



# DHS Indoor Track Records



Girls			Event	Boys		
E. Zoller	7.34	2004	<b>55M</b>	E. Cason	6.54	2002
E. Zoller	8.35	2005	<b>55 Hurdles</b>	J. Snelson	8.14	1995
D. Woode	41.36	2016	<b>300M</b>	M. Vinson	36.30	2017
M. Kameka	1:15.82	2017	<b>500M</b>	W. Zahorodny	1:04.71	2008
M. Kameka	2:19.11	2019	<b>800M</b>	Tamrat Snyder	1:55.08	2020
A. Whitehorn-Coriz	5:17.23	2018	<b>1600M</b>	Tamrat Snyder	4:25.30	2020
H. Delaplaine	11:29.27	2016	<b>3200M</b>	R. Flynn	9:41.70	2005
M. Anderson	35' 07"	2019	<b>Shot Put</b>	J. Furr	48' 08.25"	2008
M. Del Borrello	10' 06"	2015	<b>Pole Vault</b>	P. Carroll	12' 06"	2013
C. Tressler E. Hanson K. Childs	5' 04"	2003 2005 1995	<b>High Jump</b>	J. Currica R. Mulsteff	6' 06"	2007 2008
B. Rhodes	17' 02"	2013	<b>Long Jump</b>	T. Ayo-Durojaiye	20' 07.5"	2018
D. Woode	37' 01.75"	2016	<b>Triple Jump</b>	S. Hanson	43' 04"	2002
S. Kameka - J. Ancalmo A. Whithorn-Coriz - M. Kameka	12:55.95	2016	<b>Distance Medley</b>	T. Arias - B. Con J. Con - D. Thomas	10:41.66	2010
J. Pitchford - C. Clayborne C. McMinn - L. Alston	1:47.52	2010	<b>800M Relay</b>	T. Ayo-Durojaiye - M. Vinson J. McNeil - M. Rice	1:33.75	2017
D. Woode - S. Kameka M. Del Borrello - M. Kameka	4:01.09	2016	<b>1600M Relay</b>	J. Ross - T. Arias J. Con - D. Thomas	3:27.04	2010
S. Kameka - J. Ancalmo A. Whithorn-Coriz - M. Kameka	9:37.16	2017	<b>3200M Relay</b>	T. Arias - B. Con J. Con - D. Thomas	8:03.12	2010