



2020-2021

Dear Wildcat Families,

I would like to take this opportunity to introduce you to our athletic training services that are provided to the student athletes at Mayfield High School.

I will be serving as the athletic trainer at Mayfield High School. As a nationally certified and Ohio licensed athletic trainer, I am educated and skilled in the services of injury prevention, injury recognition and evaluation, and orthopaedic rehabilitation. I will be available to evaluate and treat injured athletes as well as provide injury prevention information. In addition to my services we are fortunate to have Dr. Kurt Spindler, Cleveland Clinic Orthopaedic Surgeon as team physician. Dr. Spindler treats athletes at his offices and he is also present at some Mayfield athletic events. It is also important to understand that not all injuries can be treated in the high school training room. If an injured athlete requires additional medical attention, Cleveland Clinic Sports Medicine can provide priority scheduling with one of our sports medicine physicians.

If you need to speak with me, I can be reached at the Mayfield Athletic Training Room Facility at (440) 995-6841 or [hfisher@mayfieldschools.org](mailto:hfisher@mayfieldschools.org)

I am looking forward to the upcoming school year and wish the best of luck and safety to our Wildcats in their sports seasons.

Sincerely,

Heather Fisher  
MT, AT, ATC  
Cleveland Clinic Sports Health Athletic Trainer