

Flag Football Records

Team

| Category | Record | Year |
|---------------------------------------|--------|------|
| Best Record | 7-3 | 2017 |
| Most Victories | 7 | 2017 |
| Best District Finish | 5-0 | 2008 |
| Best Metro Finish | 6-4 | 2008 |
| Most Interceptions in a single season | 13 | 2007 |
| Most TD's in a single season | 25 | 2008 |
| Most Sacks in a single season | 14 | 2008 |
| Most Rushing Yds. in a single season | 1403 | 2007 |
| Most Catches in a single season | 168 | 2009 |

Individual

| Category | Name | Record | Year |
|----------------------------|-----------------------------|--------|-----------|
| Completions – Game | Charlee Ford-Briana Jones | 4 | 2008 |
| Completions - Season | Charlee Ford | 24 | 2008 |
| Most Passes in a Season | Kiara Friday/Alexis McCarty | 12 | 2008 |
| Most Passes in a Career | Kiara Friday/Alexis McCarty | 12 | 2008 |
| Most Rushing Yds in Career | Amber Brunson | 225 | 2006-2007 |
| Most Rushing Yds in Year | Amber Brunson | 225 | 2007 |
| Most Catches in a Career | D' Aisha Gary | 33 | 2006-2007 |

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|-------------------------------|-------------------------------------|---|------|
| Most Sacks in Year | Shantel Robinson/Charlee Ford | 6 | 2008 |
| Most Sacks in a Career | Shantal Robinson/Charlee Ford | 6 | 2008 |
| Most Sacks in a Game | Shantel Robinson | 3 | 2008 |
| Most Sacks in a Game | Ashley Garrett | 3 | 2006 |
| Most Rushing Yds in a Game | Alexis McCarty | 9 | 2008 |
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