



JAN 7 – JAN 30

2ND ANNUAL MOUNTAIN RIDGE HS YOUTH FOOTBALL CAMP

Get 2019 started with the MRHS Youth Football Camp starting Jan 7 and running until Jan 30! The Mountain Ridge High School coaching staff will be putting on a skills clinic along with 7 on 7 competition/linemen challenge every Monday and Wednesday in January. Monday will be dedicated to skills training for all positions lead by our coaching staff with Wednesday being dedicated to competition for all! Come join in on the fun and sharpen your technique and skills leading into your upcoming spring football season. All attendees will receive a t-shirt and shorts to wear to the camp. ALL YOUTH COACHES are encouraged to come out and observe and ask our HS coaches any questions they may have. During each skills session we will dedicate 1/2 of the available time to emphasize proper technique on both offense and defense.

- Mon, Jan 7, 6pm – 8pm: Skills Training**
- Wed, Jan 9, 6pm – 8pm: Skills Training**
- Mon, Jan 14 6pm – 8pm: Skills Training**
- Wed, Jan 16, 6pm – 8pm: Competition**
- Mon, Jan 21, 6pm – 8pm: Skills Training**
- Wed, Jan 23, 6pm – 8pm: Competition**
- Mon, Jan 28, 6pm – 8pm: Skills Training**
- Wed, Jan 30, 6pm – 8pm: Tournament**



DEER VALLEY
Unified School District

**4-week Skills
Football Camp
only \$90 (includes
Shirt/Shorts)!**

**This is a great
event to bring
your whole team,
Open to all!**

**Monday = Skills
Training**

**Wednesday =
Competition**

MOUNTAIN RIDGE HS

22800 N 67th Ave

Glendale, AZ 85310

Every Monday & Wednesday

6pm - 8pm

MRHS Practice Field

If you have any questions
please Email:

Vincent.ciliberti@dvusd.org

REGISTRATION FORM: Register at the Mountain Ridge Bookstore or bring check/cash to camp.

Participant's Name: _____

EMAIL: _____ **Current Grade:** _____

Parent/Guardian Name: _____

Home Address: _____

City: _____ **State:** _____ **Zip:** _____

Home Phone: _____ **Cell Phone:** _____

To the best of my knowledge, this student/participant does not have any health problems that would be harmful to him/her while participating in this community schools program. Be it known that I, the undersigned parent/guardian/participant of the named student/participant, do hereby give and grant unto the instructor my consent and authorization to render such aide, treatment or care to said participant as, in the judgement of the instructor, may be required on an emergency basis, in the event said participant should be injured or stricken ill. It is hereby understood that the consent and authorization hereby given and granted are continuous, and are intended by me to extend through the length of the program. If emergency service involving medial action or treatment is required and neither the parents nor guardians can be contacted, I hereby consent for the participant to be given medical care by the doctor selected by the instructor. ***(Participant must have medical insurance to participate)**

Parent/Guardian Signature: _____

Insurance Coverage Company: _____

Policy Number: _____ **Group Number:** _____

The Deer Valley Unified School District does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities. Any inquiries regarding nondiscrimination policies may contact the Superintendent's Office, 20402 N. 15th Avenue, Phoenix, AZ 85027. (623) 445-5000

****All participants should complete the "Brainbook" concussion on-line course**

In order to complete this course:

1. Go to <http://aiaacademy.org/>
2. Select Concussion – Brainbook picture
3. Register as a student
4. Enter Demographic Information
5. Select a sport for this season and include all future sports & Mountain Ridge HS
6. Complete the course with a passing score

Required Information: (Shorts/Shirt included in registration Fee)

Short Size (\$25 Value): _____

T-Shirt Size (\$25 Value): _____