


ASEP.Com Info Sheet


5 year endorsement athletic courses

Orange County School District in partnership with Human Kinetics Coach Education is proud to offer the online courses **Coaching Principles, Sport First Aid, and advanced sport-specific courses** to certify coaches in your district and to earn the Florida Department of Education Athletic Coaching Endorsement. Coaches earn certification by successfully completing the required online courses and passing the course exams with a minimum score of 80 percent. Each course is equivalent to three (3) semester hours or 60 in-service points. Requirements for Florida Coaching Endorsement are nine (9) semester hours or 180 in-service points.

Visit: http://www.asep.com/asep_content/org/OCPS.cfm

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Orange County Public Schools (FL)

Welcome Orange County (Fla.) coaches and administrators!



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The sport-specific courses include accompanying print textbooks. Coaching Principles and Sport First Aid online courses also include accompanying textbooks, but with these courses, **you have the choice of receiving the textbooks as e-books or print texts.**

E-book course options
 In choosing which course format is best for you, consider that with the e-book version, you'll gain immediate access to the course, nothing will be shipped to you, and you will avoid shipping charges. The e-book is accessed through the online course using Adobe Digital Editions (which you can download free of charge). Click for technical requirements for accessing e-books and viewing online courses.

E-book courses à la carte
[Coaching Principles online course with e-book](#) \$60.00
Successful Coaching, Fourth Edition delivered as e-book

[Sport First Aid online course with e-book](#) \$40.00
Sport First Aid, Fifth Edition delivered as e-book

E-book course package
 Purchase Coaching Principles and Sport First Aid e-book online courses together and save. After adding each individual course to your shopping cart, **enter the promo code FLCP**, and you'll get them for the combined price

There are two ways in taking these endorsement courses. Please read each two option carefully

The sport-specific courses include accompanying print textbooks. Coaching Principles and Sport First Aid online courses also include accompanying textbooks, but with these courses, **you have the choice of receiving the textbooks as e-books or print texts.**

E-book course options

In choosing which course format is best for you, consider that with the e-book version, you'll gain immediate access to the course, nothing will be shipped to you, and you will avoid shipping charges. The e-book is accessed through the online course using Adobe Digital Editions (which you can download free of charge). Click for technical requirements for accessing e-books and viewing online courses.

E-book courses à la carte

[Coaching Principles online course with e-book](#) \$60.00
Successful Coaching, Fourth Edition delivered as e-book

[Sport First Aid online course with e-book](#) \$40.00
Sport First Aid, Fifth Edition delivered as e-book

E-book course package

Purchase Coaching Principles and Sport First Aid e-book online courses together and save. After adding each individual course to your shopping cart, **enter the promo code FLCP**, and you'll get them for the combined price of \$80.00. **That's a savings of \$20**, and you don't have to pay for shipping!

Print-book course options

The print-book version provides you with the tangible benefits of having a physical book at your fingertips. The textbook is an excellent reference and is a valuable addition to any coach's library. The drawbacks are that you have to wait for the book to be shipped to you—and you pay for that shipping. When purchasing a course à la carte, you get immediate access to your course*, but without the textbook in hand, you're missing a big piece of the learning experience. To get the most benefit from the course, we recommend you wait for the book to arrive before you dive into the course.

Print-book courses à la carte

[Coaching Principles online course with print book](#) \$70.00
Successful Coaching, Fourth Edition delivered as print textbook
(Tax and shipping charges apply; please allow 3 business days for shipping)

[Sport First Aid online course with print book](#) \$50.00
Sport First Aid, Fifth Edition delivered as print textbook
(Tax and shipping charges apply; please allow 3 business days for shipping)

Print-book course package

Purchase both print-book courses together as one package and **save \$20!**

* Please note that **when purchasing the print-book course package, you will not have immediate access to your courses.** You will need to wait for the course materials to be shipped to you. These materials include the print textbooks and key code letters. Key codes are required to "unlock" your online courses on the website.

Quickest way in getting these courses complete will be E-book option. If you choose Print-book it can take up to 5 days to receive the material by US Postal Service.

Once a selection has been made, the following will be the list of courses. Three courses required to take are:

Care and Prevention, Sports Specific and Coaching Theory

Human Kinetics Coach Education courses offered through Orange County Public Schools:

Coaching Baseball Technical and Tactical Skills (Sport Specific)

This course will help you learn how to teach the skills and strategies and techniques and tactics of baseball. You'll learn about approaches to coaching, including the games approach (an alternative to drills-based coaching), you'll develop a season plan and a series of practice plans; and you'll improve your ability to coach during games. This course is suitable for high school coaches and for serious club coaches, and college coaches.

Version or Format

Notes

[Online Course With Print Materials](#)

[Online course suitable for training and certifying high school baseball coaches or for offering as a college course. Advanced youth baseball coaches will also find the course valuable in taking their coaching to the next level.](#)

Coaching Basketball Technical and Tactical Skills (Sport Specific)

This course will help you learn how to teach the skills and strategies, and techniques and tactics of basketball. You'll learn about approaches to coaching, including the games approach (an alternative to drills-based coaching), you'll develop a season plan and a series of practice plans; and you'll improve your ability to coach during games. This course is suitable for high school coaches and for serious club coaches, college coaches, and advanced coaches at the youth level.

Version or Format

Notes

[Online Course With Print Materials](#)

[Online course suitable for training and certifying high school basketball coaches or for offering as a college course. Advanced youth basketball coaches will also find the course valuable in taking their coaching to the next level.](#)

Coaching Cheerleading Principles 2E (Sport Specific)

This course features content based on the *Coaching Cheerleading Successfully* text, plus content gleaned from the Coaching Principles and Sport First Aid courses.

Version or Format

Notes

[Online Course With Print Materials](#)

[This course can be purchased and taken online.](#)

Coaching Football Technical and Tactical Skills online course with e-book (Sport Specific)

The course is designed to help coaches learn how to teach the technical and tactical skills of football and is suitable for high school coaches, serious club coaches, undergraduate students, and advanced coaches at the youth level.

Version or Format

Notes

[Online Course](#)

[Online course suitable for training and certifying high school football coaches or for offering as a college course. Advanced youth football coaches will also find the course valuable in taking their coaching to the next level.](#)

Coaching Golf Principles with E-book (Sport Specific)

Coaching Golf Principles is an online course and test based on the e-book, *Coaching Golf Successfully*.

Version or Format

Notes

[Online Course](#)

[This course can be purchased and taken online.](#)

Coaching Principles (Coaching Theory)

This online self-paced course includes the printed text *Successful Coaching, Fourth Edition*. Geared toward high school and club-level coaches (those who coach athletes age 14 and older), the 20-unit online course challenges coaches to define their coaching philosophy, objectives, and style; enhance communication and motivational skills; become more effective teachers; and improve team, relationship, risk, and self-management skills. Coaching Principles covers the fundamentals of being a successful coach—on and off the field.

Version or Format

Notes

[Online Course With Print Materials](#)

[With your course registration, you'll receive a **hard copy** of the text *Successful Coaching, Fourth Edition*, a valuable reference guide for seasons to come.](#)

[Instructor-Led Classroom Course With Print Materials](#)

Coaching Principles with E-book (Coaching Theory)

This online self-paced course includes the e-book *Successful Coaching, Fourth Edition*. Geared toward high school and club-level coaches (those who coach athletes aged 14 and older), the 20-unit online course challenges coaches to define their coaching philosophy, objectives, and style; enhance communication and motivational skills; become more effective teachers; and improve team, relationship, risk, and self-management skills. Coaching Principles covers the fundamentals of being a successful coach—on and off the field.

Version or Format

Notes

[Online Course](#)

[With this version of Coaching Principles, you'll receive the *Successful Coaching, Fourth Edition*, textbook as an e-book that's accessible through the online course.](#)

[Instructor-Led Classroom Course With Print Materials](#)

Coaching Soccer Principles 2E (Sport Specific)

Coaching Soccer Principles is an online course based on the text, *Skills and Strategies for Coaching Soccer 2E*.

Version or Format

Notes

[Online Course With Print Materials](#)

[This course can be purchased and taken online.](#)

Coaching Softball Technical and Tactical Skills (Sport Specific)

This course will help you learn how to teach the skills and strategies, and techniques and tactics of softball. You'll learn about approaches to coaching, including the games approach (an alternative to drills-based coaching), you'll develop a season plan and a series of practice plans; and you'll improve your ability to coach during games. This course is suitable for high school coaches and for serious club coaches, college coaches, and advanced coaches at the youth level.

Version or Format

Notes

[Online Course With Print Materials](#)

[Online course suitable for training and certifying high school softball coaches or for offering as a college course. Advanced youth softball coaches will also find the course valuable in taking their coaching to the next level.](#)

Coaching Strength & Conditioning Principles (Weightlifting) (Sport Specific)

Coaching Strength and Conditioning Principles is an online course and test based on the text, *Bigger, Faster, Stronger*. The course satisfies the sport-specific component of ASEP's Bronze Level certification.

Version or Format

Notes

[Online Course With Print Materials](#)

[This course can be purchased and taken online.](#)

Coaching Swimming Principles (Sport Specific)

Coaching Swimming Principles is an open-book test based on the text, *Coaching Swimming Successfully*. The course satisfies the sport-specific component of ASEP's Bronze Level certification.

Version or Format

Notes

[Online Course With Print Materials](#)

[This course can be purchased and taken online.](#)

Coaching Tennis Technical and Tactical Skills with e-book (Sport Specific)

Human Kinetics Coach Education brings the hard court to your hard drive with Coaching Tennis Technical and Tactical Skills online course, geared toward tennis coaches of athletes 14 and older and those coaching higher-ability players ages 11 to 13.

Version or Format

Notes

[Online Course](#)

[This course can be purchased and taken online.](#)

Coaching Track & Field Principles (Sport Specific)

Coaching Track & Field Principles is based on the text, *Coaching Track & Field Successfully*, written by Mark Guthrie.

Version or Format

Notes

[Online Course With Print Materials](#)

[This course can be purchased and taken online.](#)

Coaching Volleyball Principles E-book (Sport Specific)

Coaching Volleyball Principles (e-book) is an online course and test based on the text, *The Volleyball Handbook*. The text, *The Volleyball Handbook*, is delivered in e-book format through Adobe Digital Editions. The course satisfies the sport-specific component of ASEP's Bronze Level certification.

Version or Format

Notes

[Online Course](#)

[This course can be purchased and taken online.](#)

Coaching Wrestling Principles (Sport Specific)

Coaching Wrestling Principles is an online course and test based on the text, *Coaching Wrestling Successfully*. The course satisfies the sport-specific component of ASEP's coaching education program. (This course does not satisfy USA Wrestling's Copper Level certification.)

Version or Format

Notes

[Online Course With Print Materials](#)

[This course can be purchased and taken online.](#)

Sport First Aid 5th Edition (Care Prevention)

Provides high school and club coaches with action steps for the care and prevention of more than 110 sport-related injuries and illnesses. With Sport First Aid, you will be prepared to make critical decisions and respond appropriately when faced with medical emergencies.

Version or Format

Notes

[Online Course With Print Materials](#)

[With your course registration, you'll receive a **hard copy** of the text *Sport First Aid, Fifth Edition*, a valuable reference guide for seasons to come.](#)

[Instructor-Led Classroom Course With Print Materials](#)

Sport First Aid 5th Edition with E-book (Care Prevention)

Provides high school and club coaches with action steps for the care and prevention of more than 110 sport-related injuries and illnesses. With Sport First Aid, you will be prepared to make critical decisions and respond appropriately when faced with medical emergencies.

Version or Format

Notes

[Online Course](#)

[This version of the online course includes the *Sport First Aid* textbook in **e-book format**. The e-book is accessible from within the online course.](#)

[Instructor-Led Classroom Course With Print Materials](#)