



COVID 19 Protocols & Procedures – Volleyball

The MHSAA/NFHS Guidance For Re-Opening School Sports lists Volleyball as a **moderate risk sport**. *Moderate risk sports involve close, sustained contact, but with protective equipment in place that may reduce the likelihood of respiratory particle transmission between participants OR intermittent close contact OR group sports OR sports that use equipment that can't be cleaned between participants. Volleyball could potentially be considered "Lower Risk" with appropriate cleaning of equipment and use of face coverings by participants.*

Competition and Spectator Limitations

- Indoor practice and competition cannot begin until indoor school gymnasiums are opened.
- 2020 Fall regular season tournament competition limit – no more than 4 teams at a site.
- No scrimmages allowed.
- Spectators will be limited. The number of spectators and individuals allowed for indoor and outdoor events will be based on future guidance from the governor's office, and will be posted prior to the first dates of competition.

Practice

- Balls may be passed/shared, provided students wash their hands before and after practice.

Competition

- No pre-game and post-game handshakes/high-fives/fist bumps.
- Nets, standards and officials stands should be cleaned and sanitized after set up and before contest.
- Each team is responsible for its own hand sanitizer and its own med kit.
- Eliminate benches, allow players to stand with physical distancing (players cannot be closer than 6 feet to the court.)
- Recommend face coverings be worn during the captains meeting. Visiting team serves first.
- Only athletes will touch the balls; ball should be set on the floor during a timeout. Ball shagging should be done by athletes.
- A sanitized back up ball should be available at the score table (someone needs to be designated to sanitize the ball.) Host schools should have a 3-ball rotation.
- Players need to use hand sanitizer before entering and when exiting the court during substitutions or with libero; no hand touching allowed during substitutions (sanitizer could be set up on a chair at end of bench.)
- Each school is responsible to bring towels to wipe up sweat off the floor; host schools are recommended to provide a roll of paper towels at the scorer's table.

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