



## MISSISSIPPI 8 CONFERENCE QUAD

### TRACK MEET

Thursday, April 4th, 2019

*Coaches Meeting @ 3:45 PM in press box*

*Field Events Start @ 4:00 PM*

*Running Events Start @ 4:00 PM*

**Entries:** This meet is unlimited entry meet.

**Schools:** Big Lake, Monticello, Rogers, STMA

**Numbers:** We'll be using your rosters from the MSHSL website to give your athletes numbers for the meet scoring software. **Coaches:** **Make sure your rosters are up to date by Thursday April 11<sup>th</sup>.** Pick up your numbered rosters when you arrive at the meet (press box). Numbers will be written on the back of the athletes' hands.

**Scoring:** Individual: 6-4-3-2-1 Relays: 6-4-2 **Concessions:** Will be available.

### OTHER MEET INFORMATION:

\* 1/8" pyramid spikes only!

\* Clerking for all running events will be done at the top of the track (North end of straight away)

\* Relay Judges: 4x200 (1<sup>st</sup> & 3<sup>rd</sup>; Rogers & STMA)( 2<sup>nd</sup> Monticello) 4x100 (1<sup>st</sup> Rogers)(2<sup>nd</sup> STMA)(3<sup>rd</sup> Monticello)

**Schedule:** 4:00 PM:

Running Events will start with the Girls 4 x 800 Relay

Boys Shot, followed by Girls

Girls Discus, followed by Boys

Girls High Jump, followed by Boys

Boys Pole Vault, followed by Girls

Long Jump = Pit A - Boys & Girls cafeteria style (3 attempts)

Triple Jump = Pit B - Boys & Girls cafeteria style (3 attempts)

(Long & Triple jump will close at the conclusion of the 800m run)