

McCutcheon Swim and Dive Team

Incoming Freshmen Information

Thank you for taking interest in swimming and diving with the McCutcheon High School Swim team! Below, you will find some helpful information for newcomers. Please don't hesitate to reach out if you have any questions. Co-Head Coach Christina Landrum cllapins@gmail.com Co-Head Coach-Andrew Chorpensing archorpenning@tsc.k12.in.us

Practice Schedule (Tentative)

Gold Group (Top-Level swimmers)

M-F 4:45-7PM @ HHS

AM's TBA (likely 3 weekday morning practices)

Sat: TBA

Red Group (Mid-Level Swimmers)

M-F 4:45-7PM @ HHS

Weekday AM's TBA (likely 2 weekday morning practices)

Sat TBA

**We do have practices over Fall, Thanksgiving, and Winter Breaks. Please try to avoid scheduling lengthy vacations during season. Attendance at practice will be taken into account when being considered for a Varsity letter.*

Girls First Practice 10/25/21

Boys First Practice 11/08/21

Current Requirements to make the team:

200yd. swim with no stopping

Demonstrate proficiency in 2 different strokes (Usually freestyle and backstroke)

Offseason Programs:

- FISH Aquatics-USA Swim Club offering frequent swim practices for every level
- McCutcheon Swim Club-Summer league (Running from April-June)
- Greater Lafayette Area Diving- USA Diving Club

Transformational Purpose Statement: *I lead and serve as a coach to instill and model the life-long values of empathy, integrity, and positivity in all student-athletes with whom I interact.*

