



DHS Cross Country Records



Girls' Records

Name	Distance	Time	Year
Alexis Whitehorn-Coriz	3.0	19:14.1	2019
Heather Delaplaine	3.1	19:00.1	2016

Boys' Records

Name	Distance	Time	Year
Tamrat Snyder	3.0	15:30.1	2019
Tamrat Snyder	3.1	15:54.0	2019