

RED RAIDERS FOOTBALL

Reach one to get one!!!!

Discipline, Determination, Drive and Character =

N.O.W (Never Out Worked)

2019 parent meeting

Sunday May 19th at 6:00pm @ Bill power stadium.

Agenda

Topics to cover:

1. Review summer calendar and practice times.
2. Review the topics of importance.
 - a. Fundraising and what it means to the program.
 - b. Academic and attendance policy understanding and the consequences
 - c. Team Injures
 - d. Permission to participate in Uniontown Football
 - e. Parent protocol for concerns and Issues
 - f. The program success in 3 parts
 - g. Hazing team policy
3. Review all contact information for players and families
4. High School Spring Practice 2019 Tuesday May 21st – Friday May 24th 5:00 – 7:30pm
5. School Physical are a must (here are the forms they are due back to the nurse by the May 23rd in the am)

6. Senior players:
 - Senior prospective.
 - Senior letters.
 - Senior season finale evaluation.
 - Senior testing SAT/ACT
 - Senior Parent question and answer date TBA.

FOOTBALL FUNDRAISING REQUIREMENTS

Fundraising is required throughout season.

The Uniontown Area High School Administration is dedicated to keeping the cost to our student athletes as affordable as possible. However, as mentioned in the attached parent letter, the sports program is a self-funded program and fundraising is a requirement. Several opportunities will be presented to the student athlete throughout the season to help insure the student athlete will obtain his/her goal. Uniontown Area High School Sports Program is always in search of new and fun fundraising activities. Please indicate below if there is an area of fundraising to which you would be interested in helping with.

I fully understand that my student athlete will be asked to participate in fundraising activities.

Student Athlete _____ Date

Parent/Guardian _____ Date

FOR PARENT/GUARDIAN:

Volunteers are needed to build a strong athletic program. Please indicate your level of interest in volunteering with the Athletic Program of Uniontown Area High School.

Yes, I am interested in helping develop fundraisers.

Yes, I am interested in donating my time to help the Student Athletes in their fundraising endeavors.

Yes, I am interested in donating my time to help the Student Athletes in the fair Fundraising event

Yes, I am interested in helping to work the concessions during games.

Yes, you may call me if help is needed with different athletic activities

No, I am unable to help at this time. But will donate to the program when needed

Please print name

Number to be reached

Email to be reached

UNIONTOWN AREA HIGH SCHOOL ACADEMIC REQUIREMENTS TO PARTICIPATE IN FOOTBALL

The Uniontown's academic policy applies to all students who choose to participate in Uniontown Area High School Sports.

1. Uniontown Area High Schools grades and player attendance will be checked before summer workouts start to ensure that the student athlete is eligible and in good standing.
 2. A student athlete will not be allowed to try out for the program with failing grades, or bad attendance which includes excessive tardiness by the student athlete.
 3. When and/or if a student brings up his or her grade before the end of try-outs, a student may try out to be a part of the program.
 4. A student may try out after the conclusion of tryouts if the head coach agrees and if a student is in good academic standing and within PIAA attendance requirements.
 5. A student's grades will be checked once a week, usually on Mondays. An "F" at that time will result in the student athlete missing a game suspension until the grade is passing. It is also at the discretion of the coach to suspend a player from practice during this time.
 6. A student has one week from the first Monday grade checks to bring grades to passing. If the student is still failing after two grade checks, the student will be removed from the team.
 7. A student athlete that achieves an "F" on a final report card that student will be immediately removed from the team. Also, a student's teacher may contact the coach or Athletic Director if he/she is failing anytime during the block. This too can render an athlete academically ineligible.
- Academics and attendance are important and a priority to play sports for Uniontown Area High School and definitely at the next level.

UNIONTOWN AREA HIGH SCHOOL PARENT OR GUARDIAN PERMIT

I give my permission for he/she to travel with the coach or other representative of the school on any authorized trips by means chosen by the coach or athletic director. When transportation is provided the student athlete must ride to and from the event in the provided transportation. Exceptions must be approved, but are not always guaranteed, by the head coach in advance of departure. Therefore, I understand that I/we/student athlete is responsible for timely drop off and pick up at all location events.

I/We give our permission for _____ to participate in organized interscholastic activities, realizing that such activity involves the potential for injury which is inherent in all sports. I/We acknowledge that even with the best coaching, use of the most advanced protective equipment and strict observance of rules, injuries are still a possibility. On rare occasions, these injuries can be so severe as to result in disability, paralysis, quadriplegia or even death.

I/We acknowledge that I/we have read and understand this warning. I/We acknowledge that I/we have read and understand the above consent for emergency care.

Signature of Parent/Guardian: _____ Date _____

Signature of Student Athlete: _____ Date _____

UNIONTOWN AREA HIGH SCHOOL PARENT PROTOCOL

Should a parent have a concern regarding his/her student athlete, we have a set protocol that should be followed in hope of resolving the concern/issue. It should be noted that the team selection is made by the Uniontown Area High School coaching staff. Furthermore, team selection and playing time it is also at the discretion of the head coach.

This protocol assumes that your student athlete has already talked to the coach.

Concerns/issues should be handled in the following protocol:

- Contact the head coach (Please note every effort should be made to resolve a complaint with the head coach first.)
- If not satisfied, contact the school's athletic director (If the concern is not resolved with talking to the head coach, it should be submitted to the school athletic director (in a letter prior to conference.))
- If not satisfied, contact the school's district athletic director (If the concern is not resolved with speaking to the school's athletic director, then your complaint should be submitted by letter to the district athletic director. The district athletic director will contact the principal if the problem is not resolved.)
- If you are still not satisfied, contact the principal (Then your complaint should be submitted by letter to the principal. The principal will contact the district office if the problem is not resolved.)

It is the intent of the Athletic Department as well as the Uniontown Area football program to provide an avenue for meaningful dialogue and communication between coaches and parents. Working together we can and will accomplish great things.

Example of good parent/coach communication (24 hour rule...)

- 1. Here is the order. A player who has concerns should speak to his position coach first. If that does not resolve the concern, the player should speak to Coach Lloyd. If the concern is not resolved after a meeting with Coach Lloyd, a meeting then can be scheduled with the parent/s, player, and Coach Lloyd. **Playing time, play calling, game planning, or philosophy will not be discussed with parents.**
- 2. If the concern is not resolved, send in a letter to the Athletic Director to arrange a conference. A meeting will be arranged with the head coach, parent and Athletic Director.
- 3. At this meeting, the appropriate next step can be determined.
- 4. Please do not attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parent and coach. Meetings of this nature do not promote resolutions. Set up an office visit with the coach and we will have a third party present, such as the AD, another coach, or Assistant Principal.
- Meeting with parents: Your son will also need to be in attendance at any meeting that you want to set up with a coach.
- Note: Coaches will not discuss player issues or concerns with parents via text, e-mail, or phone. Much can be misinterpreted in a text or an e-mail. Text or e-mail may be used to set up a meeting where the issue can be resolved.

FOOTBALL PROGRAM:

The following information includes items expected from coaches, players, and parents.

Common Expectations For

Coaches

1. To be honest
2. To be leaders
3. To be loyal to the TEAM
4. To help players reach their goals
5. To help players mature and become a better person
6. To be fair to players
7. To work hard and instruct to the best of your ability
8. To communicate with all players about Team and Individual development goals
9. To be 100% committed to Uniontown Football
10. To make all decisions based on what is best for the TEAM, and then what is best for the individual

Players

1. To be honest
2. To be a leader
3. To be loyal to the TEAM
4. To respect history and tradition
5. To always be at practice, even if injured
6. To always be on time to practices and meetings
7. To give your best in the classroom
8. To give your best in practice and games
9. To conduct yourself in a manner that will make your family, school, teammates, and coaches proud of you at all times
10. To never post anything on social media that is negative in nature about your school, teammates, opponents, or coaches. Player policy is explained in more detail later in this handbook.

Parents

1. To not undermine the coaching staff to your kids or other parents.
2. To be supportive of players, coaches, and officials.
3. To not approach a coach about playing time. The player should discuss ways to improve with his position coach.
4. To be a positive support system for your child. Monitor their academic progress and make sure their diet and rest are appropriate
5. To never post anything on social media that is negative in nature about our school, team, players, coaches or opponents. Do not have a false sense of security about your rights to freedom of speech. Understand that freedom of speech is not unlimited. The on-line social network sites are not a place where you can say and do whatever you want without repercussions. The information you post on a social networking site is considered public information. Protect yourself by maintaining a positive self-image. Parents who violate social media usage may be banned from practice, games, and program activities. Players will be held accountable with this same policy.
6. To participate in the program and to get involved. The best thing you can do costs nothing.
7. To show sportsmanship at all times

Uniontown Area FOOTBALL ATTENDANCE

Football is a privilege and not a right! Each Uniontown football player is required to attend all practices, meetings, run-throughs, and games. If we cannot practice at full strength, we cannot play at full strength. Trust in a player's commitment to the success of the team starts with showing up. However, we feel it is important to have an attendance policy in place to ensure that our team collectively takes that daily step towards success.

Unexcused verses Excused Absences

Unexcused Absences

Unexcused absences from practice are defined by the following:

1. Any "Excused Absence" without DIRECTLY notifying Coach Lloyd about the absence.

- Coach Lloyd must be notified one hour before practice starts if you are to be excused from practice that day.

- Having a teammate tell a coach for you will NOT count

- Texts, tweets, facebook messages, emails, notes, etc. will NOT count

- Telling the trainer will NOT count

2. Any doctor/medical appointment without a note from the doctor.

3. At practice, but not participating due to missing clothes, shoes, or equipment.

4. Injured (diagnosed by the trainer and/or a doctor) but not present at practice receiving appropriate treatment or watching drills. Injured players may only be restricted to stay home by a doctor's note. A note MUST be given to Coach Lloyd. Not the trainer.

5. Not practicing (present or not) due to "self-diagnosis" or "parent diagnosis" we will send you to see the team Dr..

6. The following are examples of, but not limited to, unacceptable reasons for missing practice:

Hair cut	Car Repair	Friend needs ride	Shopping
Getting license	Vacation	Work Homework	
Projects	Study for test	Birthday Parties	Family in town
Homecoming	Project	Having a Head-Ache	Not feeling good

Excused Absences

The football coaching staff recognizes that sometimes there are unforeseen and unavoidable circumstances that prevent a player from attending practice. In these rare cases, please make sure to contact a Coach Lloyd DIRECTLY prior to practice. That means call him on his cell or come see him in person. The following are examples of, but not limited to, acceptable reasons for missing practice:

Family emergency

Personal Illness/Sick

Family Illness

After all attempts have been made for during lunch or before school: Making up a test (attendance required after the test is completed along with a note from the teacher stating what time you got there and what time you left)

Physical Therapy (with a note from therapist)

Doctor/Dentist appointment (with a note from the doctor/dentist)

Funeral

Injured (sitting out per Doctor or Trainer only)

- If a player goes home from school sick, he must call Coach Lloyd to let him know.
- Parents, please try to schedule doctor and dentist appointments around practice times if you can.
- Parents, please emphasize practice attendance and punctuality. It will greatly improve our TEAM and your son's future.

REMEMBER: IT IS UNEXCUSED UNLESS THE PLAYER CONTACTS COACH LLOYD

Consequences for Missing Practice/Games

1. Unexcused Absence from Practice:

ONE unexcused missed practice (Suspended for a half)

TWO unexcused missed practice (Suspended for a game)

THREE unexcused missed practice (Season is over)

2. Excused Absence from Practice: Make up conditioning!

3. Tardies to Practice or Meetings: Coaches Discretion!

Social Media Team Policy

Players....Do not have a false sense of security about your rights to freedom of speech. Understand that freedom of speech is not unlimited. The on-line social network sites are not a place where you can say and do whatever you want without repercussions. The information you post on a social networking site is considered public information. Protect yourself by maintaining a positive self-image. Players who violate social media usage may lose playing time, face suspension, or dismissal from the team.

TEAM INJURIES

Any player who is injured during practice or in a game must let the coaching staff and Athletic Trainer know before going home. Injuries will be cared for by the training staff prior to and immediately after practice times. Treatment in the training room is not an excuse for being late for practice.

All injured players are expected to attend practices and games, unless excused by the Head Coach or Trainer. In case of severe injury, an accident report must be filled out and brought to the hospital or doctor's office. All members of the coaching staff are working to become certified in CPR and First Aide.

**UNIONTOWN RED RAIDER FOOTBALL
2019 HAZING PROCEDURE**

WHAT IS HAZING?

The definition of Hazing is to persecute or harass with meaningless, difficult, or humiliating tasks; to initiate, as into a team or club or fraternity, by exacting humiliating performances from or playing rough practical jokes upon.

CONSEQUENCES OF HAZING

Hazing is an on-going problem in our state and country. Each year, hazing incidents have led to emotional harm, permanent disabling injuries, and in some cases death. Hazing has also led to suspensions, expulsions, fines, community service and even jail time, for those who participate in such activities.

UNIONTOWN AREA HIGH SCHOOL FOOTBALL TEAM POLICY

Hazing of any teammate or student by any Uniontown High School Football player will not be tolerated. Any player suspected of involvement, will be referred to the Administration for an investigation in accordance with the law and procedures set forth by the Uniontown Board of Education. Any player found guilty of hazing will be placed on immediate suspension from all activities involving Uniontown Area High School Football. If the student of the alleged incident is cleared of wrong-doing, the suspension shall be lifted and the student will be allowed to return to the team.

I _____, have read and understand the definition of this Hazing Policy as it is stated for the program and its consequences. I will hereby abide by the rules of this policy or be subjected to its consequences.

Player's Signature

Date

Parent or Guardian Signature

Date