

RETURN TO PLAY - PARENTS GUIDELINES

The following guidelines govern social distancing and safety procedures for pupil activity programs that practice, train or compete during the summer of 2020. All of these activities must be performed in accordance with Ohio Department of Health (“ODH”) orders, OHSAA guidance, and the procedures described below. These procedures are intended to adhere to ODH and OHSAA requirements; if any of these procedures are in conflict with ODH orders or OHSAA guidance as they currently exist or as they may be modified in the future, those other sources will control.

- Take son/daughter's temperature every day. If your child is experiencing symptoms consistent with illness, they must stay home.
- Complete google form daily and sign off, if not son/daughter cannot work out
 - *form must be completed the day of the workout.
 - *Ensure that all students and parents/guardians have completed google doc PRIOR TO working out. If not, the students will be sent home and not permitted to workout for that day. Google form must be completed the day of.
- Keep son/daughter home if sick
- Symptoms
 - *cough
 - *shortness of breath or difficulty breathing
 - *fever
 - *chills - repeatedly shaking
 - *muscle pain
 - *headache
 - *sore throat
 - *loss of appetite or smell
- Medical conditions
 - *if sick - will need a note from a physician prior to returning to workouts
 - *if a student or coach is exposed to someone with the virus the individual will quarantine for 14 days
 - *if a student or coach contracts the virus the situation will be evaluated by an appointed medical committee
- Send son/daughter to work out with clean clothes daily
- Clean personal equipment daily - soccer ball, football, volleyball, music instruments, etc
- Do not arrive more than 10 minutes prior to your child's activity. Stay in your car when dropping off and picking up your child.
- Please pay close attention to the end times so your student won't be waiting around and possibly congregating with others. Please leave school grounds immediately once the activity is over and you have picked-up your child.

- Recommended that students who are riding together only come from the same household
- No gathering before or after workouts with other students
- Bring multiple personal water bottles and towel (water will not be provided)
- Participants should wash hands with soap and water or use hand sanitizer, if such resources are available, when entering the facilities. Hand sanitizer and wipes should not be shared.
- We will enforce a “no touch rule” whenever possible. This includes no “high fives”, hand-shaking, and group huddles before, during or after an activity.
- No physical contact between students, students and coaches, or with the AT (the AT will address medical emergencies - broken leg, dislocations, etc.)
- Keep your 6’ distance
- Parents play a major role in returning to play by following guidelines
- Weather emergencies - students will be taken into the building for safety and then address social distancing, they will need to be picked up
- Due to inclement weather workouts cannot be moved inside
- Parents, family members or friends cannot attend or participate in workouts
- Masks are recommended for students and coaches, unless such individuals are actively engaged in aerobic activity.