

# **East High Girls Golf**

## ***Open Disclosure for 2019***



### **Eligibility:**

- Full Time Student
- GPA greater than 2.0, can't fail a subject. If at any time, a player is failing a subject, the coach can pull them from practices and tournaments.
- Must be registered on Registermyathlete.com and have a yearly physical submitted.

### **Varsity Team Selection Process:**

- There will be cuts to the Varsity team for the 2019 season. Depending on tryout results and turnout, there will be roughly 10 Varsity spots available.
- All Varsity team players must commit to the following team attendance expectations:
  - Must be able to attend 5 of 5 practices each week
  - If a practice is missed, a one hour make up practice needs to be made up within that same week. A missed practice worksheet needs to be filled out, signed and returned within 7 days. Players may make up one regular practice a week.
  - Players must do everything in their power to attend practice rounds at tournament locations. If they cannot attend with the team, they must try to play at least 9 holes at that course before the tournament date.
- Varsity players must also commit to all other team expectations. (see below)
- There are 6-8 varsity spots available at each tournament and junior varsity spots at some tournaments. Those Varsity players not chosen to participate at a tournament will be asked to play as a junior varsity player.
- The coaches choose which girls play at each tournament based on practice round scores, tournament scores and practice attendance. If chosen, you must commit to play in the tournament or you lose your spot in the next qualifying tournament. Please save the date of each tournament and plan on attending.
- Varsity players will be provided a team shirt, jacket and access to buy all other team gear.

### **Junior Varsity Team Selection Process**

- You don't need to know how to play to join the team. We teach you and can help you find the right equipment.
- Everyone is eligible to make the JV team as long as you commit to all team expectations. (see below)
- All JV team players must commit to the following team attendance expectations:
  - Must be able to attend 4 of 5 practices each week

- If a practice is missed, a one hour make up practice needs to be made up within that same week. A missed practice worksheet needs to be filled out, signed and returned within 7 days. Players may make up 2 regular practices a week.
- There are JV spots available at each tournament. Some of these spots may be filled by Varsity players but the rest will be filled by JV players.
- The coaches choose which girls play at each tournament based on practice round scores, tournament scores and practice attendance. If chosen, you must commit to play in the tournament or you lose your spot in the next qualifying tournament. Please save the date of each tournament and plan on attending.
- JV players will be provided a team shirt and access to buy other team gear.

#### **Practices:**

- Practices are held Monday through Friday at 3:15 pm starting February 26<sup>th</sup>. Practices will go through the first week in May.
- If you have a regular practice conflict, you must discuss these with coach Lauren well in advance and develop a practice make up plan.
- Practice locations vary depending on weather
  - Bonneville Golf Course (954 Conner Street)
  - Central Valley Golf in the Round (600 West 3300 South)- on rain and snow days
  - Top Golf (920 Jordan River Blvd)- on rain and snow days
- When we can, a 9-hole practice round is played at various courses around the region to prepare for tournaments. Both Varsity and JV players will be invited to attend these practice rounds. These practices will last approx. 3 hours. See practice calendar for details.

#### **Tournaments:**

- 8 players will be selected to play in (7)18 hole tournaments on the varsity team. We will have several opportunities to dual with other schools. The number of players playing in these duals will be determined by the hosting school. At most tournaments there will be an unlimited amount of JV tee times that our JV players can join.
- Players are expected to arrive at least 45 minutes prior to the team's first tee time and take the bus when applicable.
- Players must wear their team shirts to the tournaments and to school that day.
- Team members not chosen to play in selected tournaments are invited to attend after school and support the team.
- Each player selected to play in a tournament will fill out a goal card, the day before each tournament. It will include the following:
  - Your score goal
  - A positive affirmation
  - A swing or game goal
- Parents are welcome to walk along with their daughters at the tournaments. Please note, that you may encourage your daughter from a distance but you cannot give her any advice.

### **Grading Criteria:**

- Team members can earn one quarter (0.25) elective PE credit for the season.
- Grades will be decided by players' commitment to rules and required attendance. Including turning in the missed practice worksheets in a timely manner.
- All players will receive a passing grade if complete season in good standing.

### **Expectations: *Be Positive. Be Honest. Have fun.***

- *Positive Affirmations:* I will do my best to take the words "I can't" out of my vocabulary.
- *Integrity:* I will always be honest with my score cards.
- *Attendance:* I will be on time to practices and tournaments. If I have a regular conflict with practice attendance or an unexcused absence, I understand this may affect my eligibility to participate in tournaments and my final grade. (See more specifics on attendance expectations above.)
- *Communication:* If for some reason you are unable to attend a practice or tournament, please give Coach Lauren a 24 hour notice via phone call or text.
- *Daily Practice Notebooks:* I promise to write daily in my provided golf notebook, the things that I learned about myself, my swing, golf rules and my mental game.
- *Score Cards:* I will give Coach Lauren a copy of all my score cards from practices and any practice rounds I play on my own.
- *Grades:* School comes first. I will give my all at school and on the golf course.

### **Monetary Commitments:**

- School Participation fee: \$50 (Fee covers golf shirt, tournament fees, and some practice costs)
- Team fundraising efforts will cover other uniform and practice round costs. If fundraising efforts are not sufficient to cover practice costs, players will be responsible to cover their own practice balls and practice rounds.

### **Contact Information:**

Lauren Richards Wall  
Head Coach  
801-414-0190  
[Lr4golf@gmail.com](mailto:Lr4golf@gmail.com)

I understand the information in the 2019 East High Girls Golf Open Disclosure and commit to the stated expectations.

Player Name (**Please** Print) \_\_\_\_\_

Player signature \_\_\_\_\_ Date \_\_\_\_\_

Parent/Guardian signature \_\_\_\_\_ Date \_\_\_\_\_

- I will be joining the Varsity Team
- I will be joining the JV Team/Developmental Team