



Damascus High School
Individual State Champions
 “A Winning Tradition Unlike Any Other”

1957-58

Abraham	Track and Field	100yd. Dash
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1959-60

Johnson	Cross Country	
Abraham	Track and Field	100yd. Dash
Johnson	Track and Field	Mile Run
Kemp	Track and Field	High Jump
	Track and Field	880yd. Relay

1967-68

Fetro	Track and Field	Discus
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1971-72

Hawkins	Track and Field	High Jump
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1976-77

Athey	Track and Field	Pole Vault
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1978-79

Colleen Desmond	Cross Country	
Debbie Simon	Track and Field	Shot Put

1979-80

Valerie Pearce	Track and Field	100m High Hurdles
Valerie Pearce	Track and Field	300m Low Hurdles
Debbie Shaw	Track and Field	Discus
Debbie Shaw	Track and Field	Shot Put

1980-81

Debbie Shaw	Track and Field	Discus
Debbie Shaw	Track and Field	Shot Put

1983-84

Mike Athey	Track and Field	Discus
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1984-85

Buddy Irby	Track and Field	Discus
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1989-90

Mike Bromley	Wrestling	145 lbs.
Chip Hardwick	Track and Field	Long Jump

1990-91

Chip Hardwick	Indoor Track	55m Hurdles
Chip Hardwick	Track and Field	Long Jump

1992-93

Kendal Lloyd	Wrestling	112 lbs.
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1994-95

Tom Horwat	Wrestling	160 lbs.
Kacey Childs	Track and Field	Triple Jump

1995-96

Jonathon Smelson	Track and Field	300m Intermediate Hurdles
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1996-97

Kacey Childs	Indoor Track	High Jump
Brandon York	Wrestling	119 lbs.
Bobby Mann	Wrestling	145 lbs.
Randy Pickett	Wrestling	152 lbs.
Kacey Childs	Track and Field	High Jump

1997-98

Kacey Childs	Indoor Track	High Jump
James Stack	Indoor Track	High Jump
Brandon York	Wrestling	125 lbs.
Carlesha King	Track and Field	100m High Hurdles

1999-2000

Eric Sye	Track and Field	Triple Jump
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2000-01

TJ Salb	Wrestling	145 lbs.
Katie Poole	Track and Field	3200m Run
Arike Ogundipe	Track and Field	100m High Hurdles

2001-02

Katie Poole	Indoor Track	1600m Run
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2002-03

Cassie Tressler	Indoor Track	High Jump
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2003-04

Ricky Flynn	Cross Country	
Cassie Tressler	Indoor Track	High Jump
Greg Cohen	Wrestling	171 lbs.

2005-06

Emma Hanson	Indoor Track	High Jump
Eric Duvall	Wrestling	160 lbs.

2006-07

Brad Katzenberger	Wrestling	160 lbs.
Jacquelyn Adock	Track and Field	Discus

2007-08

Jamal Currica	Indoor Track	High Jump
Jamal Currica	Track and Field	High Jump

2008-09

William Zahorodny	Indoor Track	500m Run
Ryan Mullsteff	Indoor Track	High Jump
Thomas Arias		
William Zahorodny		
Jon Constantinides		
Ben Constantinides	Indoor Track	4x800 Relay
Josh Fredrick	Wrestling	215 lbs.
William Zahorodny	Track and Field	800m Run
Thomas Arias		
William Zahorodny		
Jon Constantinides		
Ben Constantinides	Track and Field	4x800 Relay

2009-10

Thomas Arias		
Devante Thomas		
Cecil Jonas		
Ben Constantinides	Indoor Track	4x800 Relay
Alex Arias		
Devante Thomas		
Jon Constantinides		
Ben Constantinides	Track and Field	4x800 Relay

2010-11

Cassandra Clayborne		
LaKayja Alston		
Chelsey McMinn		
Alexandra Carroll	Indoor Track	4x400 Relay
Cassandra Clayborne		
Emily McIlvried		
Courtney Mason		
Alexandra Carroll	Indoor Track	4x800 Relay
Thomas Arias		
Devante Thomas		
Jon Constantinides		
Ben Constantinides	Indoor Track	4x800 Relay
Zeke Gammill	Wrestling	160 lbs.

Cassandra Clayborne		
Emily McIlvried		
Courtney Mason		
Alexandra Carroll	Track and Field	4x800 Relay
Devante Thomas		
Cecil Jonas		
Denzel Woode		
Jon Constantinides	Track and Field	4x800 Relay

2011-12

Alex Carroll	Indoor Track	800m Run
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2013-14

Laura Janss	Indoor Track	High Jump
Hedda Boege	Swim and Dive	500 Freestyle
Mikey Macklin	Wrestling	106 lbs.

2014-15

Ryan O'Leary	Swim and Dive	200 Individual Medley
Ryan O'Leary	Swim and Dive	100 Breaststroke
Mikey Macklin	Wrestling	113 lbs.

2015-16

Ryan O'Leary	Swim and Dive	100 Breaststroke
Brady Whitmeyer		
Tim Bonvillain		
Tyler Maggio		
Ryan O'Leary	Swim and Dive	400 Freestyle Relay
Scott Obendorfer	Wrestling	120 lbs.
Mia DelBorrello	Track and Field	Pole Vault

2016-17

Denise Woode		
Samantha Kameka		
Mina Del Borrello		
Melissa Kameka	Indoor Track	4x400 Relay
Samantha Kameka		
Juliana Ancalmo		
Heather Delaplaine		
Melissa Kameka	Indoor Track	4x800 Relay
Madeline Kline	Swim and Dive	Diving
Ryan O'Leary	Swim and Dive	200 Individual Medley
Ryan O'Leary	Swim and Dive	100 Breaststroke
Denise Woode		
Samantha Kameka		
Mina Del Borrello		
Melissa Kameka	Track and Field	4x400 Relay

2017-18

Scott Obendorfer	Wrestling	132 lbs.
Ryan Lawrence	Wrestling	145 lbs.
Paul Evan Purkey	Wrestling	182 lbs.
Samantha Kameka		
Juliana Ancalmo		
Alexis Whitehorn-Coriz		
Heather Delaplaine	Track and Field	4x800 Relay

2018-19

Melissa Kameka	Indoor Track	800m Run
Carly Sebring	Swim and Dive	200 Individual Medley
Carly Sebring	Swim and Dive	100 Freestyle
Kaitlyn Hunter		
Veronica Ivanovskaya		
Riley O'Leary		
Carly Sebring	Swim and Dive	200 Freestyle Relay
Kaitlyn Hunter		
Megan Kane		
Sophia Witt		
Carly Sebring	Swim and Dive	400 Freestyle Relay
Cody Kim	Swim and Dive	200 Freestyle
Cody Kim	Swim and Dive	100 Freestyle

AJ Navaleza	Swim and Dive	100 Breaststroke
Timothy Furgeson	Wrestling	182 lbs.
Elijah Baisden	Wrestling	220 lbs.
Mallory Anderson	Track and Field	Shot Put

2019-20

Tamrat Snyder	Indoor Track	500m Run
Tamrat Snyder	Indoor Track	800m Run
Kaitlyn Hunter	Swim and Dive	100 Butterfly
Carly Sebring	Swim and Dive	50 Freestyle
Carly Sebring	Swim and Dive	100 Freestyle
Nic Santorelli	Swim and Dive	200 Freestyle
AJ Navaleza	Swim and Dive	100 Breaststroke
Michael Emerick	Wrestling	138 lbs.
Aiden Beall	Wrestling	182 lbs.
Timothy Furgeson	Wrestling	195 lbs.