

**JEFFERSON R-7  
SCHOOL DISTRICT**



**STUDENT ACTIVITY HANDBOOK  
MSHSAA ACTIVITIES 7-12**

**2020-21**

Jefferson High School

7 Blue Jay Way

Festus, Missouri 63028

636-933-6900

[www.jr7.k12.mo.us](http://www.jr7.k12.mo.us)

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## **JEFFERSON R-7 DISTRICT MISSION**

A philosophy of education is the foundation on which a school district is built and upon which the product of the school program is evaluated. The philosophy herein subscribed to by the Board of Education shall be a guide in determining the policies, rules, and regulations of the School District. Recognizing each student as a unique individual, we believe that education should provide an opportunity for the maximum development of each individual within the limitations of his/her capacities. Through education, it is possible for the individual to discover and endeavor to achieve to the limits of his/her capacities

We believe that in a democratic society, education must help the student realize his/her worth as an individual and should lead him/her toward becoming a productive member of society. Strong emphasis must be placed upon democratic values which are important for an effective and satisfying personal and social life.

We believe that the role of the teacher in the educational process is to provide opportunities for the individual to achieve at the maximum level of capacity, to create a learning situation in which individual motivation for learning is the stimulus for achievement, and to promote through teaching and example the principles of the democratic way of life.

We believe that parents/guardians have definite responsibilities in education. They need to have a basic confidence in the school, and they need to impart this confidence to the students. The parents/guardians may do this by cooperating to the fullest with the schools, by encouraging the student to give his/her best effort to the daily school responsibilities, and by participating in school activities.

We believe that the student must have responsibilities in the educational program of the community. The most important of these is attitude. The student is obliged to come with an open mind, equipped with all the necessary materials, ready to fulfill the responsibilities in the learning process. The basic attitude should be that the school is an institution of opportunity, staffed with trained personnel to help the student become a contributing member of society.

We believe that the foundation of the district's educational program is based on the development of competencies in the basic fundamentals of reading, oral, and written communication and mathematics.

It is, therefore, the responsibility of the district to provide an educational environment for students of the district, which will foster and accelerate their intellectual, physical, social, and career development.

## **STUDENT ACTIVITIES HANDBOOK**

The student activities handbook is designed to foster student responsibility, respect for others and to ensure the orderly operation of co-curricular activities in this school district. No code can be expected to list each and every offense which may result in the use of disciplinary action; however, it is the purpose of this policy to list certain offenses, which if committed by a student, will result in the imposition of a certain disciplinary action. Any conduct not included herein, or an aggravated circumstance of any offense or an action involving a combination of offenses

may result in disciplinary consequences that extend beyond this code of conduct as determined by the district administration.

## PHILOSOPHY OF STUDENT ACTIVITIES

Interscholastic activities shall supplement the curricular program and provide worthwhile experiences to students that result in learning outcomes that will contribute toward the development of good citizenship. Emphasis shall be upon teaching “through” school activities.

Jefferson R-7 athletes should always remember that they are not only representing themselves but their parents, coaches, school, and teammates as well as their community. A student’s conduct must be at a level that meets the standards set forth by Jefferson R-7 School District and the state guidelines concerning citizenship. Any violation of citizenship standards or MSHSAA standards or in the rules established by the coaches not explicitly addressed in this document will be referred to the head coach, athletic director, and principal. Procedures for meeting with the head coach, athletic director and principal are mentioned further on in this handbook.

## GOALS

Jefferson High School believes a dynamic program of student activities is vital to the overall development of our students. The athletic programs should provide worthwhile experiences that allow the development of good citizenship and provide opportunities for:

1. Improved physical fitness and health
2. The desire to succeed and excel
3. The value of fair play and ethical standards
4. Self-discipline and emotional maturity
5. Social awareness
6. Respect for authority
7. The ability to think as an individual, to interact within a group, and to develop leadership roles
8. The value of hard work and commitment
9. The development of a positive attitude toward competition
10. Having fun

## FAN CODE OF CONDUCT-SPORTING EVENTS

In order to ensure a safe and orderly environment in which our students can maximize their educational and social development, the following regulations are enacted with respect to the conduct of fans at sporting events.

**1<sup>st</sup> Incident\***: The individual will receive a warning by a letter from the superintendent/Athletic Director. The incident will be documented and remain on file permanently.

**2<sup>nd</sup> Incident\***: The individual is suspended from all activities, home and away for 365 days. The individual is responsible for setting up a meeting with the Superintendent to meet with the Board of Education to become reinstated. The second offense will be reported to the authorities.

\*An incident is at the discretion of the Jefferson R-7 Administration. Any act that is in the realm of unsportsmanlike conduct with regard to officials, coaches, game personnel and general attendance of a school activity is considered an incident. Depending on the severity of the incident, the Jefferson R-7 School District has the right to waive this policy and take further action.

## **ASSOCIATIONS OF JEFFERSON R-7 SCHOOL**

### **JCAA - (Jefferson County Activities Association)**

Jefferson R-VII is a member of the Jefferson County Activities Association (JCAA Conference), that is made up of eleven schools that include:

Crystal City	Herculaneum	Windsor	St. Vincent
Festus	Hillsboro	Desoto	Sunrise(Middle School Only)
Grandview	Perryville	St. Pius	

As a member of this organization, Jefferson R-VII is committed to adhere to the rules and regulations of this association.

### **MSHSAA - (Missouri State High School Activities Association)**

The Jefferson R-7 School District is a proud member of the MSHSAA. The purpose of this organization is to promote, develop, direct, protect, and regulate amateur interscholastic athletic relationships between member schools and to stimulate fair play, friendly rivalry, and good sportsmanship among contestants, schools, and communities throughout the state. It is important for the Athletic Director and all coaches to be familiar with the by-laws of the MSHSAA. While it is not possible to agree with every rule and regulation, it is important for all coaches to comply with them.

## **LETTER AWARD POLICY**

The letter award policy at Jefferson High School is similar to policies practiced by most other high schools locally. Student-athletes will earn a variety of varsity letters, patches, and pins by completing the entire season for their varsity activity. All student-athletes earning an award will also receive a certificate. The criteria for earning an award is established by each coach, and as a result may vary considerably from sport to sport. Student-athletes should ask coaches to define their criteria for earning an award at the beginning of the season. The student-athlete must finish the season as a member and in good standing with the team.

Participants should be honored for their dedication and proudly display their letters and awards. Recipients should properly display their letter awards on Jefferson letterman jackets and sweaters. These athletic awards symbolize skill, sacrifice, commitment, pride, achievement, and dedication.

\*Provisional: Coaches will have the option to include a provisional letter as part of their guidelines. Students' who contribute to a varsity contest, but not enough to earn a letter, can earn a provisional, which will allow them to earn two letters if they complete and letter the

following season in a specific sport. Example: a sophomore football player may contribute on special teams and certain plays, but not enough time to earn a letter, may earn a provisional letter their sophomore year. If he completes his junior season and earns a varsity letter, the provisional/sophomore year would become the 1<sup>st</sup> letter and the junior year would be the second and it will be at the coach's discretion to award letters to students who met this criteria.

## **ELIGIBILITY GUIDELINES**

### **ACADEMICS-HIGH SCHOOL (9<sup>th</sup>-12<sup>th</sup>)**

1. Freshmen students, upon promotion from the 8<sup>th</sup> grade, are eligible to participate in activities during their 1<sup>st</sup> semester of their freshmen year. (MSHSAA 2.3.2)
2. Once a freshman completes their 1<sup>st</sup> semester, they must follow the requirements set for sophomores, juniors and seniors. Those requirements are (MSHSAA 2.3.2):
  - A. A student must have earned 3 credits from the previous semester in order to have eligibility for the current semester. Generally, a semester class is worth  $\frac{1}{2}$  of a credit. Example: A student passes 6 classes in the fall semester and is eligible for participation for the spring semester. (unless one of the classes is not for a credit)
  - B. A student must currently be enrolled in a total of 3 credit earning courses during the current semester. Again, this generally means enrollment in 6 classes.
  - C. \*NOTE: Juniors and Seniors need to communicate with their Principal, Counselor or Athletic Director to ensure their schedule has enough classes to meet this requirement. A class such as classroom aide may not meet this requirement.
3. One credit may be earned during summer school and will count toward the fall semester. However, the credit earned during the summer must go toward the graduation requirements as established by the local board of education (MSHSAA 2.3.6 )
4. The High School Principal, Counselor and Athletic Director will review courses that are outside of the normal school day and if they meet MSHSAA requirements. As more options become available for students to earn school and college credit, the options will be reviewed by the Administration. If you have any questions, please contact any of the above mentioned staff.

### **ACADEMICS-MIDDLE SCHOOL (7<sup>th</sup>-8<sup>th</sup>)**

1. Entry into 7th or 9th Grade: This section shall not apply to students promoted for the first time into the 7th or into the 9th grade prior to the first day of classes. (MSHSAA 2.3.7)
2. Grading Period: A grading period is a period no less than six weeks and no greater than nine weeks where progress is determined and is reported to students/parents (1 quarter). A student must have been promoted to a higher grade or a higher level in special education at the close of the previous year. However, any such student who failed more than one scheduled subject, or failed to make standard progress in special education, shall be ineligible the following grading period regardless of promotion to the higher grade. (MSHSAA 2.3.7)

3. Semester of Participation: The student shall be currently enrolled in and regularly attending the normal course for that grade or must have enrolled in a full course at his or her level in any public school special education program for the handicapped approved by the Missouri State Department of Education which, though ungraded, enrolls pupils of equivalent chronological age. (MSHSAA 2.3.7)

#### **INFORMATION ON FILE WITH JEFFERSON R-7 HIGH SCHOOL OFFICE**

1. A current physical AND insurance information must be on file with the High School Athletic Office and Head Coach of the current sport in order for the student to be allowed to participate. **UPDATE..All Physical forms are now good for 2 years (730 days).** Example: A physical dated February 1, 2018 until February 1, 2020. Link for physical and insurance: [http://www.mshsaa.org/resources/pdf/Pre-participation%20Physical%20Evaluation\\_61311.pdf](http://www.mshsaa.org/resources/pdf/Pre-participation%20Physical%20Evaluation_61311.pdf)
2. A MSHSAA approved concussion information form must be on file with the High or Middle School Office and the Head Coach of the current sport in order for the student to be allowed to participate. The form to fill out and sign is the second link below.

[http://www.nfhs.org/media/1014739/parents\\_guardians\\_guide\\_to\\_concussion\\_final\\_2016.pdf](http://www.nfhs.org/media/1014739/parents_guardians_guide_to_concussion_final_2016.pdf)

<http://www.mshsaa.org/resources/pdf/RTP.pdf>

3. A MSHSAA approved eligibility form verifying student has read the MSHSAA Eligibility Brochure must be on file with the High or Middle School Office and Head coach of the current sport in order for the student to be allowed to participate. Form to sign is at the end of this manual.

<http://www.mshsaa.org/resources/pdf/Official%20Handbook.pdf>

4. The parent and student form that the Jefferson R-7 Athletic Handbook has been read by both parties must be on file with the High School Athletic Office and Head Coach. The form is located at the end of this manual.

\*Note: The concussion and eligibility verification forms are available on the MSHSAA physical form AND at the end of this manual.

#### **MSHSAA STUDENT CITIZENSHIP**

1. Citizenship: Students who represent a school in interscholastic activities must be creditable citizens and judged so by the proper authority. Those students whose character or conduct is such as to reflect discredit upon themselves or their schools are not considered —creditible citizens. Conduct shall be satisfactory in accord with the standards of good discipline. (MSHSAA 2.2.1)
2. Law Enforcement: A student who commits an act for which charges may be or have been filed by law enforcement authorities under any municipal ordinance, misdemeanor

or felony statute shall not be eligible until all proceedings with the legal system have been concluded and any penalty (i.e. jail time, fine, court costs, etc.) or special condition of probation (i.e. restitution, community service, counseling, etc.) has been satisfied. If law enforcement authorities determine that charges will not be filed, eligibility will be contingent upon local school policies. Moving traffic offenses shall not affect eligibility, unless they involve drugs, alcohol, or injuries to others. After a student has completed all court appearances and penalties, and has satisfied all special conditions of probation and remains under general probation only, local school authorities shall determine eligibility. (MSHSAA 2.2.2)

3. Student Responsibility: Each student is responsible to notify the school of any and all situations that would affect his/her eligibility under the above standards. If the student does not notify the school of the situation prior to the school's discovery, then the student shall be ineligible for up to 365 days from discovery, pending review by the Board of Directors. (MSHSAA 2.2.4)

## **JEFFERSON R-7 DRUG AND ALCOHOL POLICY**

### **OVERVIEW**

The staff at Jefferson R-7 recognizes there are many temptations for our students that involve tobacco, alcohol and drugs. The High and Middle School staff appreciates any student who chooses to participate in extra-curricular activities and will be working to educate all students about the dangers of tobacco, alcohol and drugs. The purpose of this section is to provide a path for the school staff, student and parents to prevent the use of these items and provide guidelines for all to follow to better our students.

The following are guidelines for the school staff, students and parents to follow if a violation occurs. Ultimately, the decision on consequences for the offense will be with the Principal, Athletic Director, and Coach. The school staff specifically mentioned has the right to increase the consequences of the guidelines below. Each case will be reviewed on an individual basis.

### **TOBACCO (E-Cigarettes will be handled under the Tobacco Policy)**

#### **On-Campus**

1. Any possession, use or intent to distribute tobacco during the school day or school sponsored activity will be dealt with through the Jefferson High School discipline manual.

#### **Off-Campus**

2. Any possession, use or intent to distribute tobacco outside of the school day or school sponsored activity will be dealt with by the coach, athletic director and principal. The student and parent(s) will be notified of the decision and will work with the school staff to aid the student.
3. Any involvement with the civil authorities regarding tobacco, the MSHSAA guidelines mentioned earlier will be referenced. The school still has the option to determine additional consequences for the offense.



## **ALCOHOL, ILLEGAL DRUGS AND PERFORMANCE ENHANCING DRUGS**

### **On-Campus**

1. If a student is found with possession, using or with the intent to distribute alcohol or drugs, the offense will be dealt with through the Jefferson High School discipline manual. The severity of the offense will be reviewed by the principal, athletic director and coach and further consequences could be added. The student will also be documented as to what number offense and will affect the off-campus violations. Example: if a student is found on campus, then later in their career in an off-campus offense, the student would fall under the 2<sup>nd</sup> offense.

### **Off-Campus**

2. 1<sup>st</sup> Offense: If a student is found with possession, using or with the intent to distribute alcohol or drugs, will be recommended for an 8 week suspension from all activities. The severity of the offense will be reviewed by the principal, athletic director and coach and further consequences could be added.
3. 2<sup>nd</sup> Offense: If a student is found with possession, using or with the intent to distribute alcohol or drugs, will be recommended for a 365 day, all activity, suspension. The severity of the offense will be reviewed by the principal, athletic director and coach and further consequences could be added.

## **DUE PROCESS**

1. If a student is suspended or disciplined in accordance with the citizenship policy established by the Missouri State High School Activities Association, Jefferson R-7 Activities Manual or specific team rules, the student-athlete and parent have the right to an appeal. This due process only deals with an incident that occurs outside the normal activity time that results in a suspension from an activity. If discipline results from an incident during the time the coach or sponsor has an organized event, the "Guidelines for meetings between student-athlete and coach" process will be used. It is located later in this manual. The student athlete and parent need to begin this process by using the proper administrative channels. The first step is to contact the High School Principal or Athletic Director. An appointment with the coach, sponsor, administrator, along with the student and parent or guardian.

Please do not attempt to confront a coach or sponsor before or after a contest or practice. These can be emotional times for both the parent and the sponsor or coach. Meetings of this nature do not promote resolution.

Contact Information:

High School Phone Number: 636-933-6900

Middle School Phone Number: 636-937-9188

# COACH AND STUDENT COMMUNICATION

## EXPECTATIONS

The Jefferson R-7 School District believes that coaches and parents are important role models for students. Coaches and parents are the key in developing our students as young adults and aid them in understanding the world in which they will live and grow as adults. When parents and coaches understand and respect each other, they can work together to provide a positive environment for the students of Jefferson High School to grow. Parents and students have a right to understand the commitment, expectations and responsibilities that accompany participation in the Jefferson R-7 athletic program.

Clear communication is the basis for any successful family, team or business. It is important to remember that the basis for any team success **begins with the communication between player and coach.** Here are some steps to begin the process of good communication between player, parent and coach. Students should be encouraged to exercise the opportunity to speak directly with their coach about any topic.

Any issues dealing with playing time or role on the team need to be addressed between player and coach. Again, the communication between player and coach is critical to the success for any team. It is the expectation of the Jefferson R-7 coaches to treat each question and student with respect.

## GUIDELINES FOR MEETINGS BETWEEN STUDENT-ATHLETE AND COACH

Students who participate in the Jefferson R-7 athletic program will experience some very rewarding moments. It is also important to remember there are times when adversity and disappointment will occur. During these times, discussion between the coach and player is encouraged to continue the development of the student as a young adult.

Meetings between coaches and players will not occur immediately following games. Parents will not confront coaches immediately before or after games or practices. Below are procedures and recommendations for students, parents and coaches to follow with regard to individual concerns and playing time issues.

1. Student-athlete will ask coach to meet and discuss ways to improve as a team member
2. Appropriate issues to discuss with coaches during these times:
  - A. What areas are in need to improve as a student-athlete
  - B. Advice on how the athlete should handle adverse situations
  - C. How the student can improve both short and long term
  - D. The student's role on the team
3. Parents who wish to follow up on the meeting between student and coach are welcome to. Items that are appropriate to speak with the coach are:
  - A. Areas that the student-athlete needs to improve
  - B. What the parent can do to aid in the process

C. Summary of meeting with student

**SUBJECTS AND TIMES THAT ARE INAPPROPRIATE FOR COMMUNICATION**

1. Other student-athletes will not be discussed
2. Team strategy and play calling will not be discussed
3. Meetings are not appropriate immediately after games or practices.

**ATTENDANCE**

If a student misses' class(es) without being excused by the principal, the student shall not be considered eligible on that date. A student must attend at least a minimum of four hours the day of an activity (practice or contest). Attending four hours does not make the athlete eligible if the building principal does not excuse the other hours. Sleeping in will not be considered an appropriate reason. If the activity (practice or contest) is on a non-school day, your attendance on the previous school day will determine your eligibility. In an extreme emergency this rule may be waived, with prior permission by the administration. (MSHSAA 2.2.3)

**ISS, ASD, or OSS SUSPENSION**

A student athlete placed in in-school suspension, after-school detention, or out-of-school suspension will not be allowed to practice, participate or play in games until their suspension is served. A coach may require that reasonable practice time and general conditioning missed by the athlete be made up before the athlete may participate in a contest. Reoccurrence will require that permanent restriction be considered.

**INDIVIDUAL TEAM RULES and REGULATIONS**

Each head coach/sponsor may have regulations in addition to the student activity handbook. A copy will be presented to the principal, athletic director, and student athlete and parents for review before the season.

**TRANSPORTATION TO AND FROM GAMES/PRACTICES**

All students will ride school provided transportation to the scheduled activity. Coaches will determine if students are allowed to sign-out with parents after a contest. If a coach allows, the parent may sign out their child only after a contest.

The exception to this includes the following:

1. Transportation arranged to and from an event with coach and principal approval and must be prearranged. Examples:
  - a. A student qualifies for state competition and parents travel with student
  - b. Family will take another student home after a game.

Again, if coaches allow, parents may sign their own child out after a game. All other circumstances must be prearranged prior to the contest. Arrangements will not be made once the bus has left, at the contest or after the contest.

A student that drives to practice is under his/her/their parents insurance. The school is not be liable in case of an accident.

## **MSHSAA MISCELLANEOUS RULES**

### **PARTICIPATION LIMITS**

Semesters - Grades 9-12: A student shall not participate in more than four seasons in grades 9-12 in any interscholastic activity. A student shall have only eight consecutive semesters (four consecutive years) of eligibility in high school, in which he/she may participate in one season per year in an activity, and these eight consecutive semesters shall begin on the twentieth (20th) day of the first semester a student enters the 9th grade or the first interscholastic contest in which the student participates, whichever occurs first. A student who participates in any part of an interscholastic event or contest shall count such as a season of participation. A student who applies for, is granted, and leaves school any time after the junior year to take advantage of an early release program shall no longer be eligible for interscholastic competition even though he or she later returns to school. *Editor's Note: Exception - Baseball and softball have two seasons per year in which a student may participate as listed in By-Law 325. (214.0) (MSHSAA 2.4.1)*

Semesters - Grade 7 and 8: A student is eligible for only TWO SEMESTERS in each the 7th and 8th grade beginning with the first semester of entrance in each grade. A student who is repeating a grade is not eligible. (MSHSAA 2.4.2)

### **AGE LIMITS**

Grades 9-12: If you reach 19 years of age prior to July 1, you will be ineligible the next school year.

Grades 7-8-9: In order to participate on or against teams made up of only seventh graders, you must not have reached 14 years of age prior to July 1 preceding the opening of school. In order to participate on or against teams made up of only eighth graders, you must not have reached 15 years of age prior to July 1 preceding the opening of school. In order to participate on or against teams made up of only ninth graders, you must not have reached 16 years of age prior to July 1 preceding the opening of school. \*\*\*\*\*However, you may participate with the next higher grade when you no longer meet the age limit for your grade.

## **Return Check Charge**

If any check issued to the school for any service or item is returned due to insufficient funds or because the account is closed, the bill will be deemed unpaid. In addition, a return check charge of \$35.00, assessed by the depository for the returned check, will be assessed for any check returned due to insufficient funds or because the account is closed."

## ELIMINATE EXCUSES BY:

- Acting Like a Champion
- Responding to Adversity, Don't React
- Being on Time. Being late means either it's not important to you or you can't be relied on
- Executing. Do what you're supposed to do when you're supposed to do it. Not almost. All the way
- Taking ownership.

-Tony Dungy, Former NFL Head Coach One Super Bowl Title

Champions are champions not because they do anything extraordinary, but because they do the ordinary things better than anyone else.

-Chuck Noll, Former NFL Head Coach Four Super Bowl Titles

If you wish to be a great leader, then accept down deep inside yourself that life is not fair. You are not owed a great hand to play. But you are given an opportunity, and the strength, to face any adversity that arises.

Adversity will come.

You must decide how you will face it.

A good leader will offer others a path worth following.

-Bobby Bowden, Florida State Head Football Coach

## IF THE SHOE FITS...

Please don't curse that boy down there;  
He is my son, you see.  
He's only just a boy you know,  
He means the world to me.

I did not raise my son, dear fan,  
For you to call him names;  
He may not be a superstar  
And these are high school games.

So, please don't knock those boys down there,  
They do the best they can;  
They've never tried to lose a game.  
They're boys, and you're a man.

This game belongs to them, you see  
You're really just a guest;  
They do not need a fan who gripes.  
They need the very best.

If you have nothing nice to say,  
Please leave the boys alone.  
And, if you've forgotten your manners,  
Why don't you stay at home!

So, please don't curse those boys down there,  
Each one is his parents' son.  
And win or lose or tie, you see,  
To us, they're Number One!

Mary Brill  
Ephrata, PA

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**"It is amazing what you can accomplish if you do not care who gets the credit"**

-Harry S Truman  
33<sup>rd</sup> President of the United States

**Jefferson R-7 MSHSAA Eligibility Brochure Agreement and MSHSAA Concussion Information Verification**

**STUDENT AGREEMENT (Regarding Conditions for Participation)**

<http://www.mshsaa.org/resources/pdf/Official%20Handbook.pdf>

This application to represent my school in interscholastic athletics is entirely voluntary on my part and is made with the understanding that I have studied and understand the eligibility standards that I must meet to represent my school and that I have not violated any of them.

I have read, understand, and acknowledge receipt of the MSHSAA brochure entitled "How to Maintain and Protect Your High School Eligibility," which contains a summary of the eligibility rules of the MSHSAA. (I understand that a copy of the *MSHSAA Handbook* is on file with the principal and athletic administrator and that I may review it in its entirety, if I so choose. All MSHSAA by-laws and regulations from the *Handbook* are also posted on the MSHSAA website at [www.mshsaa.org](http://www.mshsaa.org)).

I understand that a MSHSAA member school must adhere to all rules and regulations that pertain to school-sponsored, interscholastic athletics programs, and I acknowledge that local rules may be more stringent than MSHSAA rules.

I also understand that if I do not meet the citizenship standards set by the school or if I am ejected from an interscholastic contest because of an unsportsmanlike act, it could result in me not being allowed to participate in the next contest or suspension from the team either temporarily or permanently.

I understand that if I drop a class, take course work through Post -Secondary Enrollment Option, Credit Flexibility, or other educational options, this action could affect compliance with MSHSAA economic standards and my eligibility.

I understand that participation in interscholastic athletics is a privilege and not a right. As a student athlete, I understand and accept the following responsibilities:

- I will respect the rights and beliefs of others and will treat others with courtesy and consideration.
- I will be fully responsible for my own actions and the consequences of my actions.
- I will respect the property of others.
- I will respect and obey the rules of my school and laws of my community, state, and country.
- I will show respect to those who are responsible for enforcing the rules of my school and the laws of my community, state, and country.

I have completed and/or verified that part of this certificate which requires me to list all previous injuries or additional conditions that are known to me which may affect my performance in so representing my school, and I verify that it is correct and complete.

**Signature of Athlete:** \_\_\_\_\_ **Date:** \_\_\_\_\_

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**PARENT AND STUDENT SIGNATURE (Concussion Materials) [Link to Concussion Information](#)**

We have received and read the MSHSAA materials on Concussion, which includes information on the definition of a concussion, symptoms of a concussion, what to do if you have a concussion, and how to prevent a concussion.

Signature of Athlete: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Athlete: \_\_\_\_\_ Date: \_\_\_\_\_

Grade \_\_\_\_\_

Acknowledgment of Activity Rules and Guidelines

**Athlete's Name** \_\_\_\_\_

**School** \_\_\_\_\_

**Activity/Sport** \_\_\_\_\_

**Coach/Sponsor** \_\_\_\_\_

School Rules and Guidelines Associated with This Activity

(Rules and guidelines to be established by the coach/sponsor and school administration)

District Guidelines for Student Activities

Participation in District-sponsored activities and on District athletic teams is a privilege and not a legally protected right. Although students do not possess a legally protected right to participate in extracurricular activities, the District provides students suspended from participation with an informal opportunity to discuss the basis for their suspension.

Hazing Prohibited

I agree that I will refrain from participating in any student hazing activities as a participant or as an observer. I further understand that violation of the District's hazing policy may result in suspension from school and suspension from participation in all activities.

Cell Phones/Cameras in Locker Room Areas Prohibited

I agree that I will refrain from bringing, storing, or using a cell-phone or camera in locker room and dressing facilities.

Student and Parent Acknowledgment of the Above Rules and Guidelines

I acknowledge that violation of any of the above rules and guidelines for this activity may result in suspension or permanent removal from this activity or all extracurricular activities depending upon the nature of the violation. I further agree that subject to an opportunity to present the student's version of the alleged violation, the decision of the Superintendent/designee concerning suspension and duration of suspension is final.

Board of Education

It is the policy of the Jefferson Board of Education that any conflict between district policy and this manual, that the district policy will take precedent.

Athletic Website Picture Consent

I hereby consent to and authorize the use by the Athletic Department for any and all photographs, digital images, and videotapes made of me for use on the Athletic Website (jeffersonbluejays.com) Furthermore, permission is also given for the photographs, digital images, and videotapes to be used at any time in the future without any further clearance from me.

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Player Signature \_\_\_\_\_ Date \_\_\_\_\_

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Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_