

CENTRAL HIGH SCHOOL ATHLETICS

SPORTS SEASON CALENDER

2019-20 SCHOOL YEAR

| <u>SPORT</u>             | <u>TRYOUTS BEGIN</u> | <u>COACH</u>                      |
|--------------------------|----------------------|-----------------------------------|
| FOOTBALL                 | JULY 29              | COACH WALDEN                      |
| BOYS/GIRLS GOLF          | AUG 12               | COACH ELLIS/COACH GRESSICK        |
| GIRLS VOLLEYBALL         | JULY 29              | COACH LARIVERE/COACH LARIVIERE    |
| BOYS/GIRLS SWIMMING      | AUG 12               | COACH B BROOKS/TBD                |
| BOYS/GIRLS CROSS COUNTRY | AUG 12               | COACH K BROOKS/COACH GREENWOOD    |
| =====                    |                      |                                   |
| GIRLS SOCCER             | OCT 21               | COACH KEN BRENING/COACH GREENWOOD |
| BOYS SOCCER              | OCT 21               | COACH K BROOKS/COACH CASON        |
| WRESTLING                | NOV 11               | COACH CLIMMAN                     |
| GIRLS BASKETBALL         | OCT 28               | COACH MILLER                      |
| BOYS BASKETBALL          | NOV 4                | COACH ZANDECKI                    |
| GIRLS WEIGHTLIFTING      | OCT 7                | COACH NESTOR                      |
| =====                    |                      |                                   |
| BOYS/GIRLS TENNIS        | JAN 20               | COACH B BROOKS/COACH GRESSICK     |
| SOFTBALL                 | JAN 20               | COACH MILLER                      |
| BASEBALL                 | JAN 27               | COACH SORRENTINO/COACH MERSCHBACH |
| BOYS/GIRLS TRACK & FIELD | JAN 20               | COACH K BROOKS/COACH GREENWOOD    |
| BOYS WEIGHTLIFTING       | JAN 13               | COACH KERN                        |

Most teams hold summer and off season workouts. For more information on specific dates, times and places, please contact the head coach of that specific sport. All dates are subject to change. All participants must have all FHSAA paperwork completed and submitted before you will be allowed to be a part of workouts of any kind.