

# EAST HIGH SWIMMING RECORDS

## WOMEN

### State Champions

1975, 1976, 1977, 1978, 1979, 2007, 2008

## MEN

### State Champions

1964, 1966, 1967, 1968, 1974, 2003, 2004

Time	Who	Year	Event	Time	Who	Year
1:51.16	Brockmeyer, Davis, Lau, Bull	2008	<b>200 Medley Relay</b>	1:39.91	Hardy, Bowles, N Philpot, Vick	2003
1:54.02	Meghan Rainier	2016	<b>200 Free</b>	1:43.77	Nick Philpot	2004
2:04.68	Sara Jayne Christiansen	2006	<b>200 IM</b>	1:55.11	Steven Hardy	2005
:24.12	Sara Jayne Christiansen	2006	<b>50 Free</b>	:20.86	Bill Neville	1977
:57.86	Sarah Bugden	2000	<b>100 Fly</b>	:52.01	Steven Hardy	2005
:52.32	Sarah Bugden	2000	<b>100 Free</b>	:46.57	Bill Neville	1977
5:07.81	Meghan Rainier	2016	<b>500 Free</b>	4:57.05	Steven Hardy	2005
1:40.30	Christiansen, Brockmeyer, Thatcher, Bull	2007	<b>200 Free Relay</b>	1:30.50	D Philpot, Thatcher, K Bowen, Mumford	2007
:57.13	Sara Jayne Christiansen	2005	<b>100 Back</b>	:50.29	Mike Thomson	2000
1:06.12	Sara Jayne Christiansen	2006	<b>100 Breast</b>	:58.87	Nathan Van Buren	2018
3:34.67	Lau, Fong, Bull, Christiansen	2007	<b>400 Free Relay</b>	3:14.50	Clark, Slighting, Masters, Neville	1976