

CBCSD Football Covid-19 Protocols

Noncompliance with these guidelines may lead to removal from practice or competition or termination of season.

Positive Covid-19 Test or Exhibiting Symptoms of the Virus	
Guidelines	<ul style="list-style-type: none"> • <i>No one should attend or participate in any practice or game if they are showing symptoms of COVID-19. Symptoms include but are not limited to: fever, chills, shortness of breath, fatigue, muscle ache, congestion, nausea, or diarrhea.</i> • <i><u>Local Health Department Guidance (5/27/20)</u>- If a player or coach is determined to be a direct contact (within 6 feet for 15 minutes) of a person that tests positive for COVID-19 they will need to be quarantined for up to 14 days.</i> • <i>If we are notified a player from another team has tested positive for COVID-19 after competition, we will work with the opponent and our local health department to determine exposure</i>

General Fall Sports Guidelines	
Guidelines	<ul style="list-style-type: none"> • <i>All students are considered academically eligible to begin fall sports in the 2020-21 school year. Regardless of the Return to Learn plan implemented, all students must be enrolled in at least five courses to be eligible.</i> • <i>As per the amendment issued by Governor Reynolds on June 25, all physicals signed on or after July 1, 2019 are good through December of 2020. Schools should use the previous PPP form for the 2020-2021 school year. The revised PPE form has not been approved for distribution.</i> • <i>The overarching safety principal in all areas of athletic activities (meetings, practices, travel, instruction, drills, benches, spectators, locker rooms, training rooms, concessions, restrooms, etc.) is that individuals should maintain 6 feet of social distancing.</i> • <i>All students are required to have a School Activities Student Permission Form on file to participate in any extra-curricular activity.</i>
Locker Rooms	<ul style="list-style-type: none"> • <i>Locker rooms may be used and should be sanitized every day and after use by each and every group. Schools should coordinate with their maintenance departments regarding sanitizing.</i> • <i>All school-issued and personal clothing, equipment and other items should be taken home following practices and/or contests. Locker rooms should not be used as a storage area for clothing and/or equipment.</i> • <i>Players, coaches and others using locker rooms should maintain 6 feet of social distancing. This may require a rotating schedule for use of locker rooms to avoid congestion. A record of individuals in each rotation should be kept to facilitate contact-tracing if necessary.</i> • <i>Players, coaches and others using locker rooms are strongly encouraged to wear masks while in the locker room.</i> • <i>Visitor locker room should be identified and should be sanitized prior to the arrival of the team and after departure of the team.</i>

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Football Practice and Games

Guidelines

- *Only coaches and players are allowed at practices. Parents must remain in cars when dropping off or picking up athletes.*
- *Players are encouraged to use their own equipment as issued by the coach.*
- *Players will separate belongings 6ft apart.*
- *No shared food, water or beverage containers (players must bring their own water bottles).*
- *If a hydration station (e.g. cooler) is provided, individuals must sanitize their hands prior to using the hydration station. An alternative practice is to assign one person to fill water bottles and that person should wear a mask and protective gloves.*
- *Players need to self regulate social distancing when possible and at all times, including non-instructional/non-drills.*
- *Sanitizing: Hand sanitizing should be used as much as possible. The NFHS Sports Medicine Advisory Committee recommends using hand sanitizer when going to and from the field. Players are encouraged to provide their own hand sanitizer and/or sanitizing wipes.*
- *Masks are encouraged but not required to be worn by players, game officials, chain gangs, ball retrievers, statisticians, managers, athletic trainers and coaches. It is recommended that if worn, players and coaches wear a mask that is a solid color. There is no prohibition on the color of the mask.*
- *Plastic shields covering the entire face (unless clear and integrated into the face mask and attached to the helmet) shall not be allowed during the contest.*
- *It is recommended that players keep their tooth and mouth protector in their mouths at all times. Each time they touch their tooth and mouth protector, they should sanitize their hands.*
- *Unless made of unaltered plain cloth, gloves must have a permanent, exact replica of the NOCSAE glove seal or the SFIA glove seal. This seal must be visible and appear legibly on the exterior wrist opening of the glove. Non-athletic gloves, worn solely for the purpose of warmth, and made of unaltered plain cloth and which do not enhance the contact with the ball do not require a stamp indicating compliance.*
- *Players are encouraged to cover up as much of their bare skin as possible. Using long sleeved dry weave shirts and tights can cover bare skin.*
- *Spitting is to be prohibited.*
- *Water is to be consumed only. Players should not rinse their mouth, rinsing their mouth piece, or pour water on their faces or necks.*

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Training Room, Sanitizing Equipment & Facility

Guidelines

- *All individuals utilizing the training room should wear a face mask at all times.*
- *Host site athletic training room should not be available for visiting team pregame and postgame treatments.*
- *If a team travels without an athletic trainer, all pregame taping, bracing, etc., should be completed before departure to the game. Host site athletic trainer should be contacted prior to the trip to plan for any requested accommodations.*
- *All taping/exam tables should be disinfected before and after each use.*
- *All taping/exam tables should be distanced at least 6 feet apart.*
- *Cold and hot tubs should only be used by one individual at a time.*
- *Cold and hot tubs should be drained, cleaned and disinfected between individual use and at the beginning and end of every day.*

Transportation Guidelines

Guidelines

- *Parents have the option to transport their child to/from games, with proper communication with the coach.*
- *If a parent is not available the athlete must ride district provided transportation to out of town games.*
- *Passengers must sit in assigned seating to and from.*
- *No shared beverages or food*
- *Face masks will be required*

Competition (Spectators)

Guidelines

- *Schools should implement spectator protocols by following CDC and local department of health guidelines regarding size of gatherings and social distancing.*
 - *The district will enforce a capacity limit so that fans can social distance appropriately. Each player/participant will have a specific number of fans that will be allowed to purchase a ticket for each home varsity contest.*
- *Spectators should use six feet social distancing. Families may sit or stand together but should social distance from others. Frequent reminders will be made via public address.*
- *Face coverings are expected when social distancing measures can not be met.*
- *Failure to follow guidelines will result in removal from the event.*