



POST SEASON INDIVIDUAL AWARD WINNERS 2017-2018

Fall 2017

CROSS COUNTRY

Nick Karayianis, Soph.: All-Maryland by Pacers/NewBalance

VARSITY FIELD HOCKEY

Maryland All-State Team

Faith Kean, Sr.: 2nd Team

Alexandra Sperling, Jr.: Honorable Mention

Washington Post All Met Team

Faith Kean, Sr.: 2nd Team

Alexandra Sperling, Jr.: Honorable Mention

Montgomery County Coaches All-County Selections

Faith Kean, Sr.: 1st Team

Alexandra Sperling, Jr.: 1st Team

Martina Rabade, : 1st Team

Juliet Twomey, Sr. : 2nd Team

Regan Solomon, Jr. : 2nd Team

Montgomery County All-Division Team

Faith Kean, Sr.: 1st Team

Alexandra Sperling, Jr.: 1st Team

Martina Rabade, Sr : 1st Team

Regan Solomon, Jr: 1st Team



VARSITY FOOTBALL

Montgomery County Coaches All-County Selections-

Andrew Welch, Sr.: 2nd Team Tight End
Fio Tranquill, Sr.: 2nd Team Defensive Line
Lucas Bautista, Sr.: 2nd Team Kicker
Michael Janis, Jr.: Honorable Mention Quarterback
Isaac Lewis, Sr.: Honorable Mention Running Back
Patrick Richardson, Jr.: Honorable Mention Linebacker

GOLF

Lena Capoccia, Sr: 1st Team Yachmetz Division
Dylan Rotter, Sr.: 1st Team Yachmetz Division

BOYS SOCCER

Washington Post All-Met Team

Darius Siahpoosh Sr.: 1st Team Midfielder

Darius was the Washington Metropolitan area's leading goal scorer with 22 goals scored in only 13 games. He had 4 hat tricks during the season.

Maryland All-State Team

Darius Siahpoosh, Sr.: 1st Team Midfielder (*Unanimous Selection*)

United States All-South Region Team

Darius Siahpoosh, Sr.: 1st Team Midfielder

Montgomery County Coaches All-County Selections

Darius Siahpoosh, Sr.: Montgomery County Player of the Year

Montgomery Sentinel All-County Team

Darius Siahpoosh, Sr.: Montgomery Sentinel Player of the Year

Tamino Brown, Sr.: 1st Team Midfielder

Montgomery County Senior All-Star Game Selections

Darius Siahpoosh

Sam Spencer

Joel Assal



GIRLS VARSITY SOCCER

Maryland All-State Team

Molly Olcott, Sr.: 1st Team

Jane Olcott, Jr.: 2nd Team

Washington Post All Met Team

Molly Olcott, Sr.: 1st Team

Jane Olcott, Jr.: Honorable Mention

Team Awards

Defensive MVP: Molly Olcott

Offensive MVP: Jane Olcott

Rookie of the year

Eden Max

Most Improved

Katie Stanish

Bulldog Award

Eliza Asbury, Cammie Kia, Sabrina Nusraty, Emily Silver.

GIRLS VOLLEYBALL

Washington Post All-Met Team

Michelle Tai, Sr.: Honorable Mention Libero

Montgomery County All- County Selections

Michelle Tai, Sr.: 1st Team Libero

Nadia Hedayat, Sr.: 2nd Team Opp

Serena Xu, Soph.: 2nd Team Setter

Grace Xia, Sr.: Honorable Mention

Montgomery County Senior All Star Player Selections

Nadia Hedayat: Opp

Anna Mollard: MH

Michelle Tai: Libero



WINTER 2017 – 2018

GIRLS BASKETBALL

MCPS 4A South Selections:

Brittini Martin: 1st Team

Parker Hill: 2nd Team

SWIMMING & DIVE

Boys Swim & Dive

All-MCPS Selections:

Steven Mendley

Sanjay Wijesekera

Ian Mackey

Noah Rutberg

Quinn Westwood

Team Swimming MVP:

Steven Mendley

Diving MVP:

Quinn Westwood

Washington Post All-Mets Team:

Chris Tappis, Coach of the Year

Noah Rutberg: Honorable Mention

Steven Mendley: Honorable Mention

Girls Swim & Dive

Team Swimming MVP:

Malia Bush

Team Diving MVP

Danielle Menkart



WRESTLING

Washington Post All-Met Team:

Jack Connolly: 1st Team

Montgomery Sentinel Team:

Jack Connolly: 1st Team

Elijah Zack: 2nd Team

Andrew Welch: 2nd Team

Alec Velikanov: 2nd Team