

Waverly Middle & High School Spring Sports Protocol

(revised & approved by LLCHD 3/16/21)

Waverly is excited to once again begin another sports season with the much anticipated Springs Sports events. Due to recent improvements locally surrounding Covid-19 community spread, District #145 will be operating under the following protocols for most outdoor events. Please note that protocols for larger events, and indoor events, will be determined on a case by case basis. We will continue to consult with our Eastern Midlands Conference colleagues, the Nebraska Schools Activities Association, and the Lincoln Lancaster County Health Department. Waverly will follow the Direct Health Measures that are directed by the Lincoln Lancaster County Health Department.

Protocols below are in conjunction or in addition to the [2020-21 NSAA Spring Season Guidelines](#)

Passes and Spectators:

- Per recent guidance from the state of Nebraska, as well as the NSAA, attendance at outdoor events will be limited to 75% of a venue's capacity.
- Family pods will be asked to sit together and socially distance from other families. State guidance indicates this distance should be at least 6 feet.
- All spectators will be required to wear face coverings at all times when attending a District #145 sponsored event.
 - Removal of face coverings for consumption of concession stand items is understandable and, while allowed, should be done as quickly as practicable.
- Any further updates in protocols for events will be communicated through social media, school messenger, and coaching staff.

Specific Number of Spectators Allowed:

- At this time, based on state and local outdoor capacities and the venues in which our spring sports will be competing in here at Waverly, District #145 does not believe a specific participant attendee limit is necessary for any of our OUTDOOR events. Should this change, we will communicate this information with all stakeholders.
- Specific attendance limits for INDOOR events will be in effect and communicated based on specific events when the date nears.
- For other events, adjustments to our attendance policy may be needed (e.g. a track meet). We will communicate those to you in a timely manner.

Face Coverings

- Students and officials will not be expected to wear face coverings during actual competition or when engaged in rigorous, physical activity. Students and officials will be expected to wear face coverings when not engaged in rigorous activity - i.e. when on the sidelines, on the bench, etc.
- Coaches and essential personnel will wear face coverings at all times.
- Practices - Face coverings will be worn by athletes during warmups and when not engaged in rigorous physical activity.
 - This means that all athletes will need to have a face covering with them at all times.
- Game management personnel will be required to wear face coverings.
- Face coverings will be required for all spectators at indoor events.

Concessions

- Concessions WILL be offered at Spring events.

Miscellaneous

- Disinfecting Protocols will be in place for ALL practices and contests.
- Transportation - students riding district vehicles will be masked and sit in assigned seats. Coaches will keep seating charts.
 - Food must be eaten before or after getting on the bus/van and not consumed while traveling on the bus/van.
- Water fountains will not be available. Athletes/Coaches need to bring their own water bottles/jugs to practices and competitions. Water coolers will be available at event venues.
- Virtual opportunities will be available, but not at all spring events. To see our schedule please go to [Waverly STRIV](#)
- Additional measures can be enacted based on the specific nature of the activity.

Pre Screening

- Parents/Guardians are asked to screen their children at home for fever or chills, cough, shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, new loss of taste or smell, sore throat, congestion or runny nose, nausea or vomiting, diarrhea.
- If symptomatic, students should not report to school/practice/contest.

Program Norms: Apply to all Sports

- Participation is strictly voluntary.
- A daily attendance record must be kept and along with practice plans including grouping information.
- Team members should maintain 6 feet of appropriate physical distance as much as possible.
- Coaches are responsible for ensuring that cleaning/disinfecting of equipment is completed daily and whenever possible within training sessions. Athletes will be asked to assist with cleaning duties.
- Participants must have their own individual water bottle, and shall not share bottles with others. Participants shall also not share their towel with other participants.
- Students and parents will be instructed not to carpool with other students and parents unless wearing face coverings.
- Students will travel with the team to out of district contests, but have the option to choose to travel with their parent/guardian if preferred. An "[Alternative Parental Transportation Permission Form](#)" must be completed and given to the Athletic Director, Head Coach or sponsor no later than 1 day prior to the event.
- There will not be shared food, beverages or buffets among team members or parents.
- There should not be any social activity or congregating at the conclusion of events and practices.

Soccer:

- Attendance is 75% capacity; bleachers will be cautioned off to assist with 6' distancing vertically.
- When playing up at the middle school field or high school practice field, spectators are strongly encouraged to bring chairs.
- Family pods will be asked to sit together and socially distance from other families. State guidance indicates this distance should be at least 6 feet.
- All spectators will be required to wear face coverings at all times when attending a District #145 sponsored event.
 - Removal of face coverings for consumption of concession stand items is understandable and, while allowed, should be done as quickly as practicable.
- Coaches should be masked at all times
- Athletes should be masked on the sidelines and at all times while not competing.

Baseball:

- Attendance is 75% capacity; bleachers will be cautioned off to assist with 6' distancing vertically.
- Spectators should plan to bring lawn chairs to sit or stand along the fence lines as limited bleacher seating will be available.
- Family pods will be asked to sit together and socially distance from other families. State guidance indicates this distance should be at least 6 feet.
- All spectators will be required to wear face coverings at all times when attending a District #145 sponsored event.
 - Removal of face coverings for consumption of concession stand items is understandable and, while allowed, should be done as quickly as practicable.
- Coaches should be masked at all times
- Athletes should be masked in the dugouts, while warming up and at all times while not competing.

Track:

- Attendance is 75% capacity; bleachers will be cautioned off to assist with 6' distancing vertically.
- Family pods will be asked to sit together and socially distance from other families. State guidance indicates this distance should be at least 6 feet.
- All spectators will be required to wear face coverings at all times when attending a District #145 sponsored event.
 - Removal of face coverings for consumption of concession stand items is understandable and, while allowed, should be done as quickly as practicable.
- Coaches should be masked at all times
- Athletes should be masked at all times in team camp areas, any leisure movement throughout the facility and while not competing.

****NOTE** - due to the amount of teams participating in our high school track invite, we WILL have attendance limitations. Those will be determined based on the seating capacity and amount of entries per event/per school. These will be communicated to school officials and spectators ahead of time.**

Tennis:

- Attendance is 75% capacity; no bleachers available
- NO SPECTATORS ALLOWED inside the Tennis Court area at any time.
- Spectators should plan to bring lawn chairs to sit or stand along the fence lines.
- Family pods will be asked to sit together and socially distance from other families. State guidance indicates this distance should be at least 6 feet.
- All spectators will be required to wear face coverings at all times when attending a District #145 sponsored event.
 - Removal of face coverings for consumption of concession stand items is understandable and, while allowed, should be done as quickly as practicable.
- Coaches should be masked at all times
- Athletes should be masked while warming up and at all times while not competing.

Golf:

- Attendance is 75% capacity; no bleachers available
- Family groups will be asked to move around the course together and socially distance from other families. State guidance indicates this distance should be at least 6 feet.

- All spectators will be required to wear face coverings at all times when attending a District #145 sponsored event.
 - Removal of face coverings for consumption of concession stand items is understandable and, while allowed, should be done as quickly as practicable.
- Coaches should be masked at all times
- Athletes should be masked on the driving range (unless properly socially distanced), team or group huddles, comparing scorecards, and any other time when 6' distances are not possible.

We ask for your complete cooperation in implementing these protocols. Please DO NOT put our event workers, or workers at other schools in a compromised position that creates negativity. Thank You for your continued flexibility.

**These protocols and guidelines are subject to change at any time and may vary slightly by location and by type of event. Every effort will be made to communicate protocols on a regular basis through school messenger, social media, and at www.waverlyactivities.com **