

## ENTRY FORM

Participants Name: \_\_\_\_\_

School and Grade 2019-2020: \_\_\_\_\_

T-Shirt Size: \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City, State Zip Code: \_\_\_\_\_

Emergency Phone: \_\_\_\_\_

Email: \_\_\_\_\_

**EACH CAMP ATTENDED MUST BE REGISTERED FOR, AND PAID SEPERATELY.**

All camp forms (except baseball), if not paid or registered for on line, can be mailed to the attention of the coach of the sport you are interested in participating in. Forms may be returned to SMNW High School located at 12701 W. 67th St., Shawnee, KS 66216

Sport	Cost	Check Payable To
Baseball	Fundamental Camp • \$100 Hitting Camp(s) • \$55 Pitching/Catching • \$55	Registration on line at: 3and2baseball.com
Boys Basketball	High School • \$75 Youth • \$40	SMNW Cougar Basketball Booster Club
Girls Basketball	High School • \$75 Youth • \$40	SMNW Cougar Basketball Booster Club
Cross-Country	High School • FREE	
Football	High School • \$80 Youth Camp • FREE	SMNW Football Booster Club
Gymnastics	High School • \$10	SMNW Gymnastics
Soccer-Boys	\$65, Individual \$100, Family	SMNW Boys Soccer Booster Club
Soccer-Girls	\$75, Advanced \$85	visit onwravens.net/ soccer/camp-info/
Softball	High School • \$80 Youth Camp • \$60	SMNW Softball
Tennis (Boys & Girls)	\$75	Kiwanis Club
Volleyball	All-Skills Camp Grades 3-6 • \$60 Grades 7-8 • \$75 Grades 9-12 • \$80	SMNW Volleyball Booster Club

Signature of participant \_\_\_\_\_ Date \_\_\_\_\_

### QUESTIONS? CONTACT US

**BASEBALL • Domenic Mussat**  
domenicmussat@smsd.org

**BOYS BASKETBALL • Mike Rose**  
mikerose@smsd.org

**GIRLS BASKETBALL • Tyler Stewart**  
tylerstewart@smsd.org

**CROSS-COUNTRY • Justin Stigge**  
justinstigge@smsd.org

**FOOTBALL • Bo Black**  
boblack@smsd.org

**GYMNASTICS • Jessie Kiblen**  
jessierood@smsd.org

**BOYS SOCCER • Todd Boren**  
toddboren@smsd.org

**GIRLS SOCCER • Todd Boren**  
toddboren@smsd.org

**SOFTBALL • Susan Specht**  
smnwsoftball@gmail.com

**TENNIS • Morgan Moberg**  
morganmoberg@smsd.org

**VOLLEYBALL • Susan Specht**  
smnorthwestvolleyballcoach@gmail.com

**ATHLETIC DIRECTOR • Angelo Giacalone**  
angelogiacalone@smsd.org

**ATH. ADMIN. ASSISTANT • Cheryl Horseman**  
cherylhorseman@smsd.org

913-993-7400



**Shawnee Mission  
Northwest**

**2019 SUMMER**

**CAMPS**

# SUMMER CAMP INFORMATION

## BASEBALL

**Coach Domenic Mussat**

These camps are designed to help players take their game to the next level. Instruction will include the proper techniques of hitting, the proper fundamentals of infield and outfield play, and the fundamentals of pitching and catching. We are committed to providing the best possible instruction to each individual in all phases of the game. Campers will receive a T-shirt for their participation. Campers should wear hats, baseball pants and bring a pair of indoor athletic shoes. The camp will be held at baseball field behind SMNW high school.

### Cougar Fundamental Camp

June 10-13 • 9 a.m.-12 p.m. • Grades 6-8 • Cost \$100

### Cougar Hitting Session I

June 10-13 • 12:30-2p.m. • Grades 6-8 • Cost \$55

### Cougar Hitting Session II

June 17-20 • 9-10:30 a.m. • Grades 6-8 • Cost \$55

### Cougar Pitching & Catching

June 17-20 • 11 a.m.-12:30 p.m. • Grades 6-8 • Cost \$55

*Hitting session has a max of 20 participants. Both sessions are issued the same instruction. Sign up for the camp that suits you best.*

*Payments: All participants must register through the 3&2 website: [www.3and2baseball.com](http://www.3and2baseball.com) All checks are made payable to 3 and 2 Baseball Club.*

## BOYS BASKETBALL

**Coach Mike Rose**

The SMNW boys' high school basketball summer camp is to provide our potential players the chance work on the fundamentals of the game. Many of our drills will work on passing, shooting, ball-handling, and defending. In addition to the fundamentals, we will be working on establishing our offensive and defensive sets that are a foundation for our summer basketball and for our season.

**Youth Camp:** The camp is designed to introduce the kids to basketball at SMNW with a focus on the fundamentals of the game including, passing, ball-handling, shooting, rebounding, and defensive positioning.

**June 3-7** • 8-11 a.m. • Grades 9-12 • Main Gym

**June 3-7** • 12-2 p.m. • Grades 6-8 • Aux Gym

**Costs:** \$75 High School  
\$40 Youth

*Make checks payable to "SMNW Boys Basketball Booster Club"  
Checks cannot be made directly to a coach.*

## GIRLS BASKETBALL

**Coach Tyler Stewart**

Each camper needs indoor shoes with comfortable shorts and t-shirt. No previous basketball experience necessary. Grades 2-8: Basic basketball fundamentals will be stressed; with emphasis on shooting, ball handling, individual and team offense and defense. This camp will help improve the skills of the beginners and challenge the advanced players. Grades 9-12: The goal for this camp is to continue to become one of the elite programs in the State of Kansas. We will work hard to improve fundamental skills along with creating competitiveness through a highly structured atmosphere. Team basic concepts will be reviewed and repeated. It is our goal that every girl will leave with a sense of achievement and a motivation to continuously get better. The camp will be held at SMNW gymnasiums (HOME OF THE COUGARS!)

**May 28-31** • 9 a.m.-12 p.m. • Grades 9-12 • Main Gym

**June 3-6** • 12-1:30 p.m. • Grades 2-4 • Main Gym

**June 3-6** • 12-2 p.m. • Grades 5-8 • Main Gym

**Costs:** \$75 High School  
\$40 Youth

*Make checks payable to "SMNW Lady Cougar Basketball Booster Club."*

## CROSS COUNTRY

**Coach Justin Stigge**

The purpose of this summer running program is to teach flexibility, running technique and ultimately work on getting acclimated to heat and increase opportunity to be in shape. After the first two weeks, meeting locations and times will vary. For more information you can contact [justinstigge@smsd.org](mailto:justinstigge@smsd.org)

**June 4-Aug. 3** • 7:15-9 a.m. • Grades 9-12 • Element Fitness (79<sup>th</sup> & Quivira)

*Cost of this camp is free. Please still fill out a registration form if interested to get an idea of how many students will participate.*

## FOOTBALL

**Coach Bo Black**

Non-contact camp. Campers should wear tee-shirt, shorts and cleats (and bring tennis shoes in case of inclement weather). Campers will focus on the development of football fundamentals, techniques and skills. Offensive and defensive philosophies and schemes will be introduced. All campers will leave with a positive sense of what it takes to build a championship culture for SMNW football. Camp will be held at the turf facility, behind the school, on the campus of SMNW high school. Any questions please contact Coach Black at [boblack@smsd.org](mailto:boblack@smsd.org)

**May 28-June 1** • 8-9:45 a.m. and 10:30 a.m.-12 p.m. • Grades 9-12 (High School)

**June 1** • 12-2 p.m. • Grades 3-8 (Youth)

**Costs:** \$75 High School, Youth free

*Make checks payable to SMNW Football Booster Club.*

## GYMNASTICS

**Coach Jessie Kiblen**

Join Coach Kiblen for one week of skill development, expert coaching and fun. You will get to know SMNW Gymnastics Coach and program; exposing them to current JV and Varsity gymnasts along with prospective Cougar gymnasts. This week is intended to help prepare current athletes for competitive season, and help discover new athletes interested in joining our team.

**July 15-19** • 5:30-7:30 p.m. • Grades 9-12

**Costs:** \$10

*Make checks payable to SMNW Gymnastics. Checks cannot be made directly to a coach.*

## BOYS SOCCER

**Coach Todd Boren**

The camps are intended to develop and enhance the soccer skills necessary to be successful at the high school level. Also, players will develop tactical awareness and become familiar with the strategic principles of the formations employed by the coaches at Shawnee Mission Northwest. Camp will be held at Trailridge Middle School.

**June 17-21** • 7:30-10 a.m. • Grades 9-12

**Costs:** \$65 for one individual for the week. \$100 family plan (more than one individual in the family)

*Checks made payable to SMNW Boys Booster Club. Payment collected the first day of camp. Registration: Done when camper arrives at camp on first day.*

## GIRLS SOCCER

**Coach Todd Boren**

Our girls will have the opportunity to participate in the upcoming girls' high school soccer academy that is hosted by Olathe Northwest. The staff is dedicated to making each participant a better player by exposing them to a variety of drills and scrimmages to develop individual skills and tactics such as dribbling, passing, receiving, finishing, and game principles. Coaches from various successful Kansas City Metro schools will be teaching skills.

**June 17-20** • 6-8 p.m. • Grades 9-12

**Cost:** \$75 for advance registration; \$85 for walk up registration.

Registration: At The Olathe NW soccer website at <https://goo.gl/forms/bm5kVfBYAmTgvF783>

## SOFTBALL

**Coach Susan Specht**

The SMNW High School Softball camp is an opportunity to continue working on the skills and drills that will be used during the season. Emphasis will be placed on fine tuning position specific skills along with team defense, hitting philosophy and team building. This is also a great opportunity to try out new positions.

The SMNW Youth Cougar softball camp will provide players of all skill levels an opportunity to receive quality instruction in a fun softball environment. You will have the chance to work with the coaching staff and current SMNW softball players. Our goal is to provide personalized instruction emphasizing correct fundamentals along with motivating each player to improve her skills and knowledge of the game. Skill areas include hitting, bunting, fielding, throwing, base running, position play and team concepts.

**June 24-27**

3:30-5 p.m. • Grades 9-12 • \$80

5-6 p.m. • Grades 4-8 • \$60

*Checks should be made out to "SMNW Softball"*

## BOYS & GIRLS TENNIS

**Coach Morgan Moberg**

This camp is for all levels of players. Throughout drills and match play, campers will learn or refine footwork, racket preparation, strokes, rules, and etiquette of the game. Both singles and doubles work will be incorporated. The camp will be held on the SMNW tennis courts. Basic tennis apparel and a racket are needed.

**June 3-6** (rain date June 7th) • 8-10:30 a.m. • Grades: 7-12

**Costs:** \$75 payable to "Kiwanis Club"

## VOLLEYBALL

**Coach Susan Specht**

These SMNW volleyball program camps are dedicated for the development and improvement of all levels of volleyball players. The main focus of these camps will be technique and development of volleyball skills. Passing, setting, hitting, defense and blocking will be the main skills focused on during the week. Volleyball drills, games and competitions will be incorporated throughout the camps. Individual position skill camps will go further in depth on what was learned during all skills camp. Athletes will receive additional individualized training for the position camp they are attending. Athletes are welcome to attend more than one position camp on Friday. Campers will need to dress in shorts, T-shirt and tennis shoes. Camp to be held in the Auxiliary Gym.

**June 10-13**

Grades 3-5 • 5:30-6:30 p.m. • Cost: \$60

Grades 6-8 • 3:30-5:30 p.m. • Cost: \$75

Grades 9-12 • 1-3:30 p.m. • Cost: \$80

*Checks should be made out to "SMNW Volleyball Booster Club" If enrolling in more than one camp indicate on registration form, and payment may be made with one check.*

