

RETURN TO PLAY - GENERAL GUIDELINES

The following guidelines govern social distancing and safety procedures for pupil activity programs that practice, train or compete during the summer of 2020. All of these activities must be performed in accordance with Ohio Department of Health (“ODH”) orders, OHSAA guidance, and the procedures described below. These procedures are intended to adhere to ODH and OHSAA requirements; if any of these procedures are in conflict with ODH orders or OHSAA guidance as they currently exist or as they may be modified in the future, those other sources will control.

- Fall HS athletic and band programs will begin workouts June 8
- HS Winter and Spring and JH programs will begin June 22
- No locker rooms
- Arrive dress ready to workout
- When workout is over leave grounds immediately
- Participants should not arrive more than 10 minutes early for their activity, and they should remain in their car until the previous group has left the same facilities.
- No gathering before or after workouts
- Parents and family members must stay in car
- Recommended that students who are riding together only come from the same household
- Participants should wash hands with soap and water or use hand sanitizer, if such resources are available, when entering the facilities.
- Masks are recommended for both students and staff, unless such individuals are actively engaged in aerobic activity.
- Workout in groups of 10 or less, or in groups of up to 9 participants plus a coach
- Maintain 6’ apart during workout and at all times
- Bring your own water, water will not be provided
- Bring your own towel, towels will not be provided
- No sharing equipment, ball, towels, water bottles
- Avoid any unnecessary touching. This includes no “high fives”, hand-shaking, and group huddles before, during or after an activity.
- No physical contact between students, students and coaches, or with AT (the AT will address medical emergencies - dislocation, broken leg, etc.)
- Weather emergency - students will be taken into the building for safety and then address social distancing, they will need to be picked up
- Due to inclement weather workouts cannot be moved inside
- Parents will be required to sign a waiver on a daily basis
- Ensure that all students and parents/guardians have completed google doc PRIOR TO working out. If not, the students will be sent home and not permitted to workout for that day. Google form must be completed the day of.

- Students should have their temperatures taken prior to coming to a practice, training session or other activity. If a student has symptoms consistent with illness, please stay home.
- Medical conditions
 - *if sick - will need a note from a physician prior to returning to workouts
 - *if a student or coach is exposed to someone with COVID-19, the individual will need to quarantine for 14 days
 - *if a student or coach contracts COVID-19, the situation will be evaluated by an appointed medical committee
- Parents, family members friends and alumni are not permitted to attend or participate in workouts
- All those who are participating in activities (coaches and students) must complete the google form prior to arriving on campus for activity.
- This continues to be a fluid situation. As the Governor, ODH and OHSAA change their guidelines, we will reevaluate our plan.