

Conotton Valley Union Local School District



Student-Athlete Handbook 2018-2019

**CONOTTON VALLEY UNION LOCAL SCHOOL DISTRICT
STUDENT ATHLETE HANDBOOK**

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CONOTTON VALLEY UNION LOCAL SCHOOL DISTRICT ATHLETIC HANDBOOK

INTRODUCTION

To the Parent/Guardian:

This material is presented to you because your son or daughter has indicated a desire to participate in athletics and you have expressed your willingness to permit her/him to participate. The Conotton Valley Union Local School District believes that participation in athletics provides a wealth of opportunities and experiences which assist students in personal development.

A student who elects to participate in athletics is voluntarily making a choice to self-discipline and self-denial. These are two reasons the Conotton Valley Union Local School District places such stress on good training habits. Failure to comply with the rules of training and conduct could mean exclusion from the activity. This concept of self-discipline and self-denial is tempered by our responsibility to recognize the rights of the individual within the objectives of the team. There is no place in high school athletics for students who will not discipline their minds and bodies for rigorous competition.

It is the role of the Conotton Valley Union Local School District to make rules that govern the spirit of competition for these activities. These rules need a broad basis of community support, which is achieved only through communication to the parent. It is our hope to accomplish this objective through this publication for students and parents.

To the Participant:

Being a member of the Conotton Valley Union Local School District athletic team is a fulfillment of an early ambition for many students. The attainment of this goal carries with it certain traditions and responsibilities that must be maintained. A great tradition is not built overnight; it takes the hard work of many people over many years. As a member of an athletic program of the Conotton Valley Union Local School District, you have inherited wonderful tradition, which you are challenged to uphold.

It will not be easy to contribute to such a great tradition. When you represent the Conotton Valley Union Local School District, we assume that you not only understand our traditions, but also are willing to assume the responsibilities that go with them. However, the contributions you make should be a satisfying accomplishment to you and your family.

- **Responsibility to Yourself:** The most important of these responsibilities is to broaden and develop strength of character. You owe it to yourself to derive the greatest benefit from your high school experiences. Your academic studies and your participation in athletics prepare you for your life as an adult.
- **Responsibilities to Your School:** The Conotton Valley Union Local School District cannot maintain its position as having outstanding schools unless you do your best in the activity in which you engage. By participating to the maximum of your ability, you are contributing to the reputation of our school.
- **Responsibility/Commitment to the Community:** You assume a leadership role when you are participating in

athletics. The student body and citizens of the community know you. You are on stage with the spotlight on you. The student body, the community and other communities judge our schools by your conduct and attitude, both on and off the playing surface. Because of this leadership role, you can contribute significantly to school spirit and community pride. Make Conotton Valley proud of you and your community proud of your school, by your consistent demonstration of these ideals.

- **Responsibility to Others:** As an athletic participant, you also bear a heavy responsibility to your home. If you give your family, friends and community members something to be proud of, you will have measured up to the ideal. When you know in your heart that you have lived up to all of the training rules, when you have performed to the best of your ability every day and that you have performed at your highest level, you can maintain your self-respect and your family can be justly proud of you. The younger students in the Conotton Valley Union Local School District are watching you. They will copy you in many ways. Do not do anything to let them down. Set good examples for them.

In a situation where provisions of the athletic handbook contradict school board policy, the board policy shall prevail.

CONOTTON VALLEY UNION LOCAL SCHOOL DISTRICT POLICIES

I. DISTRICT VISION

To provide the students of Conotton Valley with the best education possible.

II. ATHLETIC PROGRAM MISSION STATEMENT

Athletics promote student commitment to an important activity, self-discipline, good citizenship, team membership, the search for personal excellence, self-worth, important decision making and a commitment to the principles of good health and fitness.

III. ATHLETIC PHILOSOPHY

Athletics are an important part of the total school program which works in conjunction with the other educational experiences to provide students the environment and opportunity to develop as better citizens. This opportunity is a privilege that carries with it responsibilities to the school, to the sport, to other students, to the community and to the athletes themselves. These experiences contribute to the development of learning skills and emotional patterns that enable the student to achieve maximum benefit from his or her education. While participation is to be encouraged, it should be regarded as a privilege to compete for the school and excessive praise and awards should be discouraged.

The Board recognizes the value of a comprehensive program of interscholastic athletics as an integral part of the total experience to all students of the district and to the community. Therefore, the Board of Education shall provide as comprehensive an athletic program as is financially and practically possible.

IV. ATHLETIC GOALS AND OBJECTIVES

- The student-athlete shall become a more effective citizen.
The student shall learn:
- To work with others – In a democratic society a person must develop self-discipline, respect for authority,

and the spirit of hard work and sacrifice. The activity and its objectives must be placed higher than personal desires.

- To be successful – Our society is very competitive. We do not always prevail, but we succeed when we continually strive to do so. You can learn to accept defeat only by striving to succeed with earnest dedication. Develop a desire to excel.

V. ATHLETIC PROGRAM BELIEFS

- CVULSD believes that students are our highest priority.
- CVULSD believes the dignity, and self-esteem of participants should be paramount in all activities.
- CVULSD believes the most important result of competition is the development of lifelong values and skills.
- CVULSD believes the athletic program is an integral part of the educational experience.
- CVULSD believes winning is an attitude resulting from optimum preparation, concentrated effort and a deep commitment to excel.
- CVULSD believes well-designed athletic programs promote community and school pride.
- CVULSD believes open communication and mutual respect among coaches, parents and athletes provide the foundation of a successful athletic program.
- CVULSD believes morale, satisfaction and performance are enhanced when participants work together as a team.
- CVULSD believes well qualified coaches and program administrators are important components in a successful athletic program.
- CVULSD believes positive parent support and involvement enhance student growth and program quality.

VI. ATHLETIC COUNCIL

The purpose of Athletic Council is to provide good communication and consistent implementation of athletic policies and procedures among Administration, Athletic Director, coaches, advisors, Booster Club, and representatives of the Board of Education. The council will be chaired by the Principal and assisted by the Athletic Director. Every head coach is to attend Athletic Council meetings, which will be held whenever necessary or bi-annually.

VII. CO-CURRICULAR ACTIVITIES

The Board believes that the goals and objectives of this district are best achieved by a diversity of learning experiences, some of which are more appropriately conducted outside of the school. All learning experiences offered by the schools of this district, curricular and co-curricular, should be planned and integrated toward the attainment of the district's objectives.

VIII. PARTICIPATION IN EXTRACURRICULAR PROGRAMS

The Board requires equal opportunity for every student of the district. In every way possible this policy must communicate that each student has equal access to every program of the school. It is understood that elections, tryouts, and auditions are necessary for an organization whose numbers of participants must be limited. It is also understood that criteria for selection must apply to all candidates.

IX. DIVISION OF SKILL- ATHLETICS

JUNIOR HIGH TEAMS

Jr. High teams are available for 7th and 8th graders. Gaining experience through training and play should be paramount, not the win/loss record. At this level of play, the focus is on learning athletic skills, game rules,

fundamentals of team play, social-emotional growth, physiologically appropriate demands on the adolescent body, healthy competition, sportsmanship and having fun. Although it is not mandated, a coach will do their best to give playing time to all participants.

JUNIOR VARSITY TEAMS

The roster will be made up of Freshman, Sophomores and Juniors. Seniors with limited playing experience may be permitted to play at the JV level at the discretion of the coach with approval of the Athletic Director. This level of competition has an increased emphasis upon team play, physical conditioning, and refinement of basic skills. Although being successful on the J.V. level is important, winning is not the sole objective. This is the level at which the athlete displays his/her readiness for the execution of skills at game speed. Athletic abilities, commitments, and positive attitudes will be rewarded and tested in competitive game situations.

An attempt will be made to allow as many participants as possible to play but not all will play equally. At the J.V. level, playing time will be based on the degree of effort, skill improvement, sportsmanship, and ability to compete and execution of skills at game speed demonstrated by the student athlete in practice and games.

VARSITY TEAMS

Varsity competition is the culmination of each sport program. Normally, Juniors, and Seniors make up the majority of the roster. Occasionally, a sophomore and infrequently, a freshman may be included on the team, provided that evidence of advanced levels of physical development, athletic skill, and appropriate social-emotional development are demonstrated.

The number of participants on any given team is a function of the number needed to conduct an effective and meaningful practice and to play the contest. It is vital that each team member have a role and be informed of its importance. The number of roster positions is relative to the student's acceptance of their individual roles in pursuit of the team's goals. While contest participation over the course of a season is desirable, a specified amount of playing time at the varsity level is never guaranteed. It is the coach's responsibility to make clear to the student athlete what his/her role is on the team.

A sound attitude and advanced level of skill are prerequisites for a position on a varsity team, as is the realization that a varsity sport requires a six-day-a-week commitment. This commitment is often extended into vacation periods for all sport seasons and the dedication and commitment needed to conduct a successful program should be taken seriously.

X. ACADEMIC ELIGIBILITY

- A. To be eligible for athletics, a student must be enrolled as a full-time student pursuing a minimum four-year program as outlined in the Conotton Valley High School Program of Studies or a full-time middle school student pursuing minimal standards for promotion.
- B. A student is ineligible to participate if any of the following categories apply:
 - He/She has failed two or more courses (high school, middle school)
 - He/She is not passing a minimum of five (5) credits
 - He/She in Jr. High School did not pass 70% of their classes from the previous grading period.
- C. A student **MAY** be ruled ineligible a week after midterms are released by the school district. When midterms are released, a student with one or more failing grades will be placed on academic probation. At this time the student will be given one week to have all failing grades brought up to a minimum "D" or 60%. If the

student fails to meet these requirements he/she will be required to practice, but unable to travel, or attend games on the bench with the team until he/she is reinstated by the athletic administrator. In order to be considered for reinstatement,, the student-athlete must pick up an eligibility form from the athletic administrator and have it filled out by his/her teachers. Upon completion of the eligibility form by his/her teachers, the student-athlete will be ruled eligible immediately. The students will remain on probation for the duration of the grading period and are subject for ineligibility if grades once again do not meet the criteria.

- D. A student who is homeschooled may participate in athletics in the school district that he/she holds permanent residence in. They must also present academic records to the athletic administrator and be partially enrolled in the school district in accordance with the CVULSD Board of Education.
- E. The academic eligibility requirements are applicable to all students in the athletic program in grades 7 through 12 in the Conotton Valley Local School District.

XI. SCHOOL ATTENDANCE

The attendance of students involved in athletics is mandatory. If a student is not present by 10:30 a.m., he/she will not be permitted to participate in the competition, practice, or activity that day. Also, any head coach/advisor has the right to enforce their own attendance policy for their team if it is approved by the Principal. An exception will be made if the student has an approved educational, medical, or legal appointment in which case the student must present documentation such as a dated receipt, appointment card, return to school form or fax indicating the date and time from the place of appointment. Any other absences are subject for administrative review to determine whether an exception will be made to allow or deny participation for that day. Additionally, any student athlete who fails to comply with attendance policies may be subject to disciplinary action by the school Principal. Such as excessive absences or tardiness the day after a contest.

EXTRACURRICULAR CODES OF CONDUCT

I. CONDUCT OF PARTICIPANTS

A firm and fair policy of enforcement is necessary to uphold the regulations and standards of the Conotton Valley Union Local School District. The community, school administrators, and the coaching staff feel strongly that high standards of conduct and citizenship are essential in maintaining a sound program of athletics. The welfare of the student is our major consideration and transcends any other consideration. Participants must realize that they are representing not only our school, but also our community and need to represent both parties with dignity.

All participants shall abide by a code of ethics which will earn them the honor and respect that participation and competition in the interscholastic program affords. Any conduct that results in dishonor to the participant, the team or the school will not be tolerated. Acts of unacceptable conduct, such as, but not limited to theft, vandalism, disrespect, immorality, drugs, alcohol, tobacco, or violations of law, tarnish the reputation of everyone associated with the program and will not be tolerated.

II. SPECTATOR COURTESY

In an effort to provide a safe playing environment for the teams, the coaches, and the spectators, the Conotton Valley Athletic Department and Board of Education has adopted a policy in regards to unsportsmanlike and/or unacceptable behavior for all who are in attendance at home/away contests. This policy applies to any function held on the premises of the Conotton Valley Union Local School District and applies to any unacceptable behavior that may be directed towards our team and its coaches, toward our guests and their coaches, and toward the officials who have been assigned to the contest. Anyone who is ejected for infractions of this policy will be

required to contact the High School Principal to discuss their behavior, and will serve a minimum penalty of the remainder of the day's contests AND the next two home games/events at the level that they were ejected.

III. RULES AND REGULATIONS

The CVULSD does not allow the use of tobacco, alcohol or any type of mood altering substances.

You cannot compromise athletic participation with substance abuses. The participant who experiments with such substances jeopardizes team morale, reputation and success and does physical harm to himself/herself.

The Conotton Valley community is concerned with the health habits of student-participants and is convinced that athletics and the use of these substances are not compatible.

A Student has to decide if he/she wants to be a participant. If you do wish to be a participant, you must make the commitment in order to be a competitor.

A big part of this commitment is following a simple set of training and practice rules, which the Conotton Valley Union Local School District believes to be fair.

Use of Tobacco – Research emphasizes that use of tobacco is physically harmful to young adults. The harm done by this is not only a health problem. The community follows the progress of young adults, and any deviation from accepted training rules marks one as unwilling to pay the price. If one participant breaks the rules, the whole group is branded.

No Alcoholic Beverages – There is no way to justify students using alcoholic beverages, even though social pressure may be hard to resist. The people who would like to draw the student into their drinking sessions will be the first to criticize the student if he/she does not come through in a competition/event.

Drugs – Simply stated, drug abuse is the consumption of any chemical substance or the smoking of some plant derivatives for the purpose of mood modification, and includes K2 and all other synthetic cannabinoid products. The use or misuse of drugs is a social problem. Students with a strong sense of purpose have no need for mood modifiers.

Nutritional Ergogenic Aids – A nutritional ergogenic aid is defined as any foodstuff or dietary procedure that either improves or is thought to improve physical performance. The use of suspected or advertised ergogenic aids, including but not limited to creatine or other nutritional supplements may be detrimental and the use of these products is strictly prohibited. Because of the serious and potentially fatal effects of anabolic androgenic steroids and their related compounds, the use of these products is strictly prohibited.

The use of legally prescribed medications and over the counter medications is permitted in accordance with the CVULSD policy.

IV. PENALTIES FOR VIOLATIONS OF TRAINING AND PRACTICE RULES

The following consequences are in addition to those outlined in the Conotton Valley Union Local School District Chart of Disciplinary Guidelines/Procedures.

| Disciplinary Infraction | First Occurrence | Second Occurrence | Third Occurrence | Fourth Occurrence |
|---|---|---|--|--|
| LEVEL 1 Violations Inappropriate behavior/gestures, disrespect, truancy, etc. | Consequences will be given out in accordance with district policy and team rules. | Consequences will be given out in accordance with the district policy, team rules, and a one game suspension. | Consequences will be given out in accordance with district policy, team rules, and a 20% suspension of scheduled contests. | Consequences will be given out in accordance with district policy, team rules, and a 50% suspension of scheduled contests. |
| LEVEL 2 Violations Tobacco, Alcohol, Drugs, Nutritional Ergogenic Aids, Bullying, Sexual Harassment, etc. | Suspension for a minimum of 20% of the scheduled contests, competitions, or events. | Suspension for a minimum of 50% of the scheduled contests, competitions, or events. | Suspended from participation in athletics for one full school year from the date of the occurrence. | Suspended from participation in athletics for the duration of their high school career. |

* A participant is considered to be in violation of the code of conduct if the violation is observed by a school employee, coach/advisor, school activity chaperone, member of any law enforcement agency, or the parents of the participant or through statement of admission by the student.

* All student-athletes will be disciplined in accordance with district policy. However, the principal will determine the magnitude of all infractions and will rule on which level of additional consequences the student-athlete will face.

*All suspensions will consist of the student-athlete being denied participation in all contests. Additionally, the participant must practice and travel with the team in order to be reinstated at the end of his/her suspension. .

*Student athletes may reduce the length of suspensions by self-reporting conduct infractions and completing community service hours (the amount of hours will be determined by the Principal).

*If a student athlete must forfeit future athletic participation due to a handbook violation, and previously played a sport, the forfeiture will not apply to a sport the student athlete is participating in for the first time, but will be assessed beginning with the start of the previously played sport.

*If the student athlete is a first time participant in athletics the forfeiture will occur within the first sport in which that student athlete participates.

* The athletic code of conduct begins for all student-athletes in the 7th grade. Upon completion of the 8th grade, any infractions a student-athlete may have on their record will not follow them into high school.

* All student athletes must successfully complete the entire season in the sport that forfeiture of participation

occurred. Unsuccessful completion of the sport will result in forfeiture of participation in the next sport played.

EXAMPLE – a student athlete participates in a winter sport, then commits a handbook infraction in the spring while not participating in a spring sport but goes out for a fall sport for the first time to avoid receiving the penalty during the winter sport.

V. INDIVIDUAL COACH RULES

Coaches may establish additional rules and regulations with the approval of a building administrator and/or the athletic administrator for their respective sports. These additional rules for a particular sport must be stipulated in writing to all team members and parents and explained fully at the start of the season. Penalties for violation of team rules will also be in writing and shall be administered by the coach. Copies of all additional team rules by coaches are on file in the athletic office and principal's office.

VI. CONOTTON VALLEY UNION LOCAL SCHOOL DISTRICT DISQUALIFICATION POLICY

The Conotton Valley Union Local School District requires that a disqualified participant, coach, and/or team personnel shall not be permitted to participate in the next two events at the same level.

BASIC ATHLETIC POLICIES

- I. Participation:** It shall be the philosophy of the Conotton Valley Union Local School District that participants shall enjoy as many athletic opportunities as the student athlete and their parents/guardians wish them to participate in without influence from any coach to specialize in one activity. All coaches should encourage participation in other activities.
- II. Physicals:** It is required by OHSAA that each athlete planning to play in any activity has a physical examination before beginning any practices. They may NOT participate until an Emergency Medical Form and Physical are on file with the athletic director. Starting in the Fall of 2014, the OHSAA has adopted a new electronic pre-participation format that can be accessed through the Rockets Athletics section of the district website. All documents must be completed with signatures and uploaded to individual accounts.
- III. Dropping or transferring sports:** On occasion, an athlete may find it necessary to drop a sport for a good reason. If this is the case, the following procedure must be followed:
 - a. Consult with immediate coach and then the head coach.
 - b. Report situation to the athletic administrator.
 - c. Check in all equipment/supplies from previous sport before being issued equipment for current sport.
- IV. Multiple Sport Participation:** Students are encouraged to participate on as many different sports teams as they can during their careers. However, for a student to participate on more than one team per season is extraordinarily difficult and, most often not in the best interest of the student or the teams. Exceptions require the approval of the Athletic Director with a recommendation from both Head Coaches involved. Both coaches will work collaboratively to share athletes, however, if a conflict should arise the athlete will make the decision on which sport to participate in with the approval of administrators. This policy applies to only OHSAA sanctioned sports. Under no circumstances shall an athlete be subject to any consequences for choosing one sport over another.
- V. Equipment:** School equipment/supplies checked out by the student-participant are his/her responsibility. He/she is expected to keep it clean and in good condition. Loss of any equipment/supplies is the

student-participant's financial obligation.

- a. Equipment/supplies issued are to be used only during scheduled activities or by permission from the Head Coach.
- b. Uniform tops and game jerseys may be worn on certain game days. Normally the wearing of school sports items will be reserved for special occasions.
- c. Any equipment/supplies purchased by the student are the property of the student and may be worn or used at his/her discretion. All equipment/supplies must meet OHSAA/NFHS standards.

- VI. Missing practice:** An athlete will consult his/her coach before missing practice.
- VII. Participation attire:** In addition to the individual coach's participation attire requirements, all student-participants must wear shirts adhere to the "Appropriate Dress Expectations" as outlined in the student handbook.
- VIII. Athletic Insurances:** Athletes are required to have proper insurance coverage before they participate in practice sessions. If the athlete is insured through the family policy, an Emergency Medical Form must be completed by the parents, returned and kept on file. If an athlete does not have full coverage an application will be given as prescribed by the district.
- IX. Injury:** If an injury should occur, it is the duties of all coaches to assist/aide an athlete at practice or at an event. Proper protocol will be followed including immediate notification to parents. Where serious injury is incurred, it is required that the athlete produce a written statement from the physician granting permission to resume participation. The OHSAA has adopted additional guidelines for all sports dealing with concussions that will be followed by the district.
- X. Travel:** All student athletes must travel to and from out-of-town competitions/events in transportation provided by the school district. However, if a parent/guardian completes a transportation release form and signs the coach's sign out sheet, a child may be permitted to go home with the parent/guardian.
- XI. Travel Guidelines:** All District bus riding guidelines are to be observed with the addition of the following:
1. Head Coaches will assume all responsibility for conduct and discipline on the bus.
 2. All students are to be at the point of departure on time.
 3. Students who miss the bus and travel to the competition/event late shall not be permitted to participate unless there were extenuating circumstances approved by the coach.
 4. No food or drink is allowed on the bus unless the driver has granted permission. Coaches are responsible for inspecting and ensuring that the bus is left in broom clean condition.
 5. All students are expected to dress appropriately and neatly on extracurricular trips.
 6. All participants are expected to conduct themselves in an appropriate manner at all times on away trips. Foul language or obscene gestures will not be tolerated. Gambling in any form will not be permitted.
 7. Only authorized persons may ride the bus. No spectators are permitted.
 8. Spikes or cleats are not to be worn on the bus.
 9. Personal listening devices are permissible at the discretion of the Head Coach.
 10. The emergency door shall be used only in the case of an emergency unless authorized by the driver.
 11. All students shall return home on the same vehicle in which they traveled to the competition/event. The only exception is if they have secured a travel release form and that has been approved by the coach.
- XII. Overnight Trips:** Motel/hotel stays are to be pre-arranged so families will know the location in case of emergency or in the event they wish to stay at the same facility. Arrangements will be made through the athletic office, and a check drawn for payment upon check-in.

For Coaches/Administrators Only:

When registering, introduce yourself to the management and ask them to report to the coaching staff any problems that occur with the athletes. Make certain individuals in the group understand what's expected of them and that they abide by those rules. Check all rooms prior to occupancy for damage, and just prior to check-out to be sure rooms are left in acceptable condition. Make one final check with management to see if there were any problems with your athletes. Express your appreciation to the management for their cooperation.

Direct supervision is extremely important when students are on overnight activities. Coaches must be visible and accessible to the athletes at all times.

XIII. Bullying, Hazing, Unlawful Harassment: The Conotton Valley Union Local School District has adopted protocols for handling Bullying, Hazing, and Unlawful Harassment. Please refer to the district policy for issues pertaining to these areas.

XIV. Vacation Policy: Vacations by extracurricular participants during the specified activity season are discouraged. In the event of an unavoidable absence due to a vacation, a participant must:

- a. Be accompanied by his/her parent/Guardian while on vacation.
- b. Contact the head coach/advisor prior to the vacation.
- c. Be willing to assume the consequences related to their status within the organization.

XV. Student-Participant Selection: In accordance with our philosophy of extracurricular activities and our desire to see as many students participate in school-sponsored programs as possible while in the Conotton Valley area, we encourage coaches/advisors to keep as many students as they can without unbalancing the integrity of their activity. Time, space, facilities, equipment, personal preferences and other factors will place limitations on the most effective group size for any particular activity.

XVI. Student-Participant Reduction Policies: Choosing the members of athletic teams is the sole responsibility of the coaches of those teams.

When a candidate cut becomes a necessity, the process will include three important elements.

Each candidate shall have:

- a. Competed in a minimum of three tryout sessions
- b. Performed in at least one competitive event (not necessarily a sanctioned event)
- c. Been personally informed of the cut by the coach including the reason for the action

Coaches will discuss alternative possibilities for participation in the sport, or other areas in the athletic program with the student.

XVII. Athlete Program Survey: All athletes will be required to complete the CVULSD Athlete Program Survey.

XVIII. Playoff Policy: All teams wishing to enter post-season playoffs will need to meet the criteria set forth by the OHSAA for each respective sport.

ATHLETIC SPONSORSHIP

I. BOY'S TEAMS

- | | | |
|--|---|--|
| <p>A. Boys' Varsity</p> <ol style="list-style-type: none">1. Baseball2. Basketball3. Cross Country4. Football5. Golf6. Track & Field | <p>B. Boy's Junior Varsity</p> <ol style="list-style-type: none">1. Basketball | <p>C. <u>Boy's Junior High</u></p> <ol style="list-style-type: none">1. Basketball2. Football3. Golf4. Track & Field |
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II. GIRL'S TEAMS

- | | | |
|---|--|--|
| <p>A. Girls' Varsity</p> <ol style="list-style-type: none">1. Basketball2. Cheerleading3. Cross Country4. Golf5. Softball6. Track & Field | <p>B. Girl's Junior Varsity</p> <ol style="list-style-type: none">1. Basketball2. Cheerleading3. Volleyball | <p>C. Girl's Junior High</p> <ol style="list-style-type: none">1. Basketball2. Cheerleading3. Track and Field4. Volleyball |
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PROGRAM CONFLICTS

I. ACADEMIC/ATHLETIC CONFLICTS

- A. Every effort will be made to schedule athletic events in a manner to avoid disturbances to the academic program. Release time for home and away events will be reasonable to limit the amount of class time missed.
- B. Students are responsible for academic material missed. It is the responsibility of the participant to see his/her teacher the day before the classes he/she will miss. All work shall be made up at the convenience of the teacher.

II. ATHLETIC/EXTRACURRICULAR CONFLICTS

- A. The athletic program recognizes student needs for a wide range of experiences in their education. It is virtually impossible for students to avoid conflict of obligation.
- B. Students need to recognize, however, that absences from practices will hinder their skill development and physical conditioning, as well as jeopardize team unity. Time missed from practice will influence a student's performance, and therefore, his/her position with the organization. The athletic program will do its part to schedule events to minimize conflicts.
- C. Where conflicts arise, the sponsors, advisors, and coaches must cooperate to devise a solution that will be in the best interest of the student. The student's decision as to which event or activity he/she will participate in should be based on the following:
 1. The related importance of each event
 2. The individual importance of each event to the student
 3. The contribution the student can make to each event
 4. The time at which the events were scheduled
 5. Discussion with the parent
 6. Discussion with the student

Students have a responsibility to do everything possible to avoid continuing conflicts. Positive efforts might include being cautious about joining too many activities where conflicts are unavoidable. It also means notifying the coach involved when a conflict arises.

ADMINISTRATION OF ATHLETIC ACTIVITIES

I. CONOTTON VALLEY UNION LOCAL SCHOOL DISTRICT BOARD OF EDUCATION

- A. Makes policies.
- B. Approves all programs.
- C. Approves appointment of all personnel.

II. ATHLETICS COUNCIL

- A. Voting members of the council consists of Administrators, Athletic Director, Varsity Head Coaches, Booster Club President, and representatives from the Board of Education.
- B. Mandatory Meetings will be held bi-annually

III. HIGH SCHOOL PRINCIPAL

- A. Serves as OHSAA and CVULSD recognized authority for local management and control.
- B. Determines the certification of student's' athletic eligibility.
- C. Delegates authority and responsibility to Athletic Director, Assistant Athletic Director and all Coaches.
- D. Reports to the Superintendent.

IV. ATHLETIC DIRECTOR

- A. Supervises all coaches.
- B. Evaluates all coaching performances.
- C. Acts as the liaison between community, Board, Superintendent, Principal, and coaches in all matters pertaining to the athletic program.
- D. Acts as the coordinator for all interscholastic activities.
- E. Schedules games, prepares contracts, and aids in the arranging of regular season and post-season games, meets or matches.
- F. Develops and presents the athletic budget for approval and communicates transfers of athletic monies.
- G. Supervises the purchasing of equipment and supplies.
- H. Completes all paperwork related to interscholastic activities including, but not limited to Requisitions, Bus Trip Forms contracts etc.
- I. Supervises home and away meets as designated by the Conotton Valley High School Principal
- J. Reports to the high school principal.

V. ASSISTANT ATHLETIC DIRECTOR

- A. Reports to Athletic Director and High School Principal.
- B. Works under the direction of the Athletic Director for daily tasks.
- C. Supervises home and away meets as designated by the Conotton Valley High School Principal.

SCHEDULING EVENTS

I. RESPONSIBILITY FOR SCHEDULING ATHLETIC EVENTS

The Athletic Director is responsible for scheduling all contests for each team within the sports program.

- Following OHSA Bylaws; within any seven-day period students must have one day off from any interscholastic sport activity.
- Practices, meetings, etc. are not permitted on the following days: Thanksgiving, Christmas, Good Friday and Easter. Practices held on any other holiday when school is closed are permitted under the following exceptions:
 1. When a varsity contest is scheduled the following day
 2. When a tournament or play-off contest falls on the following day
 3. These practices must be voluntary
 4. Approval from administration
- Sunday practices and meetings are permitted after 2pm when:
 1. A varsity competition is scheduled the following day
 2. Gym space is not available for practice time during the week
 3. Considered non-mandatory
 4. Approval from administration

II. SCHOOL CANCELLATION AND EARLY DISMISSAL

When school is cancelled due to weather the Athletic Director and Principal will consult with the Transportation Coordinator and participating schools to make a determination of whether the event is cancelled. With approval from administration, high school practices/meetings also may take place as long as they follow the guidelines that are given on that day. All Jr. High events, practices, or meetings shall be cancelled and rescheduled for a later date. When one or two day tournaments are scheduled the Superintendent, Director of Transportation, Principal and Athletic Director will be responsible for making the decision regarding participation based on current or forecasted situational conditions. All athletic programs must abide by this decision.

When school is dismissed early due to weather, there shall be no after school practices. The Athletic Director, Principal, Superintendent and Transportation Coordinator will consult with the participating schools to make a determination of whether the events for the evening are cancelled. When school has a delayed starting time this in itself should not interfere with athletic activities.

DENIAL OF PARTICIPATION IN ATHLETIC ACTIVITIES

General rules shall be developed that are consistent for all athletic organizations. In addition to these general rules, each coach may develop additional rules for his/her sport. These rules must be on file in Athletic Director's Office. Students and parents must be notified in writing of both general rules and the specific rules of the sport by the coach.

The coach in consultation with the Athletic Director and Principal are responsible to administer reasonable disciplinary action for violation of all specified rules including suspension from the sport for a temporary period or removal from the team altogether. Violation of athletic general rules may result in immediate suspension or removal from the team by the coach. In response to violations of general rules, the coach must follow the procedures outlined below.

Violation of the coach's specific rules may result in suspension from the sport only; before denying participation in the sport, the coach should communicate with the parents, discuss the situation with the student and

administer lesser forms of disciplinary action.

All violations of school and/or District policies are subject to administrative review and level of discipline is subject to administrative discretion.

ATHLETIC AWARDS

I. AWARDS

A. Varsity Award

- First award – A “CV” letter (first varsity letter award), a sport pin, and a certificate of participation.
- Subsequent Awards – A year pin and a certificate of participation.

B. Junior Varsity Award –

- First award - A “CV” Junior Varsity/Jr. High Letter, and a certificate of participation.
- Subsequent awards - A certificate of participation.

C. Junior High Award –

- First award - A certification of participation.
- Second award- A “CV” Junior Varsity/Jr. High Letter, and a certificate of participation.

II. VARSITY LETTER REQUIREMENTS

The Varsity “CV” Award shall be presented to students who have satisfied the participation requirements listed below, completes all team obligations, finishes the season in good standing and/or receives the recommendation of the Head Coach:

- A student who moves from one level of competition to another will letter at the level of the highest competition, provided the student has met the combined requirements.
- A Head Coach will have the prerogative to letter a senior who has not met the seasonal requirements for lettering.
- Injury rule: Any student who is a starter or plays regularly and was thereafter injured may be awarded a letter, if in the Head Coach’s judgment he/she would have met the lettering requirements.
- Complete the season in good standing with the school and Head Coach.

bAdditional Specific Sport Requirements:

1. Baseball/Softball

- a. Have at least one plate appearance for every game that is played during the season.
- b. Have an inning pitched for every game that is played during the season.
- c. Compete in 50% of the innings played.

2. Basketball

- a. Compete in fifty percent of the quarters played

3. Cheerleading

- a. Meet ninety-five percent of the contests and practices required

4. Football

- a. Participate in 21 quarters of the 40 quarters played, or
- b. Perform special team duties in 21 quarters of the 40 quarters played.

5. Golf

- a. Participate in 50% of the matches played

6. Track and Field

- a. Score 10 team points
- b. Qualify for District championship

7. Volleyball

- a. Participate in 50% of the matches played

III. JUNIOR VARSITY AND JUNIOR HIGH AWARDS

Junior varsity and junior high awards are given on the recommendation of the coach to all students who complete the season.

IV. SENIOR AWARDS

These awards are presented during the Spring Sports Banquet each school year. A senior must have lettered varsity and completed a sport during their senior year.

V. SPECIFIC SPORT AWARDS

Head Coaches have the prerogative to develop awards specific to their sport. Coaches will develop the criteria for these awards. Examples of these awards are: Most Improved, Academic Award, Most Outstanding, Hustle Award, etc.

ACKNOWLEDGEMENT OF RECEIPT
ATHLETIC CODE OF CONDUCT

PLEASE DETACH THIS PAGE AND RETURN TO YOUR COACH

I have read the Conotton Valley Union Local School District Athletic Code of Conduct including the rules, regulations and policies. I fully understand its meaning and consequences and support its enforcement by persons responsible.

Please sign and return to your coach. This needs to be done only once yearly. This form will be kept on file in the Athletic Director's Office. Thank you for your cooperation and support. You may not participate in athletic activities until this form is signed and returned to your coach.

(SIGNATURE OF PARTICIPANT)

(SIGNATURE OF PARENT/GUARDIAN)

(SIGNATURE OF COACH)

(SIGNATURE OF A BUILDING PRINCIPAL)

Received by the Athletic Department

(Date)

CONOTTON VALLEY UNION LOCAL SCHOOL DISTRICT
ATHLETIC TRAVEL RELEASE FORM

In consideration of the Conotton Valley Union Local School District granting permission for our child, _____, pursuant to our request for permission of the School
(Child's Name)

District to permit our son/daughter to ride home from any athletic contest during the 2016-2017 with the undersigned parents.

We the undersigned parents of said minor child do hereby agree for ourselves and our minor child to assume full responsibility for all risks to which our minor child may be placed while riding in our vehicle, or injuries or damages he/she may suffer, or injury or damages caused to a third person, and further we do hereby release and forever discharge the Conotton Valley Union Local School District, its directors, agents, officers and employees from any and all suits or claims or damages or expenses the School District may suffer, or that our minor child may make upon attaining majority.

IN WITNESS WHEREOF, the undersigned parents intending to be legally bound have executed this consent and release this _____ day of _____, 20____.

Signature of Parent

Signature of Parent

Print Name of Child

Home Address

Home Telephone Number