

BULLDOG ATHLETICS



PARENT & STUDENT INFORMATION SHEET

Thank you for signing up for Fall Athletics in the Spring. I am very excited that our student athletes will be provided this opportunity to play a season many of us thought was lost. I know there are a lot of questions and the hope is that this document helps to provide answers to many of them. If it doesn't, feel free to reach out to me and I will happily answer what I can.

This season will be nothing like we are used to. Not only is it in the spring but it will feature many Covid-19 guidelines and safety precautions to keep us all safe that will change what we have viewed as normal. In this document you will see how we are dealing with these issues and this crazy season. At the end of the day, the hope is that our student athletes get to experience something that they have all been missing for the last year and that is time with friends and coaches, athletic instruction, and some fun competition.

So please take a look at everything in this document and if there are questions, please reach out to your coaching staff and if they can't provide the needed answer, please reach out to me. Thank you all for your patience and support through these trying times, hopefully we are headed towards recovery and a little bit of normalcy.

Go Bulldogs!

Jesse Smith

Athletic Specialist

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QR CODE & ATTENDANCE TRACKING SHEET

In order to be able to provide data for quick contact tracing, each school has been provided with a QR code and attendance tracking sheet.

The *MCPS Attendance Tracking Sheet* must be completed for all activities conducted as part of the MCPS interscholastic athletics program. Athletes, coaches, and other essential athletic administrators (i.e. athletic trainers, facility managers, etc.) **MUST** be listed on the school's attendance tracking sheet. Participants may check-in prior to arriving to the site each day; however, it is imperative that attendance is accurate, so verification will be confirmed upon arrival.

For convenience, attendance tracking may be completed using the below QR Code everyday.



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Upon scanning the QR Code with a smart phone, the user is taken to a Google Form that captures the attendance at the session.

Athletes should complete the QR Code check in daily before coming on campus.

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Churchill HS - COVID-19 Check-In

Please answer the following questions prior to meeting with your POD. You are not allowed to participate if you have any symptoms related to COVID-19 or have been in contact with someone who tested positive for COVID-19.

Reminder: please stay AT LEAST 6 feet (2 yards) apart to the extent possible when engaged in activities and at all other times.

* Required

Email address *

Your email

The coach or MCPS staff member supervising the activity is responsible for ensuring that each student completes the form either by scanning the QR Code or by checking in at the check-in table and verifying attendance with the supervising coach or MCPS staff member. The attendance for each session is reviewed by the athletics specialist (AD) at the local school. The data is stored centrally and at the local school for quick contact tracing.

	A	B	C	D	E	F	G	H	I
1	Timestamp	Last Name (as it is c	First Name (as seen	Date	Day of the Week	Do you have any of	In the past 2 weeks	Sport	What pod numk
2	2/23/2021 16:00:38	Haubenstricker	Gabrielle			No	No		
3	2/23/2021 16:28:20	Haubenstricker	Gabrielle			No	No		

Once the student completes the check-in process they will receive a Pod assignment and a ticket to proceed to their assigned Pod. There they will give the ticket to the coach, verifying that they have checked in. If a student shows up to their Pod without checking in, they will be sent home for the day. Bypassing the check-in process is a violation of all safety protocols.

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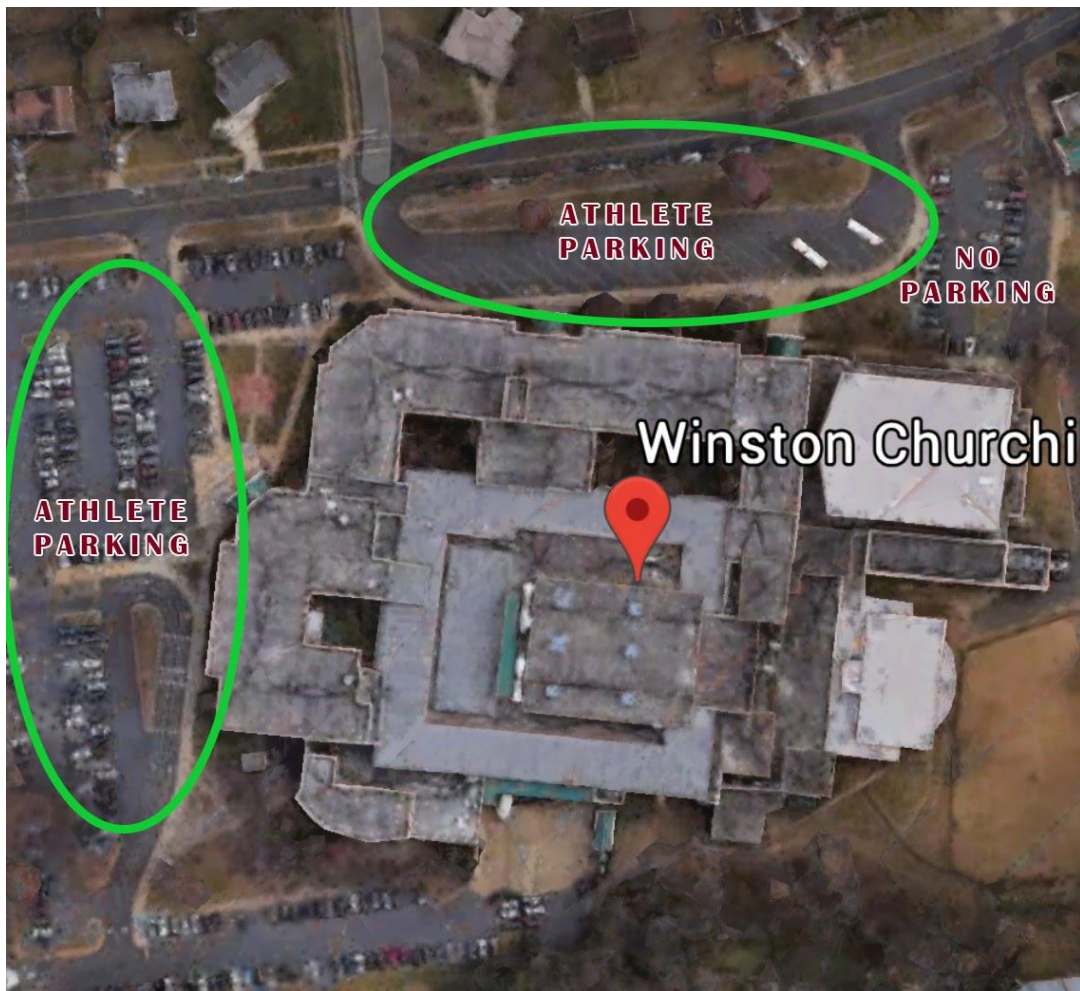


* Please note, our campus will be restricted to only student athletes and coaches. No outside groups or individuals will be allowed on campus. MCPS school security staff and the school SRO will be monitoring the campus to make sure that only our groups are on campus during the times of 3:00p – 6:30p Monday through Friday or during athletic contests.

PARKING & DROP OFF

Parking will be limited to the bus loop, main entrance parking and street parking. There will be no parking in the stadium parking lot.

Drop offs & pickups should occur in the bus loop. Parents cannot leave their car and enter campus while sessions are occurring. So please stay in your cars for drop offs and pickups of students.



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CHECK IN MAP

Three check in points will be made available each day for athletes. Students should complete check in prior to coming to practice that day. Check in through the QR Code will need to be completed daily.

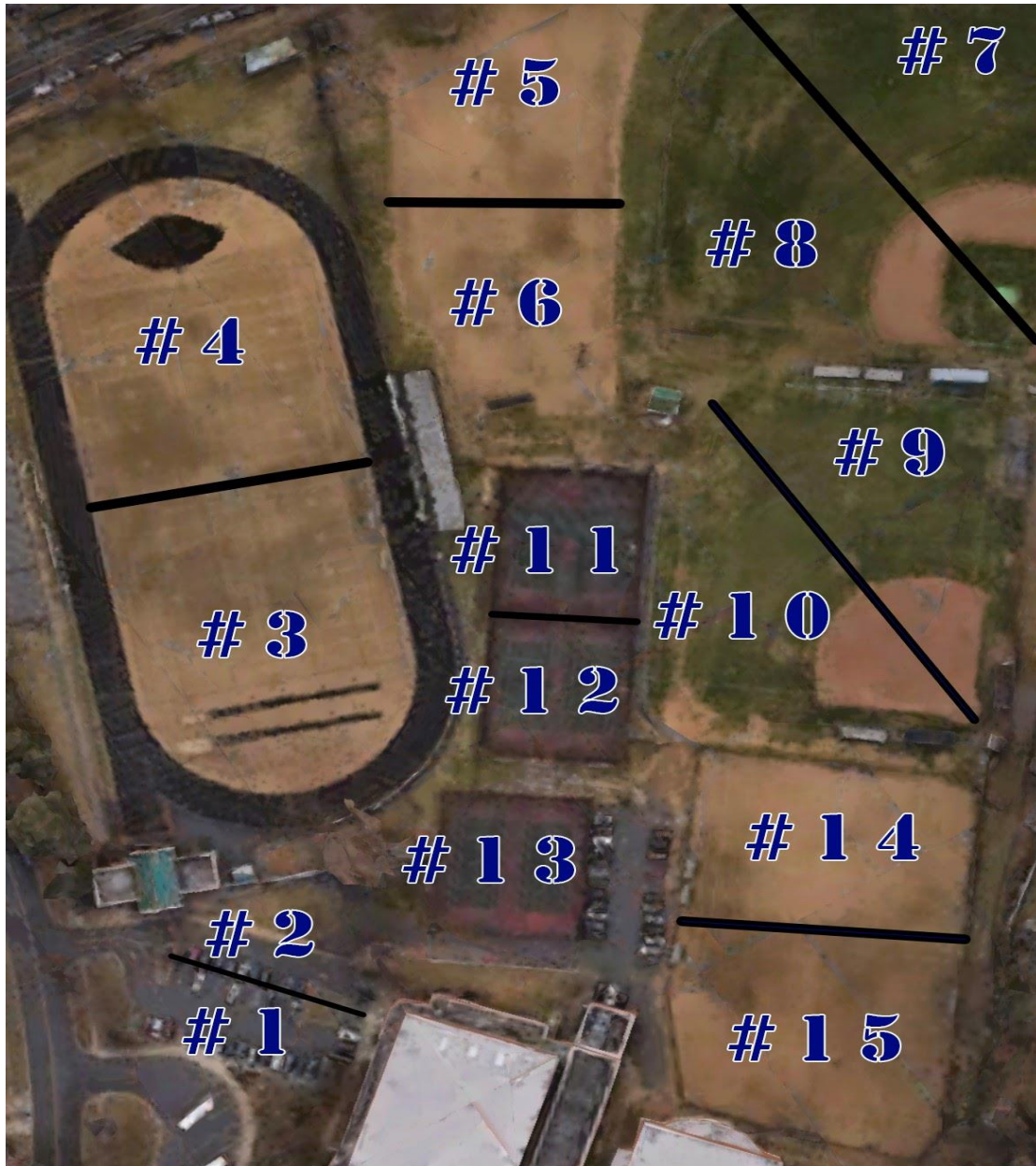


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POD MAP

Teams have been assigned to a Pod and players will be notified of their Pods by their coaching staff.



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PRACTICE GUIDELINES

1. Student Athletes and coaches will be required to follow all CDC guidelines at all times.
2. Student Athletes will wear masks at **ALL TIMES** including during competition. They are able to have masks breaks to get water as long as they practice safe distancing (*minimum of 6 feet between all participants*).
3. Failure to follow CDC guidelines and MCPS Guidelines will result in consequences up to removal from the team.
4. Students need to also bring the following items to practice each day.
 - a. Mask
 - b. Hand Sanitizer
 - c. Water Bottle - With Name On It
 - d. Towel
 - **Items cannot be shared between student athletes.**
5. Stadium Restrooms will be available to participants. Only 2 people are allowed in there at one time.
6. No handshakes, fist bumps, team huddles, spitting or eating sunflower seeds are permitted.
7. No Locker Rooms will be Available.

PRACTICE CONCLUSION

1. Students will vacate the area once practice is completed. Students may not hang around campus, they must leave.
2. Coaches will be required to sanitize all equipment used by students and place them in the proper storage areas.
3. Parents/guardians will remain in vehicles during pickup and drop off of student athletes.
4. Coaches **MUST** supervise student athletes at all times! Coaches cannot leave until all of their student athletes have left campus after practices and games.

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DATES TO KNOW (All dates are tentative and will be determined by MCPS & DHHS)

February 27th: First Day, only Conditioning activities.

March 1 - 6: Skill Based Drills can be used in practices.

March 3: Cuts can occur AFTER this practice date.

March 5: Football Equipment Issued

March 8: Potential increase in Pod sizes if Metrics allow and Volleyball Indoor Practices.

March 8 - 13: Small Group Skills used in practices.

March 15: Intrasquad Scrimmages can begin.

March 19: Contests begin for all sports except football.

March 26: Football Contests begin.

March 27 - April 5: Spring Break, No activities April 2 & April 5

Games:

- Football, Golf, & Cross Country (*Dual Meet Only*) will participate in **3 Contests**.
 - Field Hockey, Soccer, Volleyball will participate in **5 to 6 Contests**.
 - Cheer & Poms will have **1 Exhibition** and participate in **4 sideline** contests.
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- There will be no championships or postseason.
 - No regular season contests will be originally scheduled over spring break. However, if a contest is cancelled prior to spring break, it may be rescheduled over spring break.
 - Contests cancelled after spring break (*March 27 - April 5*) will not be rescheduled.
 - Spectators will not attend games at this time. Please know that you will not be allowed on campus in anyway during practices or competition.
 - Families will be able to watch games in real time on the NFHS Network.
 - <https://www.nfhsnetwork.com/schools/winston-churchill-high-school-potomac-md>
 - A fee of \$10.99 a month is required to view live events. After 72 hours following game completion, all games will be free.

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GAME TRANSPORTATION

- There will be no busses provided in order to avoid the risk of transmission.
- Teams will need to have carpools to go to away contests.
- Parents should complete the [MCPS Child Abuse & Neglect Training](#) if you have not already done so. This is good for three years and allows for the transportation of students.
- Please do not take students in your car if it is not cleared by that students' parents.

POSITIVE CASE OF COVID-19 RESPONSE

The procedures that govern the MCPS Athletics program, when responding to a positive test/case of COVID-19, align with the procedures outlined by MCPS and include guidance from the [CDC](#). The following steps will be implemented:

1. Immediately contact the [Montgomery County Department of Health and Human Services](#) (DHHS) and follow all MCPS operating procedures for responding to a positive case. The contact number at DHHS Disease Control is 240-777-1755. This number is answered during normal business hours and provides directions for after-hours emergency situations. Coordination and collaboration with DHHS Contact Tracing and Outbreak Investigators is imperative.
2. The student or staff member will be excluded from the activity and advised of the CDC guidelines for [isolation](#) from participation.
3. Parents/guardians are expected to notify the coach and athletics specialist (AD) immediately, per the pledge form completed during the registration process.
4. For students, the parent/guardian will be called immediately. Coaches are encouraged to stay in touch (via phone) with the student and parent/guardian throughout the duration of exclusion from the activity.
5. Coaches will notify the athletics specialist (AD) immediately. The AD will notify the principal and director of systemwide athletics. Principals will also notify their respective director in the Office of Teaching, Learning and Schools (OTLS).
6. Contact tracing will commence. All individuals who had direct contact with the infected individual will be excluded from the activity per MCPS and CDC procedures.
7. Parents/guardians of other students/participants, along with impacted coaches, will be notified in writing as soon as possible.
8. The participant is excluded from participation from the activity for a period of 14 days.
9. The activity group of the infected student or participant will be quarantined and shut down per MCPS and CDC procedures.

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10. Once competition begins, any teams that may have been exposed will also be quarantined and shut down until granted clearance by MCPS, through collaboration with DHHS.

11. The participant/team may return when all requirements have been satisfied, per MCPS procedures.

12. If a positive case is directly traced to participation and/or competition in a particular sport, that sport will be temporarily suspended systemwide, to allow for the COVID-19 Task Force to review and/or modify protocols, in consultation with DHHS and OEMHS. Upon approval from MCPS leadership, DHHS and OEMHS, the sport may continue operations.

13. A student who has tested positive for COVID-19 must complete and submit the *Return to Play Clearance Form: COVID-19 Infection Medical Clearance* prior to returning to completion.



MASK UP & BE SAFE

GO BULLDOGS!