

TROY HIGH

CROSS COUNTRY

Boys Season Summary 2020

Date	Meet	Points	Place
8/27/20	Romeo Dual	16-45	Loss
9/10/20	Seaholm Dual	28-29	Loss
9/18/20	Clarkston Dual	23-36	Loss
9/23/20	Lake Orion Dual	25-36	Loss
9/29/20	Oxford Dual	23-36	Loss
10/6/20	Adams Dual	18-45	Loss
10/9/20	Oakland County Meet	479	16 th of 33
10/13/20	Athens Dual	19-39	Win
10/15/20	OAA Red League Meet	139	6 th of 6
10/20/20	Royal Oak Dual – JV	15-47	Loss
10/21/20	Pre-Regional Meet	98	4 th of 9
10/30/20	Regional Meet	155	6 th of 8

<u>OAA Red Final Standings</u>	
T-1	Lake Orion
T-1	Adams
3	Oxford
T-4	Seaholm
T-4	Clarkston
6	Troy

Individual Honors

All-League Top 15	All-County Top 30	All-Region Top 15	All-State Top 30
Mike McGowan	Mike McGowan	Mike McGowan Lucas Van Houten	---



Boys Team History

State Meet Finishes

1981 24 th	1995 26 th	2002 22 nd	2015 26 th
1982 21 st	1996 26 th	2007 24 th	2017 21 st
1986 11 th	1999 12 th	2009 8 th	2019 26 th
1988 6 th	2000 26 th	2012 26 th	
1989 22 nd	2001 21 st	2013 27 th	

Regional Championships

2009 2013

County Championships

NONE

League Championships

1980	1985	1987	1989	2001
1982	1986	1988	1993	2009
1983				

All-Time List (16:30 cutoff)

Michael Atchoo	15:22.9	2008	Christian Harnishfeger	16:13	2013
Kunal Tangri	15:22.9	2014	Matthew Fogo	16:14	1985
James Yau	15:49.4	2009	Jack Falk	16:15.5	2017
Nick Gillett	15:50.6	2001	Dennis Strecker	16:22	1986
Brooks Cowan	15:56	2004	Mike McGowan	16:27.0	2020
William Yau	15:57.5	2011	Wilson Pines	16:28	2009
Liam Kelly	15:59.0	2019	Kyle Scott	16:28.5	2017
Donald O'Keefe	16:02.8	2018	Michael Luginbill	16:30	2004

Class Records

Freshman Nick Gillett, 16:16	Sophomore Kunal Tangri, 15:45	Junior Mike Atchoo, 15:22	Senior Kunal Tangri, 15:22
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