



## COVID 19 Protocols & Procedures – Football

The MHSAA/NFHS Guidance for Re-Opening School Sports lists Football as a higher risk sport.

*Higher risk sports involve close, sustained contact between participants, lack of significant protective barriers, and high probability that respiratory particles will be transmitted between participants.*

### Competition and Spectator Limitations

- No scrimmages allowed.
- Spectators will be limited. The number of spectators and individuals allowed for indoor and outdoor events will be based on future guidance from the governor's office, and will be posted prior to the first dates of competition.

### Season Calendar

- Starting with an acclimatization week on **Aug. 10**, only helmets can be worn at practice.
- Full pads and equipment can be worn starting **Aug. 17**.
- An announcement for the start of competition will be made by **Aug. 20**.
- If the start of the competition date is delayed, the season will start with your next contracted game. For example, if the season starts with Week 2 games, Week 1 games will be skipped and considered a no play.

### Practice

- Balls may be passed/shared, provided students wash their hands before and after practice.
- Appropriate physical distancing will need to be maintained on sidelines and benches during practices. Consider using tape or paint as a guide for students and coaches.
- Individual drills requiring the use of weight equipment are permissible, but the equipment should be cleaned prior to use by the next individual.
- Individual drills requiring the use of athletic equipment are permissible, but the equipment should be cleaned prior to use by the next individual.
- Balls may be passed/shared, provided students wash their hands before and after the practice.
- Sanitize uniforms and pads often.
- Reinforce Blood Born Pathogen protocols.

### Competition

- When not directly participating in practices or contests, care should be taken to maintain a minimum distance of 6 feet between each individual.
- No pre-game and post-game handshakes/high-fives/fist bumps.
- All field equipment should be cleaned and sanitized after set up and before contest.
- Face coverings be worn during the captains meeting.
- Each team is responsible for its own hand sanitizer and its own med kit.
- Sanitized back up balls should be available
- Sanitize uniforms and pads often.
- Reinforce Blood Born Pathogen protocols.

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