



# GR CHRISTIAN HIGH SCHOOL ATHLETICS

[www.grchristianeagles.com](http://www.grchristianeagles.com)



**Athletic Director:** Jason Heerema (jheerema@grcs.org)

**Asst. Athletic Director:** Kevin Broene (kbroene@grcs.org)

**Facility Coordinator:** Dick VanderKamp (dvanderkamp@grcs.org)

**Athletic Admin. Asst.:** Carolyn Groendyk (cgroendyk@grcs.org)

**Director of Sports Performance:** Daimond Dixon (ddixon@grcs.org)

## **AS AN INCOMING 9<sup>th</sup> GRADER, HOW DO I GET INFORMATION ABOUT ATHLETICS?**

Visit the website at [www.grchristianeagles.com](http://www.grchristianeagles.com) for up to date information. In addition to the website, we will send out information after April 1, 2018 about summer programs and strength training opportunities to every person who registered with GRCHS for the upcoming school year.

## **IF I AM INTERESTED IN ATHLETICS, ARE THERE REQUIRED MEETINGS I SHOULD ATTEND?**

There is a required “*All-Sports Parent Meeting*” in mid-August in the DeVos Center for Arts & Worship. This meeting will address schedules, coaches, handbook, how to use the website, Eagle Athletic Boosters, communication, MHSAA regulations, policies, transportation, transfer rules, and expectations for athletes in reference academics, behavior, and school rules.

## **DOES GRAND RAPIDS CHRISTIAN GIVE ATHLETIC SCHOLARSHIPS?**

No. Academic and athletic scholarships are not available from, nor provided by, Grand Rapids Christian.

## **DO I NEED A PHYSICAL IN ORDER TO PLAY SPORTS AT GRCHS?**

Yes. Athletes must turn in an MHSAA physical form ([www.grchristianeagles.com](http://www.grchristianeagles.com) under EAGLE HQ) with emergency information, medical history, and a doctor’s signature before they can participate in practice/tryouts or games. The physical must be dated after April 15, 2018 in order to be valid for 2018-19 school year.

## **HOW DO I SEE THE GAME AND PRACTICE SCHEDULES FOR MY CHILD’S TEAM?**

The coach should provide parents with a practice schedule. Coaches are also required to send an email to the parents each week that includes practice times and team information. The coach is the only resource for practice schedules, so contact the coach directly. You can always check [www.grchristianeagles.com](http://www.grchristianeagles.com) for game schedules.

## **HOW CAN I GET A MAP/DIRECTIONS TO AN AWAY LOCATION?**

Go to [www.grchristianeagles.com](http://www.grchristianeagles.com) and click on your sport. Next click on “schedules & rosters” and then click your season. From there, click “map” next to the game of your choice. Click on “directions” in the top left hand corner and type in your address.

## **HOW DO I GET TRANSPORTATION INFORMATION FOR GAMES/PRACTICES?**

Each coach will communicate with the team about how athletes are being transported to and from games. This information is also discussed at our “All Sports Parent Meeting” on August 9<sup>th</sup>.

## **WHAT IS A “DIRECTOR OF SPORTS PERFORMANCE?”**

Daimond Dixon is a certified fitness instructor whose job is to train our athletes for peak performance. He trains all our athletes to improve their speed, agility, strength, and power. All teams are strongly encouraged to work with Daimond in order to help our athletes perform at peak physical condition.

## WHAT IS THE ESR?

The Eagle Sports Report (ESR) is a daily email that highlights an interesting story, gives a report on the previous day's athletic events, and looks ahead to upcoming events. If you want to be included on the email list, please email Carolyn Groendyk (cgroendyk@grcs.org).

## DO YOU HAVE ATHLETIC EVENTS PASSES?

The *All-Sports Pass* is available to anyone and allows free entry into any GR Christian High home athletic event, excluding invitational tournaments and the MHSAA playoffs. Can buy single adult (\$60) or student (\$50) passes, or a family pass (\$150) where each family member gets their own pass. "Early bird" pricing (\$125) before August 6<sup>th</sup>.

## IF MY CHILD WANTS TO GET CONNECTED, HOW DO I SIGN THEM UP FOR SUMMER OPPORTUNITIES?

To sign up online, please check [www.grchristianeagles.com](http://www.grchristianeagles.com) under "Programs & Camps" in April.

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## VARSIITY COACH CONTACTS

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**Please do not contact our coaches about being a prospective student or about being a transfer student.** If you are a prospective student or transfer student, please contact our school office at 574-5500.

Once you are registered at Grand Rapids Christian High School, it is appropriate to contact our coaches to obtain summer workout information, tryout dates, or practice times.

SPORT	VARSIITY COACH	PHONE	EMAIL
Baseball	Bruce Brassler	644-0245	bruce.brasser@maryfreebed.com
Basketball - Boys	Eric Taylor	889-7179	etaylor@grcs.org
Basketball - Girls	Crystal Strickland	550-1354	cstrickland@grcs.org
Bowling	David Clifford	666-0598	thirtyclean@gmail.com
Competitive Cheer	Jacquie DeJonge	560-7461	jdejonge@fhps.net
Cross Country	Doug Jager	723-6345	d_djager@yahoo.com
Football	Don Fellows	916-7786	donf@fieldhousegroup.com
Golf - Boys	Ken Bokhoven	682-0551	bokhoven24@comcast.net
Golf - Girls	Seth Davies	295-5053	sdavies@grcs.org
Hockey	Shawn Zimmerman	583-2262	szmmmy8@gmail.com
Lacrosse - Boys	Jeff Boyd	437-5456	jboyd@heneveld.com
Lacrosse - Girls	Neal & Vicki Young	452-7579	nandvyoung@aol.com
Skiing - Co-ed	Jim Styf	682-4760	james.styf@att.net
Soccer - Girls			
Soccer - Boys	Bruce Pobocik	908-8879	brpobocik@gmail.com
Softball	Danae VanTimmeren	389-7144	dvantimmeren@grandriverprep.com
Swimming - Boys	Jeremy Pyper	446-4757	jepyper@grcs.org
Swimming - Girls	Mitchell Schroder	802-0300	grcswimming@gmail.com
Tennis - Boys	Tim Morey	822-2222	eaglescoachtim@gmail.com
Tennis - Girls	Tim Morey	822-2222	eaglescoachtim@gmail.com
Track - Boys	Kris Koster	914-1273	kkoster@grcs.org
Track - Girls	Doug Jager	723-6345	d_djager@yahoo.com
Volleyball	Tiffannie Gates	304-3009	tjgator7@gmail.com
Wrestling	Greg Dykema	364-4535	greg@dykemaexcavators.com