



August 10, 2020

ROCKFORD MIDDLE SCHOOL 2020-2021 ATHLETIC UPDATE

Middle School Athletics FAQ

1. Will we still have athletics in Rockford even though we are remote for the first 3 weeks?

Yes. Using MHSAA guidelines and protocols, Rockford will continue with athletics. Please see the Fall Start of Season Information for details regarding your child's specific sport for practice start times, try-out information, and virtual parent meetings located on the middle school athletic webpages. MHSAA will release further information regarding the fall athletic season on August 20.

2. Can my child still participate in Rockford athletics if we choose Rockford Virtual?

Yes. While your child is enrolled in Rockford Virtual, you are enrolled in Rockford Public Schools and are eligible for participation in co-curricular activities.

3. Can you clarify the rules for my child's 2020-2021 physical?

Physicals completed and on file after April 15, 2019 are permitted, **including the completion of the required MHSAA Health Questionnaire**. Students who did **NOT** receive a physical during the 2019-2020 school year, must have a **valid physical on file completed after April 15, 2020** and turn it into the athletic office. These documents must be turned in prior to the first day of participation.

4. What are the protocols when my child arrives for practice?

Every student (or parent) must fill out the athletic screening form **daily prior** to attending practice. If a student has a cell phone, we prefer they fill out the form when they arrive at practice. If a parent is filling out the form, please complete the form directly before taking your child to practice. Upon arrival, all students must have a temperature check using our touchless thermometer. If their temperature is above 100.3 F, they must go home and are not permitted to attend practice. Any students experiencing COVID symptoms are not permitted to attend practice. **Masks are mandatory** upon arrival and departure at practice, as well as anytime they are unable to social distance during practice. Masks are not required during high aerobic activity. During this time, students will social distance from others as much as possible. Coaches have cleaning practices and protocols in place as well to ensure equipment and materials are sanitized on a regular basis.

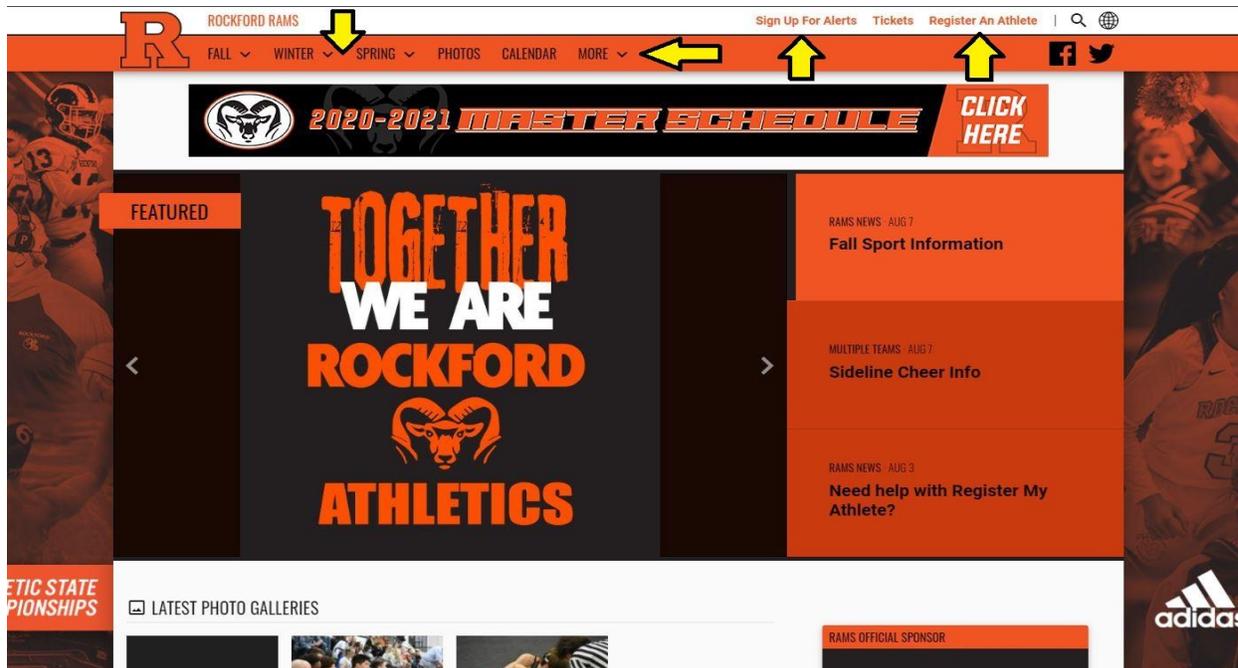
5. What are the mask requirements?

Masks are required upon arrival and departure at all practices, and must be worn by coaches throughout the entire duration of practice. A mask must have close contact with the mouth and nose. Face shield are not permitted as a substitution to masks. Face gaiters are another great option as athletes keep it around their neck preventing the addition of germs or misplacement of the mask.

6. Where can I find additional information regarding my child’s individual sport, the start of the season information, and other forms?

Information can currently be found on our middle school athletic website. We are in the process of transitioning to the RockfordRams.org website. We are excited to provide our community with one website for Rockford Athletics, to include our middle school teams as well. This website allows the community to:

- *view sport specific websites containing schedules and score updates delineated by season and team
- *the MORE tab provides forms, information, as well as the middle school athletic websites
- *sign up for alerts pertaining to specific sports for the middle school and high school level
- *register athletes for sports of interest for the entire year at once



7. What is the registration process for middle school athletics?

Middle school is in the process of transitioning to Register My Athlete. We will continue to send out information to our community for middle school sports for the fall using Family Access and posting information on our website. We will begin using Register My Athlete for middle school athletes during our Winter 1 season. Look for more information to come on this process.

8. When will schedules be posted on the middle school athletic websites?

Schedules are complete and ready to go, however will not be posted until confirmation by the MHSAA on August 20 of what our fall athletic season will look like. This will allow leagues to make any necessary adjustments and appreciate your patience.

9. When will I have to pay my Pay to Play fee and how does that work?

Fees will be added in Family Access upon confirmation from the MHSAA regarding fall athletic schedules.

****Thank you for your patience! Please check your email and our website for additional updates.****