

APPENDIX A

STAY SAFE ON AND OFF THE FIELD



Stay home if you are sick.



Bring your own equipment and gear (if possible)



Cover your coughs and sneezes with a tissue or your elbow.



Wash your hands or use sanitizer before and after events and sharing equipment.



Tell a coach or staff member if you don't feel well.



cdc.gov/coronavirus

YOUTH SPORTS GAME PLAN

Reduce the Spread of COVID-19

LOWER RISK

HIGHER RISK



Skill-building drills at home



Team practice



Within-team competition



Competition with teams from your area



Full competition from different areas



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