

Freshmen Basketball Summer Workouts

- Welcome to McCutcheon High School, we are happy to have you and excited to welcome you into the McCutcheon Community. Summer workouts are crucial for the development of our student athletes. June is an important month for basketball. We will practice one day each week. The last week is moratorium week and we cannot practice. We will have open gyms in July on days when there are no fall sports going on.
- **FRESHMEN SCHEDULE**
 - We will have a two hour workout every Tuesday from 1:30-3:30 at Southwestern Middle School due to construction.
 - **Dates 6/7, 6/14, 6/21**
 - Depending on gym availability, plan to have open gym nights once a week.
- **FRESHMEN FOCUS**
 - My job as the freshmen coach is to prepare our young men for high school and become leaders in our school. Our goal is by the end of the freshmen season that they are ready to play JV/V to progress in our program.
 - We will focus on fundamentals, skillwork, and the basis of our defense and offense.
- Thank you for your participation and if you have any questions please contact Mr. Walker at rjwalker@tsc.k12.in.us