

# 2018 - 2019 WAVERLY HIGH SCHOOL REQUIREMENTS FOR PARTICIPATION IN ATHLETICS

- 1. ImPact Baseline Testing:** Student-athletes who need to take the Baseline ImPact Test are the following: Any incoming 7th, 9th, 11th, or transfer students; or anyone who sustained a concussion over the previous school year. Testing requirements apply to student-athletes planning on participating in Middle School or High School athletics during the upcoming school year.
- 2. Pre-participation Physical Examination Form AND/OR Clearance Form:** At least one of these two forms must be completed and signed by a health care provider AFTER May 1, 2018, in order to be eligible for the 2018/2019 school year. *Family Medicine and Urgent Care of Waverly is now partnering with School District #145; \$10 will be donated back to Waverly Activities Department for each WHS/WMS Sports Physical conducted between May 1 – Aug 4, 2018. \*See the attached flyer for more information.*
- 3. NSAA Student/Parent Consent Form:** To be completed and signed by parent/guardian and student and can be found online at: [www.waverlyactivities.com](http://www.waverlyactivities.com) OR [www.district145.org/forms](http://www.district145.org/forms).
- 4. School District 145 Activities Guidelines Compliance Form:** To be completed and signed by parent/guardian and student after each has reviewed the "District 145 Activities Guidelines" and understand its contents. A complete version of the "District 145 Activities Guidelines" can be found online at: [www.waverlyactivities.com](http://www.waverlyactivities.com) OR [www.district145.org/forms](http://www.district145.org/forms).
- 5. Handbook/Restrictions Form:** To be completed and signed by parent/guardian and student after each has reviewed the "Waverly High School Student-Parent Handbook" and understand its contents. A complete version of the "Waverly High School Student-Parent Handbook" can be found online at: [www.waverlyactivities.com](http://www.waverlyactivities.com) OR [www.district145.org/forms](http://www.district145.org/forms).
- 6. Student Profile (with Updates) Form:** To be reviewed and updated, if needed, and signed by a parent/guardian. \*Student Profile Forms will be sent to parent(s) via a secure document email in July. This form can also be printed in the High School Office and/or Activities Office upon request.
- 7. Sport Cards:** Sport Cards are issued to student-athletes after ImPact Baseline Testing requirements AND all required forms have been completed, signed, and turned in to the High School. Once a sports card is issued, the athlete must turn it into their coach prior to official tryouts, practices, and contests.

## **SPORT CARD PICK-UP DATES:**

**Wednesday, August 1st, 8:30am - 4:30pm**

**Thursday, August 2nd, 8:30am - 4:30pm**

**Friday, August 3rd, 8:30am - 4:30pm**

**FALL PRACTICE BEGINS MONDAY, AUGUST 6TH**

Please contact Waverly High School Activities Office with any questions or concerns regarding any of the above requirements at (402) 786-2765 ext. 202 or [whsactivities@district145.org](mailto:whsactivities@district145.org).

## **AVAILABLE ATHLETICS**

FALL: CHEER, CROSS COUNTRY, DANCE, FOOTBALL, GIRLS GOLF, SOFTBALL, BOYS TENNIS, VOLLEYBALL

WINTER: BOYS AND GIRLS BASKETBALL, CHEER, DANCE, WRESTLING

SPRING: BASEBALL, BOYS GOLF, BOYS AND GIRLS SOCCER, GIRLS TENNIS, BOYS & GIRLS TRACK

# 2018/2019 WHS HEAD COACHES

## FALL:

**Cheer Team** - Jamie Lanik; jamie.frame@district145.org

**Cross Country** - Cody Gregory; cody.gregory@district145.org

**Dance Team** - Maryn Heald; maryn.heald@district145.org

**Football** - Tim Williams; tim.williams@district145.org

**Girls Golf** - Mike Cobelens; michael.cobelens@district145.org

**Softball** - Amanda Schaefer; amanda.schaefer@district145.org

**Boys Tennis** - Bill Norris; bill.norris@district145.org

**Volleyball** - Terri Neujahr; terri.neujahr@district145.org

## WINTER:

**Boys Basketball** - Ryan Reeder; ryan.reeder@district1445.org

**Girls Basketball** - John Cockerill; john.cockerill@district145.org

**Wrestling** - Dan Davenport; dan.davenport@district145.org

## SPRING:

**Baseball** - Kyle Parker; kyle.parker@district145.org

**Boys Golf** - Mike Cobelens; michael.cobelens@district145.org

**Boys Soccer** - Tim Williams; tim.williams@district145.org

**Girls Soccer** - Joel Fritz; joel.fritz@district145.org

**Girls Tennis** - Abbie Porath; abigail.porath@district145.org

**Boys & Girls Track** - Ken Adkisson; ken.adkisson@district145.org

**Weightlifting** - Anthony Harms; anthony.harms@district145.org