



Rockford High School

ATHLETIC TRAINING

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Concussion Management

When a student athlete reports concussion symptoms, the Athletic Training Staff have them complete a concussion protocol for return to play. The return to play process takes 5 days of monitored activity, and begins after the student athlete is asymptomatic for 24 hours. After the student athlete has completed the 5 days a Dr., the student, and the parent/guardian must sign the MHSAA Concussion Return to Activity form and it be turned in to the Athletic Trainers. This form is MANDATORY for return to play. The concussion clearance form CAN NOT be signed the same day a student is held from activity for a concussion. Further information regarding Concussion Protocol and the Concussion Return to Activity form is found below:

<https://www.mhsaa.com/portals/0/documents/health%20safety/concussionreturnform.pdf>