

DOWNERS GROVE SOUTH ATHLETICS

1436 Norfolk

Phone: 630/795-8517

Downers Grove, IL 60516

Fax: 630/795-7193



Hard Work, Discipline, Team Work, Confidence, Character, Academic Success, and Love of the Game

DGS Mustangs Fall Sports 2019-20 Start Dates, Times, and Locations

All athletes must have a physical on file in the DGS Athletic Office. Additionally, every athlete must be registered on line before they can try out or practice. Click on the REGISTRATION tab at the top of the Athletic Home Page.

NOTE: Athletic fee payments are no longer accepted via the 8to18 website. After tryouts, you will receive an email directing you to your District WebStore account where you will make your online payment. The payment is due by September 20th. No refunds will be granted after picture day.

Boys Cross Country: Practice begins 8/12/19 at 7:00 am. Meet in the stadium near the concession stand dressed to run. Contact [Coach Caldwell](#) with questions.

Girls Cross Country: Practice begins 8/12/19 at 7:00 am for all levels. Meet at door #6 and wear running gear. Bring a combination padlock.

There will be an overnight team trip to Camp Wokanda in Chillicothe from 7/25-7/27. Information packets about the trip have been distributed during the summer running camp. If you did not attend camp, but intend to participate in girls cross country season, please email [Coach Plunkett](#) as soon as possible for the camping trip details.

Football--8/12/19:

Varsity

All Varsity football players will meet Coach Molinari in the weight room at 7 AM on Monday, August 12th. Bring helmets, cleats and gym shoes. More calendar info @ www.dgsfootball.com

Sophomore

All Sophomore football players will meet in the weight room in the basement at 7:30 AM Monday, August 12th. Bring helmets, cleats and gym shoes. More calendar info @ www.dgsfootball.com

Freshmen

All incoming Freshmen football players will meet on the practice fields near the tennis courts (west side) at 8:00 AM Monday, August 12th. Bring cleats and gym shoes. More calendar info @ www.dgsfootball.com

Boys Golf: Start date for both levels is Monday, August 12. On this day, varsity will be at Village Greens and the sophomore level (freshmen and sophomores) will be at Green Meadows. Tee times will be available when confirmed by the courses. Tee times will be announced via @DGSBoysGolf Twitter account. Each golfer will pay his own green fees during tryout days. Coaches will give the complete tryout schedule on the first day. All freshmen and sophomores trying out for golf are strongly encouraged to attend an organizational meeting on Thursday, August 8 at 8:00 a.m. in the DGS Little Theater (enter door # 11) to explain expectations and answer any questions. Parents are welcome to attend. This meeting will last about 45 minutes. Contact Coach Tiesman at tiesman@csd99.org with any questions.

Girls Golf: Tryouts for both levels is August 12th with tryouts at Downers Grove Park District (Downers Grove Golf Club - 2420 Haddow Ave, Downers Grove, IL 60515.) The times for the first three days are- Monday Aug. 12th-10:45 am, Tuesday Aug. 13th- 11:30 am. Each golfer will pay her own green fees and range balls during tryouts (generally around \$18.00) All golfers need to come on August 12th with their own golf clubs (14 club limit), golf bag, golf balls, tees, ball marker and ball mark repair tool. Other equipment such as golf shoes, hat, umbrella, rain gear, and golf glove are encouraged. Golfers must check the weather forecast each day. Golfers will be walking the 9 holes or at the range so please plan accordingly. Contact [Coach DeGiulio](#) with questions.

Boys Soccer: Tryouts begin August 12th for all levels. All levels meet in the stadium—east (visitor) stands at 8:00 am. Wear soccer gear including cleats, shin guards, shorts, t-shirt. Also, bring running shoes and a water bottle. Contact [Coach Stapleton](#) with questions.

Girls Swim and Dive: Practice begins August 12th for all levels at 7:00 am in the DGS pool. ALL SWIMMERS grades 10, 11, 12 must meet the following minimum requirements to make the team. Be able to swim 100 Free under a 1:10.00, complete 15 x 100 on the 1:35. ALL DIVERS grades 10, 11, 12 must have a full list of dives. Please contact Swimmers Edge for team suits and equipment at 630-935-2334. Good Luck! Contact [Coach Krick](#) with questions.

Girls Tennis: Tryouts for all levels begin August 12th at 8:00 am at the tennis courts at DGS. Dress to play tennis and bring a water bottle. Contact [Coach Forst](#) with questions.

Girls Volleyball: Tryouts begin August 12th. 9/10 graders report to the field house at 8:00 am and 11/12 graders report to the main gym at 9:00 am. Wear work out gear and don't forget knee pads and a water bottle. All tryout information can be found at <https://sites.google.com/csd99.org/dgsvball/home>. Contact [Coach Toth](#) with questions.