



Damascus High School Regional Champions

“A Winning Tradition Unlike Any Other”

Baseball

1988
1998
2000
2002
2016

Girls' Basketball

1981
1992
2004
2013
2014

Boys' Cross Country

1992
2002
2003
2008
2009

Girls' Cross Country

1994
1995
2008
2009

Football

1981	1989
1992	1993
1996	2000
2003	2004
2005	2007
2010	2014
2015	2016
2017	2019

Golf

1994
2010

Boys' Indoor Track

1997
2008
2009
2010

Girls' Indoor Track

1997
2005
2009
2010
2011
2013

Boys' Lacrosse

2001
2018

Girls' Soccer

2003
2013

Softball

1982	1987
1991	1992
1993	1994
1998	2000
2005	2007
2008	2011
2013	

Boys' Track and Field

2008
2009

Girls' Track and Field

2005
2018

Volleyball

2006
2008
2013
2015
2016

Wrestling

1994	1995
1996	1998
1999	2006
2007	2013
2014	2015
2016	2017
2018	2019
2020	