

Volleyball Summer Workouts, Practices, Leagues and Team Camp Schedule 2020

****NOTE:** Summer Classes begin at 7:30AM and the girls will be dismissed between 7:15-7:20am to get ready for summer classes (YES, we do know about Wea Ridge being used as well. They will need to be picked up by 7:15am by Door 7. Academy Boiler Juniors will be hosting Monday night leagues for F/JV/V levels @ Jeff. Open gym is listed below as well. Team camp will be open invitation for all 3 levels and is commute only. Emails will be sent out about how to register online. Teams will be put together by McCutcheon coaches.

Parents/Fans: Academy will be charging for gate for Monday night leagues

Date	Day	Time	Event
1-Jun	Monday	5:00-6:30pm	ALL FRESHMEN, Returning Setters and Middles Training night ONLY
		6:30-7:00pm	ALL NEW ATHLETES PARENT MEETING -- goes over summer, tryouts, program focus/goal
4-Jun	Thursday	5:00-8:00pm	Open Gym Practice -- bring outdoor tennis shoes
8-Jun	Monday	6:00-7:30am	Conditioning/Weightroom training
		6:00-9:00pm	Academy Boiler Juniors Monday night Leagues @ Jeff
11-Jun	Thursday	6:00-7:30am	Conditioning/Weightroom training
		5:00-7:30pm	Open Gym Practice
15-Jun	Monday	6:00-7:30am	Conditioning/Weightroom training
		6:00-9:00pm	Academy Boiler Juniors Monday night Leagues @ Jeff
18-Jun	Thursday	6:00-7:30am	Conditioning/Weightroom training
		5:00-7:30pm	Open Gym Practice
22-Jun	Monday	6:00-7:30am	Conditioning/Weightroom training
		6:00-9:00pm	Academy Boiler Juniors Monday night Leagues @ Jeff
27-Jun	Thursday	6:00-7:30am	Conditioning/Weightroom training
		5:00-7:30pm	Open Gym Practice
DEAD WEEK ----- June 27-----July 5 ----- DEAD WEEK			
6-Jul	Monday	6:00-7:30am	Conditioning/Weightroom training
		6:00-9:00pm	Academy Boiler Juniors Monday night Leagues @ Jeff
9-Jul	Thursday	6:00-7:30am	Conditioning/Weightroom training
		3:00-5:30pm	Open Gym Practice (earlier due to our middle school camp this night)
13-Jul	Monday	6:00-7:30am	Conditioning/Weightroom training
		6:00-9:00pm	Academy Boiler Juniors Monday night Leagues @ Jeff

16-Jul	Thursday	6:00-7:30am	Conditioning/Weightroom training
		5:00-7:00pm	Open Gym Practice
FUNDRAISER: TRASH PICK UP @ FAIRGROUND JULY 18-25TH FOR EVERYONE SIGN UP SHEET WILL BE SENT OUT VIA GOOGLE SHEETS IN JUNE			
July 17-19	PURDUE TEAM CAMP ALL LEVELS -- OPEN INVITE NOT REQUIRED TO GO (COMMUTE ONLY)		
20-Jul	Monday	5:00-7:00pm	Alumni Night Match w/ Pizza
22-Jul	Wednesday	4:00-7:00pm TBD	Varsity Level Only Scrimmage @ Circle City -- girls will be notified if attending
23-Jul	Thursday	5:00-7:00pm	Last Open gym
Break Week - Enjoy your Summer & time with family July 26-August 2			
AUGUST 3 -- 1st day of TRYOUTS 10:00am -- arrive 30 min. early!			