

# Future Important Dates

|                                   | 18-19        | 19-20        | 20-21       | 21-22      | 22-23        |  | 18-19 | 19-20 | 20-21 | 21-22 | 22-23 |
|-----------------------------------|--------------|--------------|-------------|------------|--------------|--|-------|-------|-------|-------|-------|
| <b>Boys Sports</b>                |              |              |             |            |              |  |       |       |       |       |       |
| <b>Baseball</b>                   |              |              |             |            |              |  |       |       |       |       |       |
| 1st Practice                      | 3/11         | 3/16         | 3/15        | 3/14       | 3/13         |  |       |       |       |       |       |
| 1st Contest                       | 3/25         | 3/30         | 3/29        | 3/28       | 3/27         |  |       |       |       |       |       |
| Regionals                         | 5/22-25,27   | 5/27-30,6/1  | 5/26-29,31  | 5/25-28,30 | 5/24,27,29   |  |       |       |       |       |       |
| Semi-States                       | 6/1          | 6/6          | 6/5         | 6/4        | 6/3          |  |       |       |       |       |       |
| State                             | 6/17,18      | 6/19,20      | 6/18,19     | 6/17,18    | 6/16,17      |  |       |       |       |       |       |
| <b>Basketball</b>                 |              |              |             |            |              |  |       |       |       |       |       |
| 1st Practice                      | 1/15         | 1/11         | 1/11        | 1/11       | 1/17         |  |       |       |       |       |       |
| 1st Contest                       | 1/19         | 1/25         | 1/23        | 1/22       | 1/21         |  |       |       |       |       |       |
| Regionals                         | 2/26-27,31,2 | 3/3,4,6,7    | 3/2,3,5,6   | 3/1,2,4,5  | 2/28,3/1,3,4 |  |       |       |       |       |       |
| Semi-States                       | 3/9          | 3/14         | 3/13        | 3/12       | 3/11         |  |       |       |       |       |       |
| State                             | 3/16         | 3/21         | 3/20        | 3/19       | 3/18         |  |       |       |       |       |       |
| <b>Cross Country</b>              |              |              |             |            |              |  |       |       |       |       |       |
| 1st Practice                      | 7/30         | 8/5          | 8/3         | 8/2        | 8/1          |  |       |       |       |       |       |
| 1st Contest                       | 8/11         | 8/17         | 8/15        | 8/14       | 8/13         |  |       |       |       |       |       |
| Regionals                         | 10/6         | 10/12        | 10/10       | 10/9       | 10/8         |  |       |       |       |       |       |
| Regionals (6A)                    | 10/13        | 10/19        | 10/17       | 10/16      | 10/15        |  |       |       |       |       |       |
| Semi-States                       | 10/20        | 10/26        | 10/24       | 10/23      | 10/22        |  |       |       |       |       |       |
| State                             | 10/27        | 11/2         | 10/31       | 10/30      | 10/29        |  |       |       |       |       |       |
| <b>Football</b>                   |              |              |             |            |              |  |       |       |       |       |       |
| 1st Practice                      | 7/30         | 8/5          | 8/3         | 8/2        | 8/1          |  |       |       |       |       |       |
| Non-Contact                       | 8/2          | 8/8          | 8/6         | 8/5        | 8/4          |  |       |       |       |       |       |
| 1st Contest                       | 8/17         | 8/23         | 8/21        | 8/20       | 8/19         |  |       |       |       |       |       |
| Varsity                           | 8/16         | 8/22         | 8/20        | 8/19       | 8/18         |  |       |       |       |       |       |
| JV                                | 10/19,26;    | 10/25;11/1   | 10/23,30;   | 10/22,29;  | 10/21,28;    |  |       |       |       |       |       |
| Sectionals (A-5A)                 | 11/2         | 11/8         | 11/6        | 11/5       | 11/4         |  |       |       |       |       |       |
| Sectionals (6A)                   | 10/26,11/2   | 11/1,8       | 10/30,11/6  | 10/29;11/5 | 10/28,11/4   |  |       |       |       |       |       |
| Regionals                         | 11/9         | 11/15        | 11/13       | 11/12      | 11/11        |  |       |       |       |       |       |
| Semi-States                       | 11/16        | 11/22        | 11/20       | 11/19      | 11/18        |  |       |       |       |       |       |
| State                             | 11/24        | 11/29        | 11/28       | 11/26      | 11/26        |  |       |       |       |       |       |
| 1A, 3A, 5A                        | 11/23        | 11/30        | 11/27       | 11/27      | 11/25        |  |       |       |       |       |       |
| 2A, 4A, 6A                        |              |              |             |            |              |  |       |       |       |       |       |
| <b>Golf</b>                       |              |              |             |            |              |  |       |       |       |       |       |
| 1st Practice                      | 3/11         | 3/16         | 3/15        | 3/14       | 3/13         |  |       |       |       |       |       |
| 1st Contest                       | 3/25         | 3/30         | 3/29        | 3/28       | 3/27         |  |       |       |       |       |       |
| Regionals                         | 5/31; 6/1,3  | 6/5,6,8      | 6/4,5,7     | 6/3,4,6    | 6/2,3,5      |  |       |       |       |       |       |
| Regionals                         | 6/6,7        | 6/11,12      | 6/10,11     | 6/9,10     | 6/8,9        |  |       |       |       |       |       |
| State                             | 6/11,12      | 6/16,17      | 6/15,16     | 6/14,15    | 6/13,14      |  |       |       |       |       |       |
| <b>Soccer</b>                     |              |              |             |            |              |  |       |       |       |       |       |
| 1st Practice                      | 7/30         | 8/5          | 8/3         | 8/2        | 8/1          |  |       |       |       |       |       |
| 1st Contest                       | 8/11         | 8/17         | 8/15        | 8/14       | 8/13         |  |       |       |       |       |       |
| Sectionals                        | 10/4,3,5,6   | 10/7,9,11,12 | 10/5,7,9,10 | 10/4,6,8,9 | 10/3,5,7,8   |  |       |       |       |       |       |
| Regionals                         | 10/13        | 10/19        | 10/17       | 10/16      | 10/15        |  |       |       |       |       |       |
| Semi-States                       | 10/20        | 10/26        | 10/24       | 10/23      | 10/22        |  |       |       |       |       |       |
| State                             | 10/26,27     | 11/1,2       | 10/30,31    | 10/29,30   | 10/28,29     |  |       |       |       |       |       |
| <b>Girls Sports</b>               |              |              |             |            |              |  |       |       |       |       |       |
| <b>Swimming</b>                   |              |              |             |            |              |  |       |       |       |       |       |
| 1st Practice                      | 1/15         | 1/11         | 1/11        | 1/11       | 1/17         |  |       |       |       |       |       |
| 1st Contest                       | 1/19         | 1/25         | 1/23        | 1/22       | 1/21         |  |       |       |       |       |       |
| Regionals                         | 2/14,16      | 2/20,22      | 2/18,20     | 2/17,19    | 2/16,18      |  |       |       |       |       |       |
| Regionals (Diving)                | 2/19         | 2/25         | 2/23        | 2/22       | 2/21         |  |       |       |       |       |       |
| State                             | 2/22,23      | 2/28,29      | 2/26,27     | 2/25,26    | 2/24,25      |  |       |       |       |       |       |
| <b>Tennis</b>                     |              |              |             |            |              |  |       |       |       |       |       |
| 1st Practice                      | 7/30         | 8/5          | 8/3         | 8/2        | 8/1          |  |       |       |       |       |       |
| 1st Contest                       | 8/11         | 8/17         | 8/15        | 8/14       | 8/13         |  |       |       |       |       |       |
| Regionals                         | 9/26-29      | 10/2-5       | 9/30-10/3   | 9/29-10/2  | 9/28-10/1    |  |       |       |       |       |       |
| Regionals (Singles/Doubles)       | 10/2,3       | 10/8,9       | 10/6,7      | 10/5,6     | 10/4,5       |  |       |       |       |       |       |
| Semi-States                       | 10/13        | 10/19        | 10/17       | 10/16      | 10/15        |  |       |       |       |       |       |
| State (Team)                      | 10/6         | 10/12        | 10/10       | 10/9       | 10/8         |  |       |       |       |       |       |
| State (Singles/Doubles)           | 10/12,13     | 10/18,19     | 10/16,17    | 10/15,16   | 10/14,15     |  |       |       |       |       |       |
| <b>Track &amp; Field</b>          |              |              |             |            |              |  |       |       |       |       |       |
| 1st Practice                      | 2/11         | 2/17         | 2/15        | 2/14       | 2/13         |  |       |       |       |       |       |
| 1st Contest                       | 2/25         | 3/2          | 3/1         | 2/28       | 2/27         |  |       |       |       |       |       |
| Regionals                         | 5/16         | 5/21         | 5/20        | 5/19       | 5/18         |  |       |       |       |       |       |
| Regionals                         | 5/23         | 5/28         | 5/27        | 5/26       | 5/25         |  |       |       |       |       |       |
| State                             | 5/31         | 6/6          | 6/4         | 6/4        | 6/2          |  |       |       |       |       |       |
| <b>Wrestling</b>                  |              |              |             |            |              |  |       |       |       |       |       |
| 1st Practice                      | 10/29        | 11/4         | 11/2        | 11/1       | 10/31        |  |       |       |       |       |       |
| 1st Contest                       | 11/12        | 11/18        | 11/16       | 11/15      | 11/14        |  |       |       |       |       |       |
| Regionals                         | 1/26         | 2/1          | 1/30        | 1/29       | 1/28         |  |       |       |       |       |       |
| Regionals                         | 2/2          | 2/8          | 2/6         | 2/5        | 2/4          |  |       |       |       |       |       |
| Semi-States                       | 2/9          | 2/15         | 2/13        | 2/12       | 2/11         |  |       |       |       |       |       |
| State                             | 2/15,16      | 2/21,22      | 2/19,20     | 2/18,19    | 2/17,18      |  |       |       |       |       |       |
| <b>Unified@ Sports</b>            |              |              |             |            |              |  |       |       |       |       |       |
| <b>Unified@ Flag Football</b>     |              |              |             |            |              |  |       |       |       |       |       |
| 1st Practice                      | 7/30         | 8/5          | 8/3         | 8/2        | 8/1          |  |       |       |       |       |       |
| 1st Contest                       | 8/11         | 8/17         | 8/15        | 8/14       | 8/13         |  |       |       |       |       |       |
| Regionals                         | 9/29, 10/6   | 10/5, 10/12  | 10/3, 10/10 | 10/2, 10/9 | 10/1, 10/8   |  |       |       |       |       |       |
| Regionals                         | 10/6         | 10/12        | 10/10       | 10/9       | 10/8         |  |       |       |       |       |       |
| State                             | 10/13        | 10/19        | 10/17       | 10/16      | 10/15        |  |       |       |       |       |       |
| <b>Unified@ T&amp;F</b>           |              |              |             |            |              |  |       |       |       |       |       |
| 1st Practice                      | 3/4          | 3/9          | 3/8         | 3/7        | 3/6          |  |       |       |       |       |       |
| 1st Contest                       | 3/18         | 3/23         | 3/22        | 3/21       | 3/20         |  |       |       |       |       |       |
| Regionals                         | 5/18         | 5/23         | 5/22        | 5/21       | 5/20         |  |       |       |       |       |       |
| Regionals                         | 5/25         | 5/30         | 5/29        | 5/28       | 5/27         |  |       |       |       |       |       |
| State                             | 6/1          | 6/6          | 6/5         | 6/4        | 6/3          |  |       |       |       |       |       |
| <b>Unified@ Track &amp; Field</b> |              |              |             |            |              |  |       |       |       |       |       |
| 1st Practice                      | 7/30         | 8/5          | 8/3         | 8/2        | 8/1          |  |       |       |       |       |       |
| 1st Contest                       | 8/11         | 8/17         | 8/15        | 8/14       | 8/13         |  |       |       |       |       |       |
| Regionals                         | 9/29, 10/6   | 10/5, 10/12  | 10/3, 10/10 | 10/2, 10/9 | 10/1, 10/8   |  |       |       |       |       |       |
| Regionals                         | 10/6         | 10/12        | 10/10       | 10/9       | 10/8         |  |       |       |       |       |       |
| State                             | 10/13        | 10/19        | 10/17       | 10/16      | 10/15        |  |       |       |       |       |       |
| <b>Gymnastics</b>                 |              |              |             |            |              |  |       |       |       |       |       |
| 1st Practice                      | 11/12        | 11/18        | 11/16       | 11/14      | 11/13        |  |       |       |       |       |       |
| 1st Contest                       | 12/3         | 12/9         | 12/7        | 12/6       | 12/5         |  |       |       |       |       |       |
| Regionals                         | 2/22,23      | 2/28,29      | 2/26,27     | 2/25,26    | 2/24,25      |  |       |       |       |       |       |
| Regionals                         | 3/1          | 3/6          | 3/5         | 3/4        | 3/3          |  |       |       |       |       |       |
| State                             | 3/9          | 3/14         | 3/13        | 3/12       | 3/11         |  |       |       |       |       |       |
| <b>Soccer</b>                     |              |              |             |            |              |  |       |       |       |       |       |
| 1st Practice                      | 7/30         | 8/5          | 8/3         | 8/2        | 8/1          |  |       |       |       |       |       |
| 1st Contest                       | 8/11         | 8/17         | 8/15        | 8/14       | 8/13         |  |       |       |       |       |       |
| Regionals                         | 10/1,4,6     | 10/7,8,10,11 | 10/5,8,10   | 10/4,5,7,9 | 10/3,4,6,8   |  |       |       |       |       |       |
| Regionals                         | 10/13        | 10/19        | 10/17       | 10/16      | 10/15        |  |       |       |       |       |       |
| Semi-States                       | 10/20        | 10/26        | 10/24       | 10/23      | 10/22        |  |       |       |       |       |       |
| State                             | 10/26,27     | 11/1,2       | 10/30,31    | 10/29,30   | 10/28,29     |  |       |       |       |       |       |
| <b>Softball</b>                   |              |              |             |            |              |  |       |       |       |       |       |
| 1st Practice                      | 3/4          | 3/9          | 3/8         | 3/7        | 3/6          |  |       |       |       |       |       |
| 1st Contest                       | 3/18         | 3/23         | 3/22        | 3/21       | 3/20         |  |       |       |       |       |       |
| Regionals                         | 5/20-25      | 5/25-30      | 5/24-29     | 5/23-28    | 5/22-27      |  |       |       |       |       |       |
| Regionals                         | 5/28         | 6/2          | 6/1         | 5/31       | 5/30         |  |       |       |       |       |       |
| Semi-States                       | 6/1          | 6/6          | 6/5         | 6/4        | 6/3          |  |       |       |       |       |       |
| State                             | 6/8          | 6/13         | 6/12        | 6/11       | 6/10         |  |       |       |       |       |       |
| <b>Swimming</b>                   |              |              |             |            |              |  |       |       |       |       |       |
| 1st Practice                      | 10/22        | 10/28        | 10/26       | 10/25      | 10/24        |  |       |       |       |       |       |
| 1st Contest                       | 11/5         | 11/11        | 11/9        | 11/8       | 11/7         |  |       |       |       |       |       |
| Regionals                         | 1/31; 2/2    | 2/6,8        | 2/4,6       | 2/3,5      | 2/2,4        |  |       |       |       |       |       |
| Regionals (Diving)                | 2/5          | 2/11         | 2/9         | 2/8        | 2/7          |  |       |       |       |       |       |
| State                             | 2/8,9        | 2/14,15      | 2/12,13     | 2/11,12    | 2/10,11      |  |       |       |       |       |       |
| <b>Tennis</b>                     |              |              |             |            |              |  |       |       |       |       |       |
| 1st Practice                      | 3/11         | 3/16         | 3/15        | 3/14       | 3/13         |  |       |       |       |       |       |
| 1st Contest                       | 3/25         | 3/30         | 3/29        | 3/28       | 3/27         |  |       |       |       |       |       |
| Regionals                         | 5/15-18      | 5/20-23      | 5/19-22     | 5/18-21    | 5/17-20      |  |       |       |       |       |       |
| Regionals (Singles/Doubles)       | 5/21,22      | 5/26,27      | 5/25,26     | 5/24,25    | 5/23,24      |  |       |       |       |       |       |
| Semi-States                       | 6/1          | 6/6          | 6/5         | 6/4        | 6/3          |  |       |       |       |       |       |
| State (Team)                      | 5/25         | 5/30         | 5/29        | 5/28       | 5/27         |  |       |       |       |       |       |
| State (Singles/Doubles)           | 5/31; 6/1    | 6/5,6        | 6/4,5       | 6/3,4      | 6/2,3        |  |       |       |       |       |       |
| <b>Track &amp; Field</b>          |              |              |             |            |              |  |       |       |       |       |       |
| 1st Practice                      | 2/11         | 2/17         | 2/15        | 2/1        |              |  |       |       |       |       |       |