

Summer Sports Opportunities 2019



GRHCS - Incoming 9-12th Grade Students



***In order to participate, you must be registered/enrolled for the 2019-20 school year.**

The following dates are not necessarily all the dates that a sport has this summer. To get complete schedules, sign up, get details, and ask questions, please contact your coach directly using the information below.

BASEBALL	BOYS	Bruce Brassler	644-0245	bruce.brasser@maryfreebed.com
	All	T/Th	Evenings	Games/weekend tournaments. Contact Coach for specifics.
BASKETBALL	BOYS	Eric Taylor	889-7179	etaylor@grcs.org
	JV/Varsity	June 10-13	10-12p	<i>Note: Boys basketball has additional team practices, camps & skill development opportunities throughout the summer, please contact Coach Taylor for more details.</i>
	Freshman	June 17-20	8:30a-11:30a	
	Team Camp (F/JV/V)	TBA	TBA	
	Weight Room (all)	June M-TH, July T-TH	8:30-10:00a	Strength, agility and contdioning . Coach will have more info on this.
	Skill Development (all)	Guided Shooting practice and skill work		Times vary based on the week. Coach will provide a schedule

BASKETBALL	GIRLS	Crystal Strickland	550-1354	cstrickland@grcs.org
	Freshman/JV	June 10-13	6-9p	<i>Note: Girls basketball has additional team practices, camps & skill development opportunities throughout the summer, please contact Coach Strickland for more details.</i>
	Varsity	June 3-6	930-1230p	
	Team Camp (F/JV/V)	TBA	TBA	
	Weight Room (all)	June & July - M,W & TH	11-12pm	Strength, agility and conditioning - coach will be in touch about this.
	Skill Development (all)	Guided Shooting practice and skill work		Times vary based on the week. Coach will provide a schedule.

CROSS COUNTRY	BOYS & GIRLS	Doug Jager	723-6345	d_djager@yahoo.com
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FOOTBALL	BOYS	Don Fellows	916-7786	donf@fieldhousegroup.com
	Weight Room (all)	June M-TH	8:30-10:00a	Strength, agility and contditiioning
	Weight Room (all)	July T-TH	8:30-10:00a	Strength, agility and contditiioning
	7on7	June-July	Contact coach for the summer calendar if you don't have it!	

SOCCER	BOYS & GIRLS	Bruce Pobocik (Boys) Aric Dershem (Girls)	810-908-8879 616-308-4094	brpobocik@gmail.com coachdersh@gmail.com
	Soccer Camp	June 24-27	5:00-6:30pm	Gainey - both genders play at same time on different fields www.grcssummercamps.org
	Open Field Play	July 11, 18, 25	Girls 430-600p Boys 600-730p	www.grcssummercamps.org
	Weight Room	Contact Coach for details		Strength, agility and contditiioning

VOLLEYBALL	GIRLS	Tiffannie Gates	304-3009	tjgator7@gmail.com
	JV	July 15-18	4-7p	Calvin Team camp \$60
	Varsity	July 15-18	7-10p	Calvin Team camp \$60
	Varsity	July 19, 2019	ALL DAY	Cornerstone Team camp
	Boot Camp	July 8-11a	9:00a-11:30a	All incoming 9-12th grade players - \$60 www.grcssummercamps.org
	Weight Room	June M,W,TH : July T,W,TH	11a-12p	All incoming 9-12th grade players - no lifting July 2-6

The following sports programs do not typically host a GRCHS practice schedule in the summer. However, please contact coach for suggestions on camps to attend, leagues to join and other opportunities they would suggest for you to get involved with this summer in preparation for the 2019-20 seasons.

COMP CHEER	GIRLS	Jacque DeJonge	560-7461	idejonge@fhps.net
GOLF	BOYS	Ken Bokhoven	682-0551	bokhoven24@comcast.net
GOLF	GIRLS	Seth Davies	295-5053	sdavies@grcs.org
HOCKEY	BOYS	Shawn Zimmerman	583-2262	szimmy8@gmail.com
LACROSSE	BOYS	Jeff Boyd	437-5456	jboyd@heneveld.com
LACROSSE	GIRLS	Neal Young	516-7579	nandyoung@aol.com
SKIING	CO-ED	Jim Styf	862-4760	james.styf@att.net
SOFTBALL	GIRLS	Danae VanTimmeran	389-7144	dvantimmeren@grandriverprep.com

SWIMMING	BOYS	Jeremy Pyper	446-4757	grchswimcoach@gmail.com	
SWIMMING	GIRLS	Mitchell Schroder	802-0300	grcswimming@gmail.com	
TENNIS	BOYS & GIRLS	Tim Morey	822-2222	eaglescoachtim@gmail.com	www.grcssummercamps.org
TRACK AND FIELD	BOYS & GIRLS	Doug Jager	723-6345	d_djager@yahoo.com	
WRESTLING	BOYS	Greg Dykema	862-4890	greg@dykemaexcavators.com	