

# Cuyahoga Heights Schools

Pool and Fitness Center - Hours for 2019-20

**OPENS:** October 7, 2019   **CLOSES:** March 20, 2020

## **Family and Lap Swim**

Family and lap swim will be offered Monday through Thursday evenings from 6:00 to 8:00 p.m. and Saturday's from 10:00 a.m. to 2:00 p.m. beginning October 7. An adult must accompany children in sixth grade or under.

For large group swims, please notify the pool office in advance to ensure appropriate lifeguard coverage.

### **BLACKOUT DATES**

11/29/2019, 12/20/2019 - 1/5/2020

## **Learn-to-Swim Program**

Learn-to-Swim classes will be offered to Levels 1 through 4. Fees for all Learn-to-Swim classes is \$25 per session for residents and \$35 per session for non-residents. Registration for all sessions is due by December 17, 2019 and the registration form can be found on the Athletics page of the Cuyahoga Heights Schools' website or at the end of this information. Classes with insufficient enrollment may be cancelled. Classes will be offered

Tuesday/Thursday evenings and Saturday mornings as follows:

### **Tuesday/Thursday evening Learn-to-Swim**

Session I: January 7 - January 30

Session II: February 3 - February 27

Level 1 & 2: 6:00 to 6:30 p.m.

Level 3 & 4: 6:30 to 7:00 p.m.

### **Saturday morning Learn-to-Swim**

Session I: January 11 - February 29

Level 1 & 2: 10:00 to 10:30 a.m.

Level 3 & 4: 10:30 to 11:00 a.m.

## **Pool Parties**

The pool is available for rental Friday evenings from 6:00 to 8:00 p.m. Cost is only \$250 for groups less than 50 people. Rentals may be set up by contacting the Athletic Office at (216) 429-5794. Pool parties are scheduled on a first-come-first-served basis. Dates available for the 2019-20 school year:

**11/8/2019, 11/15/2019, 11/22/2019, 12/6/2019, 12/13/2019, 1/10/2020, 1/17/2020, 1/24/2020, 1/31/2020, 2/7/2020, 2/21/2020, 2/28/2020, 3/6/2020, 3/13/2020 & 3/20/2020**

## **Notice**

At this time, Afternoon Swim and Lifeguarding Class will not be offered during the 2019-20 school year.

Any additions or additional notices to the pool schedule and programming can be found by going to the Athletic Department website under the "More" tab and then clicking CHS Pool and Fitness Center Information.

## **Fitness Center**

Our first-rate Fitness Center is equipped with treadmills, stationary bikes, cross-trainer, elliptical glider and Cybex weight equipment. The Fitness Center will be open to residents, families of tuition students, and staff only. Students must be in at least ninth grade to use the facility in the evening and during Saturday hours unless accompanied by a parent.

### **Fitness Center Hours**

Monday - Thursday 4:00 p.m. to 8:00 p.m.

Saturday 10:00 a.m. to 2:00 p.m.

## **Notice**

Fitness Center is closed to the public during the school day. Any additional Fitness Center closures can be found on the Building Hours List posted in the Fitness Center. Anyone misusing the facilities will forfeit the right to use the pool and/or the Fitness Center.

## **Track**

The track will be open to residents, families of tuition students, and staff only when the school or other facilities are open. Please only use the outside lanes of the track.

## **Registration**

**Resident:** On the first day of using the pool, Fitness Center or track, please register with the cashier. Proof of residency must be presented by either current valid driver's license or any utility stub with your name and address on it. (All residents must register their name, address, phone number and emergency phone number.) The use of the pool, Fitness Center and track is free to all residents, families of tuition students, and staff only, unless otherwise indicated for special programs.

**Non-Resident: Pool:** For all family/lap swimming in the evening or on Saturday, there will be a fee of \$7 per person per visit. **Fitness Center and Track:** These facilities are for the use of residents, families of tuition students, and staff only.

## **Entrance**

For pool and fitness center use, please enter through the double-doors at the rear of the building. The pool doors near the elementary parking lot are locked for security purposes. Please be prepared to show identification. Male and female locker rooms are available for changing.

## **Learn-to-Swim Registration Form**

Learn-to-Swim classes will be offered to Levels 1 through 4.

Fees for all Learn-to-Swim classes is \$25 per session for residents and \$35 per session for non-residents.

Registration for all sessions is due by December 17, 2019.

Classes with insufficient enrollment may be canceled.

Classes will be offered Tuesday/Thursday evenings and Saturday mornings as follows:

### **Tuesday/Thursday evening Learn-to-Swim**

Session I: January 7 - January 30

Session II: February 3 - February 27

Level 1 & 2: 6:00 to 6:30 p.m.

Level 3 & 4: 6:30 to 7:00 p.m.

### **Saturday morning Learn-to-Swim**

Session I: January 11 - February 29

Level 1 & 2: 10:00 to 10:30 a.m.

Level 3 & 4: 10:30 to 11:00 a.m.

**Children must be five years or older to register for swim lessons.**



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Student Name: \_\_\_\_\_

Parent Name: \_\_\_\_\_

Parent Home Address: \_\_\_\_\_

Parent Phone Number: \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Desired Level: \_\_\_\_\_

Please check one:  Tuesday/Thursday - Session I  Tuesday/Thursday - Session II

Saturday - Session I