June 3, 2020

**Paulding County High Schools to Resume**

**Limited Extracurricular Activities on June 15**

Dear PCSD Parents & Guardians,

Following guidelines from Gov. Brian Kemp, the Centers for Disease Control and Prevention (CDC), and the Georgia High School Association (GHSA), some coach-led conditioning activities with student athletes will be allowed at PCSD high schools beginning June 15, 2020. These activities will be voluntary and will consist of weight training and conditioning only. No balls or sport-specific equipment will be allowed.

The guidelines allow for 20 student athletes per sport to be involved in conditioning activities in the same facility at the same time. We will follow the guidance and recommendations set by the CDC for group activities as well as for cleaning and disinfecting procedures. Each school principal, athletic director, and coach will receive a packet of information with clear guidance. This information also will be available on our district web site. The head coach will contact parents directly to share more specific information before student athletes arrive on campus.

Every student who participates in conditioning will be required to have their temperature checked and also will be asked COVID-19 exposure questions. If a student is not feeling well or has an above-normal temperature, parents are encouraged to keep the child at home.

Water fountains and locker rooms will be off-limits during this time, *so students will be required to bring their own water*. Students will not be allowed to participate in any training activities unless they have water in hand at the time of check-in each day. It is recommended that students bring one (1) gallon daily.

Please understand that as information and guidance about the COVID-19 coronavirus evolves and changes, our plans may need to evolve and change as well. We ask for your patience during this time as we work to follow procedures that are in many cases new to all of us.

The safety of our students, coaches, and community continues to be our highest priority. Thank you for your cooperation and support!

Jason Freeman

Paulding County School District Athletic Director