

Griffith Swimming and Diving Rules

As a Student-Athlete at Griffith High School, you are expected to abide by the Griffith Public Schools Code of Expectations and Conduct including those contained in the current Student Handbook, the IHSAA as well as policies outlined by your head coach.

It is your responsibility to be aware of all policies outlined in the Student Handbook, etc. The High School reserves the right to confront behavior that is detrimental to the student, the community, and Griffith Public Schools.

Interscholastic athletics at Griffith High School is an important component of the educational system and High School experience. Participation in the athletics program is a privilege granted and not a right demanded. The Athletic Director has complete and discretionary authority to interpret and construe the Student Athlete Handbook.

Team Policies

1.1 Attendance

1. Athletes must be present at 80% of all practices AND may NOT have more than 5 unexcused practices. Absences will be excused when: a student is absent from school, in the case of a family grievance, injury, academic obligations, and other circumstances deemed acceptable by the coaching staff. **DETENTIONS AND WORK ARE NOT EXCUSABLE ABSENCES!** Additionally, 5 concurrent absences of any sort will result in the athlete being unable to complete in meets until 5 consecutive practices are made. This is a IHSAA rule.
2. Athletes are expected to be **READY TO PRACTICE** when practice starts at 3:00pm. This means suited up, cap and goggles and in the water.
3. If athletes report late, they must submit a note showing the time they were dismissed. They must report dressed no later than 15 minutes after the time indicated on the note.

4. Athletes MUST bring a note when leaving early or missing a practice. Having 3 or more unexcused practices will result in a one meet suspension. If this goes on after 5 you will be removed from the team. If unable to compete, you are still expected to attend all team functions, practices, and meets. Nobody shall leave a meet early for any reason, unless it is an emergency. We come as a team; we leave as a team.
5. School attendance is mandatory on meet days. The student must attend practice the day before the meet to be eligible to participate in the meet.
6. All absences must be communicated to the Head Coach.

1.2 Respect:

As members of Griffith High School, Student- Athletes are required to conduct themselves in a manner that is respectful of themselves, their coaching staff and their team. The Athletic Department expects that players and coaches conduct themselves with the utmost level of sportsmanship at all times.

Profanity, negativity and verbal degradation towards teammates, coaches, officials, spectators or opponents will not under any circumstance be tolerated. Disrespectful conduct will be reviewed by the Head Coach and the Athletic Director and may result in disciplinary action.

1.3 Academic Eligibility:

Athletes must be academically eligible as defined by Griffith High School and IHSAA, from the official start of the season until the end of the season. Eligibility is checked every week by the coaching staff. If you have more than 2 F's you will be suspended from a meet until the grades are brought up. Remember you are a STUDENT-athlete.

1.4 Alcohol Policy:

Underage drinking is against the law. Any Student-Athlete under the legal drinking age of 21

found in possession of alcohol or under the influence of alcohol may face disciplinary action in accordance with the policy outlined in the Griffith Public Schools handbook.

1.5 Hazing/Bullying:

Griffith Public Schools has a zero- tolerance policy for hazing/bullying. Preventing hazing/bullying on school grounds is the responsibility of all students. All instances of hazing/bullying should be immediately reported to the dean of students, teacher, coach and the Athletic Director and will be dealt with on a case-by-case basis.

1.6 Social Media:

Being a student-athlete at Griffith High School is a privilege, not a right. Student-Athletes at Griffith High School are held in high regard and are seen as role models and leaders at school and in the community. Student-Athletes have the responsibility to portray their team, school and themselves in a positive manner.

Social networks, including but not limited to Facebook, SnapChat, Twitter and Instagram, have grown in popularity and are used by a majority of Student-Athletes. While you are not forbidden from using social media, you must be aware that third parties including the media, faculty, staff, future colleges choices can easily access their profiles and view personal information. Inappropriate material found by third parties affects the perception of the Student-Athlete, the athletic department and Griffith High School. Student-Athlete's postings found to be inappropriate will be reviewed by the head coach and the athletic director. The Student-Athlete may face disciplinary action based on the Griffith Student handbook.

1.7 Uniforms & Equipment:

Student-Athletes are personally responsible for the care and return of all equipment and/or uniforms issued to them. If equipment and/or uniforms are not returned in good condition

(reasonable wear and tear are expected), the Student-Athlete will be financially responsible for the cost of replacement.

1.8 Team Travel:

All Griffith High School athletic travel to and from practice and competition sites will be via approved travel methods. Travel is provided by bus or activity bus. The Department of Athletics approves all forms of transportation.

All Student-Athletes are required to travel with the team. If a situation arises that the student-Athlete would have to travel separately with family once the competition is completed, the Student-Athlete must submit a completed Athletic Contest Travel Release Form to the Head Coach. These forms must be approved by the Athletic Director at least 24-hours in advance of the request.

1.9 Varsity Awards:

Refer to the Varsity Awards handout.

1.10 Complaints:

If the Student-Athlete or parent has a concern regarding the team, practices, competitions, please contact the Head Coach. If your concerns cannot be resolved, the Head Coach will contact the Athletic Director to set up a mutual convenient time for all parties to meet and address the concerns.

Please sign and return this portion only to any coaching staff member.

My child, _____, and I have read and discussed the rules. We understand the rules and the importance of maintaining all aspects of these rules through the 2018-19 Swimming and Diving Season.

Parent/Guardian's Signature: _____ Date: _____

Athlete's Signature: _____ Date: _____