

MRHS Boys Soccer Tryouts

Tryouts begin on Monday, November 9 at 2:30. Tryouts will be Monday – Friday lasting until 4:45 each day. First cuts will be made after Wednesday’s tryout. You will need to wear a plain white shirt each day. A number will be provided to you for the back of the shirt. Do not wear a white shirt that already has a number on the back. Athletes are to check in with Coach Lang. The soccer field is located just north of the main stadium field, adjacent to the tennis courts.

Please bring the following to tryouts:

- Wear mask to field, will remove and store in your backpack once we begin
- Cleats
- Running shoes
- Shin guards
- Filled Water bottle

All athletes must be cleared by the athletic office prior to trying out. If you miss days of tryout because you are not cleared, this will affect your tryout significantly.

Athletes will be scored on a 5 point scale for each of the attributes below:

- Passing
- Receiving
- Field Awareness
- Aggressiveness
- Strength on the ball (keeping ball under pressure)
- Creativity
- Run times
- Coachability
- Grades
- Attitude**

The scoring is meant to be a guide for the coaches. Athletes that make Varsity or Junior Varsity will be by selection of Coach Lang and Coach P.

Activities will include:

- Various drills
- Small sided scrimmage
- Full field scrimmage
- Small sided possession
- Timed 40 yard run
- Mile run (7:30 required)

If you make Junior Varsity or Varsity, there is a mandatory Zoom parent meeting. Time/Date TBD.

Please email Andrew.Lang@dvusd.org with any questions.