to coach
- Player, parent, coach and Athletic Director
- Player, parent, coach, Athletic Director and Principal

**Conflicts Between Activities**

Students are sometimes involved in concurrent activities, and there may be conflicts in schedules. Communication between coaches and sponsors of conflicting activities is vital. Consideration must be given to the importance of the event and the role the student athlete will play in it.

**Doctor Visits**

Medical expenses are the responsibility of the athlete/family. Written verification from the doctor is required when a physician removes an athlete from practices or games. Written verification from the doctor is required to return to athletic competition.

**Dress**

Participation in Hoover athletics is a privilege, not a right. To be successful the participant must be well disciplined and willing to put aside individualism for the benefit of the team. Conforming to a dress code is part of this process. It is very important to our team/school reputation that our student athletes dress appropriately during the school day and at all school functions. An individual coach may add additional rules related to the dress code outside of the school handbook for his or her team.

**Equipment**

Equipment checked out by the athlete is his/her responsibility. It is to be kept clean and in good condition. Loss of issued equipment will be the athlete's/parent's financial obligation. The athlete will not be allowed to participate in other athletic programs or receive awards until this obligation is met. Equipment includes any issued supplies from the training room. Multi-sport athletes must turn in all equipment from previous sport before beginning their next sport. For example, a football player must return all equipment before he starts the basketball season.

**Insurance**

All Hoover student athletes are required to have medical insurance and must upload a copy of current insurance card to DragonFly before participating in first practice and/or competition.

**Parent Behavior at games**

Parents should conduct themselves in a positive manner at games. Parents should display good sportsmanship.

### **Parent Participation (Practice or Tryouts)**

Parents may attend a practice or at the discretion of the coach. The coach may close practice at any time without notice.

- **Parent video**-parents must seek permission from the coach to video/record any practice or game. No video of tryouts is allowed.

### **Participation in Two Sports in One Season**

Student athletes may participate in more than one sport during one season with the approval of both coaches. Practice schedules will be worked out between the coaches involved. Consideration should be given to the importance of the sport (ex. Varsity versus non-varsity, playoffs versus regular season, and the games versus practice). If contests conflict, coaches will decide in which contest the student athlete is to complete. The student athlete must realize that extra time for practice is necessary to complete in two sports in one season. The student athlete must meet the requirements of both sports. If the requirements of one or both sports are not met, the student athlete may be cut from the sport(s).

### **Team Tryout Policies**

Each coach of varsity sports has his/her policy on how he/she will choose his/her team. Arrangements for tryouts must be made for athletes involved in overlapping sports seasons. It is the responsibility of the student athlete to contact the coach and discuss possible conflicts well in advance of tryouts. A student athlete may be cut from a team anytime during a season for appropriate reasons.

### **Training Room (High Schools)**

The training room is available to all athletes. Athletes are offered a wide variety of services to help meet the demands of athletic competition. The following are guidelines to be followed when using the training room.

1. No student is permitted in this room without the athletic trainer or coach being with him/her.
2. Only student athletes needing treatment and/or rehabilitation of an athletic injury are allowed in this area.
3. All taping, bandaging, and treatments will be done by the athletic training staff.
4. Wear appropriate clothing. We are co-ed facility.
5. Take a shower after practice before receiving treatment.
6. Only the athletic training staff is to switch the whirlpool on or off.
7. Do not use or remove supplies without permission. No athlete may participate until all issued supplies have been returned or paid for.

### **Transportation**

Transportation to athletic events is provided by the Athletic Department when appropriate. Parents may be called upon, at times, to help transport his or her athlete to a contest.

**\*Under no circumstances will an athlete transport other athletes. Faculty/Staff/Non-Faculty Coaches cannot transport athletes.**

## **DRUG SCREENING POLICY**

**The Athletic Handbook will in no way supersede or replace policies set forth in the Hoover High School Student Handbook.**

### **Student Substance Abuse Intervention Program**

#### **HOOVER CITY SCHOOLS POLICY MANUAL - Substance Abuse**

##### **6.19 Student Parking Privileges – Substance Abuse**

In order to promote the safety and welfare of students and others who work on or visit school campuses, to encourage the development of safe and responsible driving practices, and to serve the general purposes of maintaining a drug and alcohol free school environment, students will be granted the privilege of driving and parking on school property only if they are free of the effects of alcohol or other illegal or controlled substances. Accordingly, any student who desires to drive a vehicle on school property or park on school property may be required to submit to periodically or randomly administered sobriety or drug tests as a condition to issuance of a permit authorizing the operation or parking of a motor vehicle on school grounds. Principals may impose reasonable additional conditions or requirements for the privilege of driving or parking a vehicle on school property including, for example, conditions relating to maintenance of academic and attendance standards and the payment of fees. Principals may also establish priorities for issuance and assignment of parking permits. The Board reserves the right to require that sobriety or drug tests or screenings be passed as a condition to granting parking or vehicle permits, or privileges relating to use of a motor vehicle. Such testing or screening may also be performed whenever a school official observes or is made aware of circumstances that provide reasonable suspicion or belief that the student has used alcohol, illegal drugs, or other substances in violation of the Board's substance abuse policies. All such testing or screening will be performed in accordance with local, state and federal laws, and procedures that are developed by the Superintendent.

##### **6.20 Student Competitive Extracurricular Activity Substance Abuse Policy**

In order to promote the safety and welfare of students who participate in competitive extracurricular activities, to insure that such participation is neither impaired nor any risk of injury exacerbated, to provide incentives to students to maintain safe and healthful practices, and to promote a school environment that is free of alcohol and illegal drugs or controlled substances, the Board reserves the right to require any student who participates in extracurricular competitive programs or activities to submit to sobriety tests or screening for illegal drugs or controlled substances prior to, during, or following a competitive event, practice, competition, or at any other time while the student is under the supervision of the school system. Such testing or screening may also be performed whenever a school official observes or is made aware of



circumstances that provide reasonable suspicion or belief that the student has used alcohol, illegal drugs, or other substances in violation of the Board's substance abuse policies. All such testing or screening will be performed in accordance with local, state and federal laws, and procedures that are developed by the Superintendent.

## HOOVER CITY SCHOOLS POLICY MANUAL - Student Searches

### 6.13 Searches (Students)

6.13.2 Personal Property - Personal property, including but not limited to vehicles, purses, wallets, gym bags, book bags, and personal wireless communication devices may be searched by authorized school officials, including school principals or their designees, when reasonable suspicion exists that the property contains prohibited materials, illegal substances, weapons, or other items that are reasonably deemed to present a risk or threat to the safety or welfare of the school community.

6.13.3 Personal Searches - Students may be searched whenever reasonable suspicion exists that the student possesses prohibited materials, illegal substances, weapons, or other items that are reasonably deemed to present a risk or threat to the safety and welfare of the school community. Student searches must be conducted by a school administrator in the presence of another certified school employee and may include a frisk or "pat down" of the student, a search of personal items and clothing, or a more thorough search upon specific approval of the Superintendent. Personal searches will be conducted with due regard for the age and gender of the students. Searches that require physical contact between the school official and the students should be conducted in a way that preserves the dignity of the student to the extent practicable under the circumstances. Refusal to submit to a search or to cooperate in a search as provided in this policy may be grounds for disciplinary action.

6.13.4 Use of Recovered Items - Property, material, substances, information, or records that are obtained, discovered, or recovered as a result of a search may be retained and used for any lawful purpose.

## HOOVER CITY SCHOOLS CODE OF STUDENT CONDUCT - Drugs and Alcohol

3.01 DRUGS/DRUG PARAPHERNALIA – Unauthorized possession, transfer, use or sale of drugs or drug paraphernalia; intent to use, buy, or sell drugs/drug paraphernalia; being under the influence of drugs. "Drugs" also includes all illegal controlled substances, synthetic drugs, prescription drugs, more than a single dose based on product directions of over-the-counter medications, and over-the-counter medications that must be released for purchase by a pharmacist or the sale of which is restricted based on the purchaser's age. Possession of any other substance which might create a hazard to the user's health or safety or the health or safety of another is prohibited.

- 3.00 ALCOHOL - Unauthorized possession, transfer, use or sale of alcoholic beverages; intent to use, buy, or sell alcoholic beverages; being under the influence of alcoholic beverages

### **GOALS OF STUDENT SUBSTANCE ABUSE PREVENTION PROGRAM**

- To support HCS policy of providing a drug and alcohol free school environment
- To promote the safety and welfare of students and others on our school campuses
- To deter the use of drugs and alcohol among students
- To assist in identifying students in need of intervention and provide assistance, support, and resources to those students and their families

### **STUDENT DRUG SCREENING**

#### **STUDENT POPULATIONS ELIGIBLE TO BE DRUG TESTED**

1. High school students who purchase parking passes to drive/park on campus (“Student Drivers”)
  - a. Random Drug Testing; and
  - b. Reasonable Suspicion Drug Testing at any time while under the supervision of the school district
2. Activity students who are members of any HCS sponsored extracurricular organization which participates in interscholastic competition such as, but not limited to, academic teams, fine arts clubs/organizations/teams, athletic teams, and performance teams (“Activity Students”)
  - a. Random Drug Testing; and
  - b. Reasonable Suspicion Drug Testing at any time while under the supervision of the school district

#### **FORMAT FOR RANDOM DRUG TESTING**

Names of students eligible for random testing will be submitted to 3rd Party Testing Agency, the district contracted third-party testing agent.

1. At various times during the year, a third party testing agency will provide school administrators a list of students to be tested based on a random selection by the third party testing agency’s computer program.
2. Upon receiving the list of students, school administrators will partner with the third party testing agency to conduct the drug screening process.
3. Drug screenings will be conducted randomly throughout the school year.
4. Students selected for drug testing and their parent/guardian will not receive notice prior to the screening, but the parent/guardian will be notified afterward that the student was

tested.

5. Positive results will be reported to parent/guardian by the third party testing agency and to school administrators by the third party testing agency. The principal will initiate an intervention and consequence plan for students who test positive for drug use.

## **INTERVENTION & CONSEQUENCES FOR POSITIVE RESULTS**

### **Intervention Plan**

Principal will notify school social worker interventionist of positive results, and interventionist will contact parent to set up meeting with parent or legal guardian and student

- Meeting is held at school, central office, or student services.
- Parent or legal guardian and student are given the following information:
  - outside assistance agencies/programs;
  - effects of drug/alcohol use on adolescent brain/physical development;
  - Indicators for abuse and addiction;
  - parental strategies for detection and monitoring;
  - information specific to drugs/alcohol tested positive;
  - recommended follow-up meetings with interventionist/student

### **Consequence Plan for Activity Students Who Test Positive for Drugs**

The Principal or designee will meet with student and parent/legal guardian to review consequences.

- **1st Positive Result**
  - Suspension from all competition for 30 calendar days.
  - At the end of 15 calendar days, a drug test administered by a 3rd Party Testing Agency at the expense of the parent/guardian must produce negative results.
  - If the results of the drug test are negative, the activity student may resume practice activities but cannot compete in extracurricular contests to include games, matches, tournaments etc. until the completion of the total 30 calendar days.
  
- **2nd Positive Result**
  - Suspension from all competition for 45 calendar days.
  - At the end of 23 calendar days, a drug test administered by a 3rd Party Testing Agency at the expense of the parent/guardian must produce negative results.
  - If the results of the drug test are negative, the activity student may resume practice activities but cannot compete in extracurricular contests to include games, matches, tournaments etc. until the completion of the total 45 calendar days.
  
- **3rd Positive Result**
  - Suspension from all competition for 90 calendar days.

- At the end of 45 calendar days, a drug test administered by a 3rd Party Testing Agency at the expense of the parent/guardian must produce negative results.
- If the results of the drug test are negative, the activity student may resume practice activities but cannot compete in extracurricular contests to include games, matches, tournaments etc. until the completion of the total 90 calendar days.
- **Additional Positive Results**
  - Suspension from all extracurricular activities for one calendar year.

### **Consequence Plan for Student Drivers Who Test Positive for Drugs**

The Principal or designee will meet with student and parent/legal guardian to review consequences.

- **1st Positive Result**
  - Suspension of driving privileges for 30 calendar days.
  - At the end of 30 calendar days, a drug test administered by a 3rd Party Testing Agency at the expense of the parent/guardian must produce negative results.
  - If the results of the drug test are negative, the student may resume driving privileges.
- **2nd Positive Result**
  - Suspension of driving privileges for 45 calendar days.
  - At the end of 45 calendar days, a drug test administered by a 3rd Party Testing Agency at the expense of the parent/guardian must produce negative results.
  - If the results of the drug test are negative, the student may resume driving privileges.
- **3rd Positive Result**
  - Suspension of driving privileges for 90 calendar days.
  - At the end of 90 calendar days, a drug test administered by a 3rd Party Testing Agency at the expense of the parent/guardian must produce negative results.
  - If the results of the drug test are negative, the student may resume driving privileges.
- **Additional Positive Results**
  - Suspension of driving privileges for one calendar year.

Students who refuse to be tested will lose driving privileges and the opportunity to participate in activities until they take a drug test.

### **STUDENT ALCOHOL ABUSE**

The abuse of alcohol by underage individuals is a significant national problem. Our school administrators and school resource officers believe it is important to send a strong message to

students and parents about alcohol abuse as well as address intervention and discipline in a consistent manner.

### STUDENT POPULATION ACCOUNTABLE

- All HCS students present at any HCS event and/or activity either on or off campus

### SCOPE OF CONSIDERATION

- Student's behavior
- General observations of student's physical state (i.e., slurred speech, impaired motor skills, odor of alcohol, loud/boisterous talking, etc.)
- Reports from other people about student's inappropriate behavior

Observations by school administrators and/or law enforcement officers

### INTERVENTION & DISCIPLINE

- PART ONE - Intervention Plan
  - Interventionist contacts parent to set up meeting with parent/student.
    - Meeting is held at school, central office, or student services.
    - Parent/student are given the following information:
      - outside assistance agencies/programs;
      - effects of drug/alcohol use on adolescent brain/physical development;
      - indicators for abuse and addiction;
      - parental strategies for detection and monitoring;
      - information specific to positive tests for drugs/alcohol;
      - recommended follow-up meetings with interventionist/student
- PART TWO - Disciplinary Consequences
  - 1st incident
    - alternative placement as per HCS Student Code of Conduct
    - intervention counseling specific to alcohol abuse
    - possible arrest
  - 2nd Incident
    - alternative placement as per HCS Student Code of Conduct
    - additional intervention counseling specific to alcohol abuse
    - possible arrest

- o 3rd incident
  - recommendation for expulsion as per HCS Student Code of Conduct
  - possible arrest

## ACADEMIC REQUIREMENTS

### Alabama High School Athletic Association Eligibility Requirements

#### Requirements

- Students entering the 10th and 11th and 12th grades must have passed during the last two semesters in attendance and summer school, if applicable, at least six new Carnegie units with a minimum composite numerical average of 70 in those six units.
  - o Four core curriculum courses must be included in those units passed and averaged. (English, mathematics, science and social studies are core curriculum courses. Any combination of these courses is accepted.)
  - o (2) Any student that accumulates more than four units of core courses per year may earn less than the required four core courses during the next school year and be eligible as long as the student remains on track for graduation with his/her class.
- Students entering the 8th and 9th grades must have passed during the last two semesters in attendance and summer school, if applicable, at least five new subjects with a minimum composite numerical average of 70 in those five subjects and must have been promoted to the next grade. Note: A new unit is one that has not been previously passed. A semester is half of a school year as defined by the local school system

**\*\*\*AHSAA Eligibility does not guarantee NCAA Eligibility.**

# College Athletic Eligibility Requirements

## Grade 9

### *Plan*

- Start planning now! Take the right courses and earn the best grades you can.
- Ask your counselor for a list of your high school's NCAA core courses to make sure you take the right classes. Or, find your high school's list of NCAA core courses at [eligibilitycenter.org](http://eligibilitycenter.org).

## Grade 10

### *Register*

- Register with the NCAA Eligibility Center at [eligibilitycenter.org](http://eligibilitycenter.org).
- If you fall behind on courses, don't take shortcuts to catch up. Ask your counselor for help with finding approved courses or programs you can take.

## Grade 11

### *Study*

- Check with your counselor to make sure you are on track to graduate on time.
- Take the ACT or SAT and make sure we get your scores by using code 9999.
- At the end of the year, ask your counselor to upload your official transcript.

## Grade 12

### *Graduate*

- Take the ACT or SAT again, if necessary, and make sure we get your scores by using code 9999.
- Request your final amateurism certification after April 1.
- After you graduate, ask your counselor to upload your final official transcript with proof of graduation.

## NCAA Eligibility Center

For detailed information please check [www.eligibilitycenter.org](http://www.eligibilitycenter.org).

If you want to play sports at an NCAA Division I or II school, start by registering with the NCAA Eligibility Center at [eligibilitycenter.org](http://eligibilitycenter.org) during your sophomore year.

### **Core Courses**

*This simple formula will help you meet the Divisions I and II core-course requirement:*

$$4 \times 4 = 16$$

4 English courses (one per year)  
+ 4 math courses (one per year)  
+ 4 science courses (one per year)  
+ 4 social science courses (one per year)  
16 NCAA CORE COURSES

### **Grade-Point Average**

The NCAA Eligibility Center calculates your grade-point average (GPA) based on the grades you earn in NCAA-approved core courses. Visit [eligibilitycenter.org](http://eligibilitycenter.org) for a full list of your high school's core courses.

### **Sliding Scale**

Divisions I and II use sliding scales to match test scores and GPAs to determine eligibility. The sliding scale balances your test score with your GPA. If you have a low test score, you need a higher GPA to be eligible. If you have a low GPA, you need a higher test score to be eligible. Find more information about sliding scales at [NCAA.org/playcollegesports](http://NCAA.org/playcollegesports).

### **Test Scores**

You may take the ACT or SAT as many times as you want before you enroll full time in college, but remember to list the NCAA Eligibility Center (code 9999) as a score recipient whenever you take a test. We can accept official scores only from ACT or SAT and we won't use the scores from your high school transcript. If you direct the ACT or SAT to send us your scores every time you take a test, we will choose the best scores from each test subject to create your sum score.

## **Academic Standards**

### **DIVISION I**

To play sports at a Division I school, you must graduate from high school and meet ALL the following requirements:



1. Complete 16 NCAA core courses:
  - 4 years of English • 3 years of math (Algebra 1 or higher)
  - 2 years of natural/physical science (including one year of lab science if your high school offers it)
  - 2 years of social science
  - 1 additional year of English, math or natural/physical science
  - 4 additional years of English, math, natural/physical science, social science, foreign language, comparative religion or philosophy
2. Complete 10 NCAA core courses, including seven in English, math or natural/physical science, before your seventh semester.
3. Earn at least a 2.3 GPA in your NCAA core courses.
4. Earn an ACT sum score or SAT combined score that matches your core-course GPA on the Division I sliding scale.

## **DIVISION II**

To play sports at a Division II school, you must graduate from high school and meet ALL the following requirements:

### Before August 1, 2018

1. Complete 16 NCAA core courses.
2. Earn at least a 2.0 GPA in your NCAA core courses
3. Earn an ACT sum score of 68 or an SAT combined score of 820.

### After August 1, 2018

1. Complete 16 NCAA core courses.
2. Earn at least a 2.2 GPA in your NCAA core courses.
3. Earn an ACT sum score or SAT combined score that matches your core-course GPA on the Division II sliding scale.

## **Core Courses for Division II**

To play sports at a Division II school, you must complete these NCAA core courses:

- 3 years of English
- 2 years of math (Algebra 1 or higher)
- 2 years of natural or physical science (including one year of lab science if your high school offers it)
- 2 years of social science
- 3 additional years of English, math or natural or physical science

- 4 additional years of English, math, natural or physical science, social science, foreign language, comparative religion or philosophy.

### **DIVISION III**

Division III schools provide an integrated environment focusing on academic success while offering a competitive athletics environment. While Division III schools do not offer athletics scholarships, 75 percent of Division III student-athletes receive some form of merit- or need-based financial aid.

If you are planning to attend a Division III school, you do not need to register with the NCAA Eligibility Center. Division III schools set their own admissions standard.

Please contact your College and Career Counselor for more information about College Requirements.

## **Hoover City Schools**

2810 Metropolitan Way  
Hoover, Alabama 35243

439-1000

## **Hoover Board of Education**



Mr. Craig Kelley, President

Mrs. Deanna Bamman, Vice-President

Mr. Kermit Kendrick

Mrs. Amy Mudanco

Mrs. Amy Tosney

**Dr. Kathy Murphy,**  
**Superintendent**



## ACKNOWLEDGEMENT OF ATHLETIC HANDBOOK & MEDIA RELEASE

I acknowledge receipt of a copy of the Athletic Handbook for Student Athletes and have read the rules concerning eligibility and conduct for Hoover student athletes. I understand the rules and realize that I am subject to disciplinary measures should I violate them. I do agree to participate and conduct myself in accordance with the rules of our athletic program and with any other specific rules of my coaches.

We, the undersigned, agree that we have been given the following information and understand it fully.

- I. The school agrees to provide:
  - A. Supervision
  - B. Instruction
  - C. Proper equipment (This excludes equipment or uniforms provided by the participant)
  - D. Proper safety precautions.
  
- II. The student athlete agrees to abide by all written rules regarding behavior and safety.
  
- III. The student athlete and parent/guardian acknowledge that participating in athletics may cause serious injury or death.
  
- IV. Policy Consent/Release Form  
I have read the above statement of policy and agree to abide by the policies set by Hoover City Schools. I agree to drug testing in accordance with Hoover City Schools. I authorize any laboratory or medical provider to release test results to the Hoover City Schools Board and its Medical Review Officer. I authorize the Medical Review Officer to release final test results to my parent/guardian and the HCS Board.

I also expressly authorize the HCS Board or its MRO to release any test-related information, including positive results:

- (a) As directed by my specific, written consent authorizing release of the information to an identified person.
  
- (b) To my decision maker in a lawsuit, grievance, or other proceeding initiated by me or on my behalf. I understand that this agreement in no way limits my right to terminate or to be terminated from student activity participation. I understand that unless my parent or guardian contacts the Drug Testing Coordinator after the first year, and makes a formal request to remove my name and social security number from the testing pool, my name will automatically be re-entered into the testing pool each year.

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Signature of Student Athlete                                  Date                                  PRINTED Name of Student

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Signature of Parent/Guardian \*\*                                  Date                                  PRINTED Name of Parent

**\*\* By signing this Acknowledgement of Athletic Handbook** I also give Hoover City Schools permission to use my student athlete's name/photo/video/audio tape in publication and/or on the website or web broadcasts for publicity/promotion purposes. I waive any right to inspect and/or approve the finished product, release Hoover City Schools from any liability by virtue of distortion by processing, and agree that they can be used w/out reservation or fee. **If you DO NOT wish for your student's photo to be used, please sign and date below this clause.**

