

2020/2021 WAVERLY HIGH SCHOOL

REQUIREMENTS FOR PARTICIPATION IN ATHLETICS

- Baseline ImPact Testing:** Student-athletes who need to take the Baseline ImPact Test are the following: Any incoming 7th, 9th, 11th, or transfer students; or anyone who sustained a concussion over the previous school year. Testing requirements apply to student-athletes planning on participating in Middle School or High School athletics during the upcoming school year.
 - **Testing Dates:** TBD
- Pre-participation Physical Examination Form AND/OR Clearance Form:** At least one of these two forms must be completed and signed by a health care provider AFTER May 1, 2020, in order to be eligible for the 2020/2021 school year. REQUIRED FOR ATHLETICS.
- NSAA Student/Parent Consent Form:** To be completed and signed by parent/guardian and student and can be found online at: www.waverlyactivities.com OR www.district145.org/forms. REQUIRED FOR ATHLETICS, CLUBS & ACTIVITIES.
- School District 145 Activities Guidelines Compliance Form:** To be completed and signed by parent/guardian and student after each has reviewed the “District 145 Activities Guidelines” and understands its contents. A complete version of the “District 145 Activities Guidelines” can be found online at: www.waverlyactivities.com OR www.district145.org/forms. REQUIRED FOR ATHLETICS, CLUBS & ACTIVITIES.
- Handbook/Restrictions Form:** To be completed and signed by parent/guardian and student after each has reviewed the “Waverly High School Student-Parent Handbook” and understands its contents. A complete version of the “Waverly High School Student-Parent Handbook” can be found online at: www.waverlyactivities.com OR www.district145.org/forms. REQUIRED FOR SCHOOL, ATHLETICS, CLUBS & ACTIVITIES.
- Student Profile (with Updates) Form:** To be reviewed and updated, if needed, and signed by a parent/guardian. *Student Profile Forms will be sent to parent(s) via a secure document email in July. This form can also be printed in the High School Office and/or Activities Office upon request. REQUIRED FOR SCHOOL, ATHLETICS, CLUBS & ACTIVITIES.
- Sport Cards:** Sport Cards are issued to student-athletes after ImPact Baseline Testing requirements AND all required forms have been completed, signed, and turned in to the High School. Once a sports card is issued, the athlete must turn it into their coach prior to official tryouts, practices, and contests.
 - **Form Submission and Sport Card Pick-Up Dates:**
Wednesday, August 3rd- Friday, August 7th, 8:00 AM - 4:00 PM, High School Office and/or Activities Office
 - **2020/2021 Dates to Remember:**
Fall Practice Begins: Monday, August 10th
Winter Practice Begins: Monday, November 16th
Spring Practice Begins: Thursday, March 1st

AVAILABLE ATHLETICS @ WAVERLY HIGH SCHOOL

FALL: CHEER, CROSS COUNTRY, DANCE, FOOTBALL, GIRLS GOLF, SOFTBALL, BOYS TENNIS, VOLLEYBALL, UNIFIED BOWLING

WINTER: BOYS AND GIRLS BASKETBALL, CHEER, DANCE, WRESTLING

SPRING: BASEBALL, BOYS GOLF, BOYS AND GIRLS SOCCER, GIRLS TENNIS, BOYS & GIRLS TRACK, UNIFIED TRACK

Please contact Waverly High School Activities Office with any questions or concerns regarding any of the above requirements at (402) 786-2765 ext. 2202 or whsactivities@district145.org.

2020/2021 WHS HEAD COACHES

FALL:

Cheer Team - Jamie Lanik; jamie.frame@district145.org

Cross Country - Laura Hilkemann; laura.hilkemann@district145.org

Dance Team - Maryn Heald; maryn.heald@district145.org

Football - Reed Manstedt; reed.manstedt@district145.org

Girls Golf - Mike Cobelens; michael.cobelens@district145.org

Softball - Amanda Schaefer; amanda.schaefer@district145.org

Boys Tennis - Tammy Tegler; tammy.tegler@district145.org

Volleyball - Terri Neujahr; terri.neujahr@district145.org

WINTER:

Boys Basketball - Ryan Reeder; ryan.reeder@district1445.org

Girls Basketball - John Cockerill; john.cockerill@district145.org

Wrestling - Eric Dolezal; eric.dolezal@district145.org

Unified Bowling - Abbie Huenink; abbie.huenink@district145.org

SPRING:

Baseball - Luke Tewes; luke.tewes@district145.org

Boys Golf - Mike Cobelens; michael.cobelens@district145.org

Boys Soccer - Mike Ziola; michael.ziola@district145.org

Girls Soccer - Joel Fritz; joel.fritz@district145.org

Girls Tennis - Tammy Tegler; tammy.tegler@district145.org

Boys & Girls Track - Brian Benson; brian.benson@district145.org

Unified Track - Abbie Huenink; abbie.huenink@district145.org

Weightlifting - Anthony Harms; anthony.harms@district145.org