



COVID-19 Protocols and Procedures – Athletic Department

Over time this document will change – please check <http://www.heritagehawksathletics.com> frequently for updates. Fall athletics will not be risk-free, but by following the guidance in this document we all can help mitigate those risks. We also ask that you consider your interactions outside of sports during this season in order to limit the potential for exposure in other portions of your daily routine.

Protocols for Positive Cases

1. We will contact health department and follow guidance.
2. Close contacts MAY have to quarantine for 14 days – We follow health department guidance. “Close contact” is defined as anyone who was less than six feet apart for more than 15 minutes, at any point from two days before symptoms until the time the individual is isolated.
3. Notify all schools, families and officials involved without identifying the person involved.
4. Student, coaches, officials and others at the event but NOT in close contact should be closely monitored for symptoms and may not need testing. Follow health department guidance.
5. Clean the area.

Face Coverings: Athletes while participating on the field/court are not required to wear face coverings but are permitted to do so. Bench personnel are required to wear face coverings at all times – this includes athletes not currently in the game, coaches, managers, trainers, statisticians, media and anyone else on the sideline. It is recommended that game officials wear face coverings, but it is not required when carrying out their duties. Contest management, school administrators, media and all staff are required to wear face coverings. Spectators are also required to wear face coverings.

Regular Season Tournaments, Invitationals, and Multi-Team Competitions: The following limitations are in place for regular season fall tournaments and invitationals, both home and away. Regular season dual/head-to-head matchups, between multiple levels of two different schools, are not affected.

- Cross Country – maximum of 70 runners are allowed in a race
- Golf – maximum of 72 competitors at an 18-hole site
- Football – two teams at a site
- Soccer – four teams at a site
- Swimming & Diving – four teams at a site
- Tennis – four teams at a site
- Volleyball – four teams at a site

When determining the number of teams present at a tournament, we count the school’s varsity team as one team, and its JV team as a second team. The goal is to achieve physical distancing at all possible times; teams not in competition should be provided adequate space, and spectator limitations must be followed. Consider staggered contest and team arrival times to maintain physical distancing.

Scrimmages: There are no scrimmages allowed for any sports this fall.

Office: (989)797-1809

Fax: (989)797-1821

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3465 N. Center Rd.

Saginaw, MI 48603





Spectation Limitations: Spectators will be limited. The number of spectators and individuals allowed for indoor and outdoor events will be based on future guidance from the governor's office, and will be posted prior to the first dates of competition.

Entrance/Exit Strategies: If spectators are allowed, we will consider strategies to prevent groups from gathering at entrances/exits to facilities to limit crossover and contact, including staggering starting/ending times.

Pre-Workout and Pre-Game Screening: All coaches and students will be screened daily for signs and symptoms of COVID-19 prior to participating, including with a temperature check. This check may take place onsite or be completed and verified prior to arrival onsite (at home, for example). Anyone with a temperature of greater than 100.3 degrees should not participate and should be sent home. Responses to screening questions for each person should will be recorded and stored so that there is a record of everyone present in case a student develops COVID-19. These records will be kept confidential. Any person displaying symptoms of COVID-19 should not be allowed to participate, should self-isolate, and contact his or her primary care provider or other health-care professional. **We remind and insist that coaches and students disclose symptoms so all schools can compete safely.** We will involve the Saginaw County Health Department (or appropriate local health departments if the county of residence is not Saginaw County) if positive cases of COVID are discovered.

Tickets: We are exploring our options for digital tickets. If we cannot offer digital tickets, we will develop a distribution plan for the limited amount of tickets available per game (if spectators are allowed).

Transportation: A decision on transportation will be made by August 20th. Cleaning and ability to physical distance should be part of the decision. Availability of busses will also be part of the decision. There is a strong possibility that parents will be required to transport their student-athletes to away games.

Locker Rooms: Home teams are not required to offer locker room access therefore we will not offer locker rooms to visiting teams. Likewise, when our teams travel, we should arrive dressed and ready to play. Locker rooms will not be available during practice until we are physically in the building for the school year. Locker room restrooms should be available, and a cleaning schedule will be created.

Facility Cleaning: Adequate cleaning schedules have been created and implemented for all athletic facilities. Prior to an individual or groups of individuals entering a facility, hard surfaces within that facility will be wiped down and sanitized (bleachers, chairs, furniture in meeting rooms, locker rooms, weight room equipment, bathrooms, athletic training room tables, etc.). Individuals should wash their hands for a minimum of 20 seconds before participating in workouts. Hand sanitizer will be plentiful and available to individuals as they transfer from place to place.

Concessions: Concessions will not be offered this fall.

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