



Mayfield High School Swimming & Diving Regulations

General Protocols

All swimmers, spectators, coaches, and officials will enter through Door 18.

Mayfield swimmers, coaches, officials, and volunteers will be screened on arrival.

Visiting teams must complete symptom screenings and temperature checks before arriving at the pool.

Spectators must conduct a symptom assessment before entering the facility.

Due to seating limitations, only 54 spectators are permitted. Visiting spectators are not permitted. Spectators will enter the bleachers from the north entrance and exit through the south doorway and sit on bleachers marked with blue tape-only. Masks must be worn at all times.

All coaches, spectators, event staff, and athletes not actively participating in physical activity must wear a mask/face covering at all times.

Team members must have their own water bottles, masks, and towels. No equipment is to be shared

Do not shake hands or fist bump other officials, athletes, or coaches.

Meet Protocols

Mayfield swimmers/divers will use the benches on the north and west walls. The visiting team will use the bleachers and benches on the east wall. Mayfield swimmers will compete in lanes 4-6. The visiting team will compete in lanes 1-3.

Swimmers will approach the blocks from the diving boards and exit the pool toward the spectators.

2020 NFHS RULE MODIFICATIONS

Lap Counting (2-7-6, 3-4)

- Only one person per lane is permitted at the turning end. Lap counters must clean hands and wipe down devices.

Pre-Meet Conference

(3-3-6, 4-2-1d)

- One conference with coaches and one conference with captains will take place. The referee may use the PA system to allow participants to hear.

Referee and Starter (4-2, 4-3)

- Various rules require interactions between officials, coaches, and athletes. Alternative methods for communication can include the PA system, hand signals, or written communication.

Notification of Disqualification (4-2-2d, e)

- Notification shall occur from a distance via use of hand signals or the PA system

Timers (4-9)

- Timers must assemble at the finish line of each race, at the edge of the pool within the 6-8 feet confines of the lane which they are timing. Only one timer per lane is permitted.

Submission of Entries (5-2)

- All meet entries must be submitted electronically

Relay Takeoff Judges and Relays (8-3)

- All takeoff judging will be made from the sides of the pool. Space relay swimmers a part from one another

Diving Officials (9-6)

- Judges will be spaced 6 feet apart from each other and 6 feet from the scorer's table

Warm-up Areas

- 5 swimmers per lane will be permitted during warm-ups.
- No more than 6 swimmers permitted to warm-down in the diving well
- Time will be added for warmup following diving or the 50 Free so that both teams are not in the pool at the same time

Diving Warm-Up Areas

- No more than 6 divers may warm up at one time. During the competition, divers may not approach the board until their turn to compete. The hot tub is not permitted. The dive order will be posted in multiple places in the diving area

Post-Game Ceremony

- Post-game handshakes or fist bumps are suspended

Recommendations for Officials:

- Bring personal hand sanitizer. Wash hands frequently.
- Do not share equipment.
- Follow social distancing guidelines. Consider six feet minimum distance when talking to others (players, coaches, other officials).
- Electronic whistles are permitted if an official prefers to use one. Electronic whistles are not

required.

- Do not shake hands including in the pre-game and post-game ceremony.
- Cloth face coverings/masks must be worn at all times with the exception of active officiating, and warm-up.