

# **Thirty Second** **ANNUAL**

## **NORTH COAST** **SKILLS CAMP**

**Quarterbacks, Running Backs, Receivers,  
Defensive Backs, Linebackers**

**Cuyahoga Heights High School**

**June 11 - June 12, 2018**

## **DATES**

June 11 & June 12, 2019 from 8:15 am to 2:30 pm.  
Open to football players entering grades 9 - 12.  
Grades based on the 2019-2020 school year.

## **PLACE**

All instruction will take place at **Cuyahoga Heights** High School,  
4820 East 71st Street, Cuyahoga Heights, Ohio 44125.

## **COST**

Cost for the camp will be \$30 per player.  
This includes camp T-shirt, and refreshments.

## **EQUIPMENT**

Each camper should come prepared to play touch football and  
**bring a light lunch.**

## **CAMP OBJECTIVES**

- To play in 7 on 7 competition with your team to prepare you for the upcoming season.
- To learn the fundamentals of being a quarterback, receiver, running back, defensive back, and linebacker.
- To be exposed to drills and thought processes which will help you in preparing for this season.
- To promote good sportsmanship through the speakers, presentations and during the competitions.
- Motivation, conditioning and mental discipline will also be stressed as the athletes get lots of repetition.
- The camp will end with individual awards.
- **Becoming a winner is the underlying theme.**

**REGISTRATION**

Name: \_\_\_\_\_

Grade: \_\_\_\_\_ for 2019 - 2020 school year

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Emergency Phone: \_\_\_\_\_

School: \_\_\_\_\_ Coach: \_\_\_\_\_

\*\*I hereby desire that my child, who is under 18 years of age, participate in the North Coast Skills Camp. By execution of this release, I acknowledge and agree that all the requirements, directions, supervision, and standards set by the directors of the camp shall be established for his benefit. I hereby voluntarily assume all risk of accident or injury to my child that may arise out of his participation in the camp, hereby intending to release **Cuyahoga Heights High School** and the personnel associated with this program from liability that may result in his participation.

Signature of Parent: \_\_\_\_\_

Signature of Athlete: \_\_\_\_\_

I am enclosing \$30. Make check or MO payable to **North Coast Skills Camp** and give to your coach with this registration form.

For more information contact Jory Huffman,  
6435 Ruth Dr. Seven Hills, OH 44131  
Cell: (330) 317-4211, School: (216) 429-5855.

## **DAILY SCHEDULE**

8:15	Arrive at CHHS	11:40	Guest speaker
8:30	Warm up, stretch	12:10	Warm up, stretch
8:50	Fundamental stations, drills, agility, ball handling, contest	12:30	Group - with your High School Team
9:05	Contest Final	1:00	Team - 7 on 7 versus other schools
9:15	Group - with your High School Team	1:35	Break
10:20	Break	1:40	Team - 7 on 7 versus other schools
10:25	Team - 7 on 7 versus other schools	2:15	Home
11:10	Break - light lunch		

## **TEAMS THAT HAVE PARTICIPATED**

- 2018 Cuyahoga Heights – Division VII Final Four  
Bay – Division III Playoff Qualifier  
Garfield Heights – Division II Regional Semifinalist  
Orange – Division IV Playoff Qualifier
- 2017 Cuyahoga Heights - Division VII State Runner-Up  
Bay - Division III Regional Finalist  
Orange – Division IV Playoff Qualifier
- 2016 Cuyahoga Heights - Division VI State Runner-Up
- 2015 Cuyahoga Heights - Division VI Regional Finalist
- 2014 Garfield Heights – Division II Playoff Qualifier
- 2013 Cuyahoga Heights - Division V Playoff Qualifier
- 2012 Cuyahoga Heights - Division V Playoff Qualifier, CVC Champs
- 2011 Cuyahoga Heights - Division V Playoff Qualifier, CVC Champs  
Olmsted Falls - Division II Playoff Qualifier
- 2010 Cuyahoga Heights - Division V Regional Semi-Finalist, CVC Champs  
Olmsted Falls - Division II Regional Finalist